FROME VALLEY NEWS

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome, Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



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A HUGE THANK YOU

To all the shops and pubs and other distributors of the Frome Valley News We really appreciate your doing this on behalf of the whole Community who receive this free throughout the year. From the FVN Team

Editorial:

Lots of events and news - thank you to everyone who contributed.

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail: fromevalley@icloud.com www.fromevalleychurches.org.uk

Sarah (oldholbans@hotmail.com)

FROME VALLEY NEWS COLLECTION DAY FOR THE April 2020 ISSUE

Could volunteers from all churches kindly collect their new batch of issues from the Parish Office during the morning of

Friday 27th March 2020

If this time is not convenient please contact Eleanor at the office to arrange an alternative time.

From The Bishop of Ludlow

Spring officially begins this month and with it a new season. The traditional pattern of spring cleaning derived from the understanding that with winter past and the promise of better weather now was a good moment to refresh and make new. The season of Lent also begins this month. It similarly encourages us to reflect, take stock and focus on the things that really matter. With that in mind I, with others wish to encourage us all this Lent to give time for some particular attention to prayer. You will have received a letter with venues, dates and times. If not, details can be checked on our Diocesan Website.



Four services are planned, to be led by me with the assistance of Bishop David Thomson and Tessa Wilkinson. Services start at 11am, and will include a period of extended prayer (with different "ways" available including silence), and will end by 1pm, with drinks available afterwards. Attenders can bring a packed lunch if they wish. The dates and times are:

> <u>Tuesday 3rd March St George, Pontesbury</u> <u>Monday 9th March St Mary, Ross on Wye</u> <u>Saturday 14th March Holy Trinity, Hereford</u> <u>Wednesday 18th March St Laurence, Ludlow</u>

Do take note. As a diocese we are in a time of change and transition, both challenging and exciting. Please, if you can, join me to pray. We will have a range of topics including our diocese, our communities, our commitments as an Eco Diocese to care for the environment and importantly for our new Bishop Richard. My wish is for the renewal of our own lives as we live Lent together.

Two booklets are available, for adults and for families. You can download a sample or buy copies at <u>https://www.chpublishing.co.uk/features/live-lent</u>.

There will also be an updated #LiveLent app, an email feed, a social media campaign, a skill for smart speakers and more.

See <u>The Church of England website</u> for more information and for details. Please help publicise the campaign by using the online resources from The Church of England and visiting <u>our #LiveLent web pages</u>.

On a personal note this will be my last parish letter as Bishop of Ludlow. After nearly 11 years I am retiring in early May with my final farewell service being at Cathedral Evensong on the 26th April. All are welcome and there will be refreshments afterwards. Simply let the Cathedral know numbers. It has been a joy and privilege to be part of this diocese over these years. I leave with many happy memories from sharing ministry, embracing our common life together and in seeking to serve over these years. In a poignant way this is for me certainly a new season.

+Alistair

Conquest Theatre

Live on Stage

March 13 Folk in the Foyer Sally Barker & Anna Ryder7.30 pom £9March 26-28 Our Star Theatre Co present Kindertransport7.30 pom £9The story of a young Jewish girl fleeing Nazi prosecution7.30 pom

Borderlines Film Festival

March 1	Honeyland	12A	3 pm
March 6	2040	PG	7.30 pm
March 8	Photograph	15	7.30 pm
March 10	Peanut Butter Falcon	12A	7.30 pm
March 20	Film The Good Liar	15	7.30 pm

Screenings

March 4	Exhibition on Screen: In Search of Chopin	
March 4	Kinky Boots the Musical	7.30 pm
March 17	ROH Fidelio featues Jonas Kaufman	7.15 pm
March 21	NY Met Der Fliegende Hollander	5.55 pm
March 31	Exhibition on Screen Hayden	7.30 pm

See web site for full details <u>www.conquest-theatre.co.uk</u> or call 01885 488575 All films and screenings shown in full HD with surround sound Full disabled facilities including loop system. Free parking after 6 pm New for this season, children's films & screenings For full programme details visit <u>www.conquest-theatre.co.uk</u> or pick up a brochure from the Theatre. Box office open Wednesday & Saturday mornings 10.30 to 12.30 (01885 488575) Costume hire by appointment

BISHOPS FROME VILLAGE CENTRE

Are you planning a party or a meeting?

Don't forget your Village Hall. The Main Hall can seat up to 120 people at tables or 140 for conferences and meetings.

For smaller events the Conference Room can seat about 40 people, a few less at tables.

More details and hiring charges online

at

www.bishopsfromecentre.co.uk

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Wendy in the Shop or on 01885 490496 or 490327

email: bishopsfromecentre@aol.com & find us on facebook

Friends of Frome churches Lottery

Febru	ary 202	20	
Prize	Ticket	Winner	Seller
£25.	110	Alan Parker	HP
£20.	202	R&S Hince	MB
£15.	201	Helen Payne	CI
£10.	535	Shiley Thomas	Julie
£10.	355	Jill Davies	PB
£10.	50	Reg Booton	CI
£10.	114	Edward Lewis	CI
£10.	287	M Davies	Julie
£10.	138	Simon Durrant	GW
£10.	350	Tony Davis	MH
		-	

 Childline:
 0800 1111

 Samaritans
 116 123

 Domestic Violence Hotline:
 0808 2000 247

 Mind
 0300 123 3393

 Age UK
 0800 169 6565

LENT COURSE 2020

A six week course on the Eucharist following the Pilgrim course series.

Six consecutive Wednesdays starting on

Wednesday 4th March 7.30pm at Bishops Frome Village Centre.

Session 1 'Your ancestors ate manna in the wilderness' Wednesday 4th March.

Session 2 'This is my body, broken for you'.

Session 3 'He was made known to them in the breaking of the bread'.

Session 4 'If you hear my voice and open the door, I will come in and eat with you.

Session 5 'Do this to remember me'.

Session 6 'I am the bread of life'.







Ca I

Castle Frome March 2020 News, Views & Muse



Hilary's Nature Diary



The wrong kind of bluebells

In a vote organised by the charity Plantlife to find Britain's favourite wildflower, top of the list was the quintessentially British bluebell; a true harbinger of spring. My front border will soon be garnished with bluebells, but they are Spanish bluebells which can hybridise with our native bluebell – so sadly they have to go. The Royal Horticultural Society advises against growing Spanish bluebells in rural gardens to avoid them ousting our native species. The bells of the native bluebells tend to be narrow and droop to one side; the Spanish and hybrid varieties have more open, less curly bells growing on all sides of the stem.

If, like me, you have the wrong kind of bluebells, perhaps it's time to rethink your planting programme for 2020!



We are holding a Family themed Mothering Sunday mini Agape Service. We will be incorporating our usual tea and biscuits as part of the service. Come and join us to celebrate all the fabulous ladies of the parish.





Quiet Evening Monday 16th March at 7.30pm

When & What does Saint Patrick's Day celebrate?

Saint Patrick's Day celebrates a Christian Saint named Patrick. Patrick was a missionary who helped to bring Christianity to Ireland. He is the patron saint of <u>Ireland</u>.March 17th. Sometimes the day is moved by the Catholic Church to avoid the Easter holidays.The day is celebrated as a religious holiday by the Catholic Church. It is also celebrated in Ireland and by Irish people around the world. Many non-Irish join in the celebrations in many places, especially in the United States. It is a public holiday in Ireland. In the United States the day generally celebrates Irish- American culture and heritage

Like our Facebook Page St Michaels Church, Castle Frome



ST. MATTHEW'S CHURCH FROMES HILL

COFFEE MORNING SATURDAY 14th MARCH 2020 10.00am until 12.00noon in church EVERYONE WELCOME PLEASE COME AND JOIN US for this opportunity to chat with neighbours and meet and welcome new ones there will be a cake stall !!!! and a raffle

Much Cowarne PCC

SPRING LUNCH

Sunday 19 April 2020, 12.30 for 1.00pm

At Burley Gate Village Hall

Adults £12 children £6

To book please contact: Jill Cooksley 01432 820264

Email: jjcooksley@hotmail.com or

Jean Parkes 01432 820402

Email: jeanparkes@btinternet.com

Please join us for this special lunch -

delicious homemade dishes, Quiz, Auction of Promises, Raffle

FROME VALLEY LENT LUNCHES

We are holding several frugal lunches in aid of charitable causes this Lent. They will take place on the following Fridays between 12 and 2pm.

- March 6th Hosted By: Joan Rose Venue: Village Centre, Bishops Frome Charity: Tear Fund
- March 13th Hosted By: Catherine Badman Venue: Barrington House, Bishops Frome Charity: Orbis
- March 20th Hosted By: Jocelyn Baggs Venue: The Vicarage, Bishops Frome Charity: Homeless
- April 3rd Hosted By: Susanna Morel Venue: Firlands, Bishops Frome Charity: RNLI

All these charities are worthy causes. Please support them during the Lenten season. Many thanks to all who provide the lunches and venues.

> BISHOP'S FROME LUNCH CLUB SPECIAL EVENT on

TUESDAY 7th APRIL 2020

Charly Perkins will be talking at lunch club on behalf of HEREFORDSHIRE FIRE SERVICES

About safety in the home and the opportunity to have smoke alarms / carbon monoxide monitors fitted or checked for free for those who are eligible.

If you would like to hear Charly speak or have questions you would like to ask her (and you are at least 60 years old) please come and join us for lunch for free on this occasion.

> Charly's talk 12.30pm Lunch served 1.00pm Question time 1.30pm - 1.45pm

If you would like to come to this event PLEASE let Joan Rose know by Friday 3rd April Telephone 01531 640587

Essential ! - as it would be sad if you came but could not share in the meal because we did not know you were coming and we had not cooked enough food !! !!

RACE NIGHT Friday 6 March 2020

at



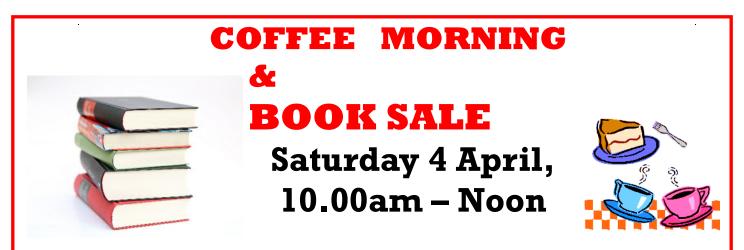
The Plough Inn, Stoke Lacy Racing starts at 7.30pm Admission £5 including light refreshments ***

You may wish to come just to enjoy the fun and perhaps have a bet or two (minimum stake £1) but – would you like to own a horse or sponsor a race? You can own and name a horse (£10) & it will be on the race card, if it wins – you win £30 or You can sponsor a race (£30) and choose its name *** To own a horse or sponsor a race and for further details please contact: Barry Bufton 01432 820024 email bb@barrybufton.co.uk

Ted Parkes 01432820402 email tedparkes@btopenworld.com







St Mary's Church, Much Cowarne Proceeds to the Eric Bayliss Nurses Fund for St Michael's Hospice

Everyone welcome - please come to browse the selection of second-hand books

&

have a chat over coffee/tea and homemade cakes

Bromyard & District Local History Society invites you to a talk by Philip Hume & Rosalind Caird on

The Ludlow Castle Heraldic Roll

Discovered by chance in an antiques shop, The Ludlow Castle Heraldic Roll was produced in the 1570s for Sir Henry Sidney, President of the Council in the Marches of Wales. The Roll, measuring 15' long by 4" wide, portrays the coats of arms that Sir Henry placed in the chapel of Ludlow Castle. The talk explains what we know about the production of the Roll, the importance of heraldry, Sir Henry Sidney and the Council in the Marches of Wales.

A high quality facsimile copy of the Roll will be available to view.

to be held on Wednesday 11th March 2020 at the Conquest Theatre, Tenbury Road 7.30 pm all welcome members free guests £4.00 or free if joining on the night

Stanford Bishop News

Dear All,

March - The first signs of spring include robins, sparrows and blackbirds

starting to nest, the dawn chorus getting louder, the first buzz of bumblebees, garden bulbs coming into flower along with hellebores and pulmonaria. The golden yellow lesser celandines with their glossy green heart shaped leaves charm the woodland floor. Lambing is in full swing for many farmers, along with the clocks going forward into British Summertime, the countryside is awakening.

Saturday 8th February, we held our annual Snowdrops & Soup, the sun shone, the church was soon full of attendees enjoying delicious homemade soup with crusty bread. Thank you to everyone who made the soup and joined us on Saturday.

March 3rd 7.30pm AGM (anyone who would like to join our team or if you have any fund-raising ideas please contact Rachel)

March 22nd - Mothering Sunday 8.30am service

Saturday 25th April - Blossom and Bluebell Walk 2pm - details to follow in April edition



Our regular services are fourth Sunday of each month at 8.30am. The daffodils are in bloom at St James', please call in.

Bishops Frome Parish Council

Chairman: Mr Andrew Nash Tel 07837 184284 actn1965@gmail.com Vice Chairman: Mr John Pudge Tel 01531 640323 john@thehoppocket.com Clerk: Mrs Rowan Brooman contact details see below

Bishops Frome Parish Council has a vacancy for the position of: Clerk to the Parish Council.

Details of the position and application forms are available from:

The Chairman, The Vice Chairman or the Clerk. Please provide a CV with your application to the Clerk by email to <u>clerk@bishopsfromeparishcouncil.co.uk</u> or by post to Bishops Frome Parish Clerk, Hawkstone, Bishops Frome, Worcester WR6 5AP by Monday 9th March 2020.

Bishops Frome and Fromes Hill Parish Council, Fromes Hill Village Hall Trust and The Parochial Church Council

Give notice that the Field situated in Fromes Hill behind and around the church

is available for grazing between April 1st 2020 and February 28th 2021

Guidelines for awarding of grazing licence for field owned by Bishops Frome and Fromes Hill Parish Council, Fromes Hill Village Hall Trust and The Parochial Church Council as agreed by the representatives of the three parties

- 1. All interested parties must bid by filling in the grazing licence and handing it in or having it delivered to the Clerk of the Parish Council by Monday March 9^{th.}
- 2. If there are more than one bidder, a meeting of the representatives of the three parties, should be held to decide on the award. This may be held by telephone if a real time meeting is not practical
- 3. If there are more than one bids, the highest bidder will be awarded the licence unless they have previously held the field and not complied with the rules therein.
- 4. The Parish Council will inform the winning bidder immediately and arrange for the signing of the licence. Immediately the licence is awarded, the winning bidder must pay the licence fee to the Trustees of the Fromes Hill Village Hall Trust, who are managing the processing of the payment.
- 5. The underbidders will be informed why they have not been awarded the licence within seven days of the decision being made.

Grazing Licence forms and details are available from Robert Partridge (The Garage)

Pastoral Group

The Group consists of Judy Orgee, Angela Lewis, Richard Allaway and myself. If you would like a pastoral visit please contact one of the group. All visits are confidential.

 Rev Steven Baggs:
 01885 490582

 Judy Orgee:
 01531 640525

Rev Richard Allaway 07969 699270 Angela Lewis: 01885 490203



ST. GILES' CHURCH ACTON BEAUCHAMP

DATES FOR THE 2020 FUND RAISING YEAR.

SPRING PLANT AND PRODUCE MARKET.

Saturday 2nd May 10am until Noon.

BISHOPS FROME VILLAGE CENTRE.

Please note different venue. Wonderful Plant's at wonderful prices.

Homemade produce and cake's.

Coffee and tea also available, a chance to sit a while and chat with friend's and neighbour's.

DOG SHOW AND SUMMER FETE.

Saturday 4th July 6.30pm. SEVINGTON MANOR. By very kind permission of Dr. and Mrs. David Best. More detail's nearer the time.

AUTUMN PLANT AND PRODUCE MARKET.

Saturday 5th September 10am until Noon. Venue to be arranged.

HARVEST THANKSGIVING SERVICE.

Sunday 4th October 11.30am. St. Giles' Church. Harvest Charity Auction to follow service.

HARVEST LUNCH.

CAROL'S BY CANDLELIGHT.

Friday 11th December 7pm. Sherry and Mince Pies to follow the service. More details nearer the time.

Other fund raising event's, to be added to our calendar, as the year progresses.

ST MARY'S CHURCH, MUCH COWARNE

We'd like to begin with a plea for help to all those who value our beautiful church: the job of cleaning the church and providing and caring for the flowers which are on the two altars for most of the year, is done by 1 or 2 volunteers, many of whom have been generously working for years, on a monthly rota. Over the last few years the number of volunteers has decreased as people have moved, been obliged to come off the rota for health or other reasons or just got a bit older and need a rest. Each volunteer(s) only has one turn every year and on special occasions, such as Christmas and Easter, additional flower arrangers join in to make the extra beautiful displays which we always have. The task of cleaning involves sweeping the floors, vacuuming the carpet (a "Henry" is provided), cleaning brasses as necessary and generally tidying up. As the church is always cool flowers provided will usually last for a month if the water is topped up. If you feel able to help with this essential task please get in touch with either of the Churchwardens: Martin Hewitt 01432 820282, mobile 07580 575784, email: panksbridge@hotmail.co.uk or Jean Parkes 01432820402, email: jeanparkes@btinternet.com .

March will see the first of our social and fundraising events for 2020 - **The Race Night on Friday 6th March** is always a friendly and exciting occasion, racegoers have several choices: admission is £5 which includes a hot pork roll (or vegetarian option) at half time. You can just come and watch the 10 races and perhaps bet on one or more horses (minimum stake £1) and therefore have a chance of winning a few pounds; for £10 per horse you can name and "own" one or more horses for the night and if it wins you win £30; for £30 you can sponsor a race and choose its name – a good way to publicise your business. For further information or to own a horse or sponsor a race please contact: Barry Bufton 01432 820024, email: bb@barrybufton.co.uk or Ted Parkes 01432 820402, email: tedparkes@btopenworld.com

Future events

COFFEE MORNING & BOOK SALE – Saturday April 4, 10am – noon, in St Mary's Church

All proceeds from this our second such event will go to the Eric Bayliss Nurses Fund for St Michael's Hospice, a fund started in 1985 by Much Cowarne resident Eric Bayliss and five friends, which provides funding for one nurse at the Hospice. All payment is by donations and coffee, tea and homemade cakes will be available.

SPRING LUNCH – Sunday 19 April at Burley Gate Village Hall, 12.30 for 1.00pm, adults £12 children £6.

PLANT SALE – Saturday May 16, from 2pm in St Mary's Church.

"CHURCH CRAWL" – Saturday June 6. Organised by Herefordshire Historic Churches Trust and beginning at St Mary's Church.

CONCERT – Midsummer Music from Octavo. Saturday 13 June 7pm in St Mary's Church. Organised by Herefordshire Historic Churches Trust.

CHURCH FETE – Saturday July 11, from 2pm at Tan House Farm, Much Cowarne (by kind permission of Mr. & Mrs. Davies).

Full details of the above will be in future Community Newsletters, the Frome Valley News and on Notice Boards. As always we welcome suggestions for future events and offers of help on any occasion.



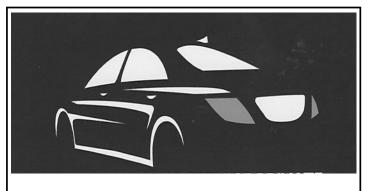
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Mondays

10.45am Tap Dance
11.45am Ballet
8pm Advanced Tap
9pm Modern Jazz Dance **Tuesdays**9.45am Beginners Tap Dance
10.30am Tap Dance
11.30am 'Fitsteps Fab'
2pm Silver Swans Ballet for over 55's
6.45pm Advanced Ballet
7.45pm NEW Burlesque/Heels/Jazz
Start date TBC

Wednesdays

10am Modern Jazz Dance
11.10am Ballet
2pm Ballet
Thursdays
10am 'Fitsteps Fab'
11.15am Silver Swans Ballet for over 55's
2pm NEW Line Dancing / Date TBC
Fridays
10.15am Silver Swans Ballet for over 55's
11.30am 'Fitsteps'
7.15pm Tap Dance
8.15pm Ballroom/Latin
Sundays
9.30am 'Fitsteps'
Text or email for more info.

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For friendly helpful advice or a free quote Please contact Julie Ball on: 01531 640722 mobile 07833 703490 northdowncurtains@gmail.com Carpet & Upholstery Cleaning Specialists Part of Chambermaids Est. 1993 50% Discount Offer

Fully trained, fully insured operators Latest equipment – minimum drying times We move furniture Customer satisfaction guarantee Oriental rug specialists Stainshield treatment, Deodorize treatment & Conditioning treatment:available at competitive prices Quotations on Request

Carpets	Normal	Discounted
Average	Price	Price
Lounge (15' x 12')	52.00	26.00
Through Lounge (20' x 12')	64.00	32.00
Hall, Stairs & Landing (standard)	64.00	32.00
Bedroom	52.00	26.00
Upholstery		
Three Piece Suite from	100.00	50.00
Leather Suite	Price on app	olication
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To Let - Welsh Coastal Cottage. Sleeps 8 /9

Situated in New Quay on the heritage coast between Cardigan and Aberystwyth. The four bedroom house has been converted so the living area is on the first floor to take advantage of the outstanding panoramic views and has been recently refurbished. The house is situated on a quiet no through road overlooking the sandy beaches and across Cardigan Bay towards Snowdonia.

The house is ideally situated for bird watching, walking (the coastal path is at the end of the terrace road) and the beaches. You often see the local colony of bottle nose dolphins from the house windows. Boat trips for fishing or to see the dolphins and wildlife are available from the quay. Water sport hire

and instruction are available in the harbour for all levels of experience.

The usual seaside amenities including pubs, restaurants, cafes, fish and chips and shops are all within 3 minute walking distance.

Available all year for weeks or short breaks. Cost per week from £350.00 to £750.00.

Phone 01432 820242 or 07889 106533 Email mhoskins242@gmail.com

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The Green Dragon at Bishop's Frome

welcomes

John Oliver

Returning from South Africa to his Herefordshire roots, John brings us his unparalleled expertise in cask ales and his unrivalled skill in how to have a good time



News from the Green Dragon



Last month saw a spectacular Burns Supper, with the traditional massacring of Burns' Ode to a haggis, and John butchering the Scots delicacy.

Bookings already being taken for 2021!

And, after the Scots, in the month of March there'll be special Green Dragon celebrations to mark St David's Day and St Patrick's Day



I knew the Dragon

was the place for me.

A warm and

welcoming

atmosphere, great

customers, and a

terrific tradition to

build on, as they say,

'it's what all village

pubs should be like'.

St David's Day at the Dragon March 1st.



St Patrick's Day at the Dragon March 17th.

And don't miss the big screen TV joust with our neighbours across the river Wye England v Wales - March 7th. 4.45 – at the Green Dragon

BISHOPS FROME COMMUNITY SHOP

Village Centre

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7.30am to 6pm Weekdays

7.30 am to Noon on Saturdays

As well as stocking a large range of everyday products

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Telephone Drapes & Dressings: 01885 490540 or 07845 479311 Email: <u>drapesanddressingsbyjm@hotmail.co.uk</u>

Workroom + shop now relocated to: 'Handmade in Herefordshire'
Unit 4, Fromes Hill Services, HR8 1HT (top of Fromes Hill on A4103)
- a shop featuring lovely gifts + eclectic items for home and garden by locally-based artists and expert craftsmen

Free parking, shop open Monday-Friday 10am-4pm and Saturday 10am-3pm





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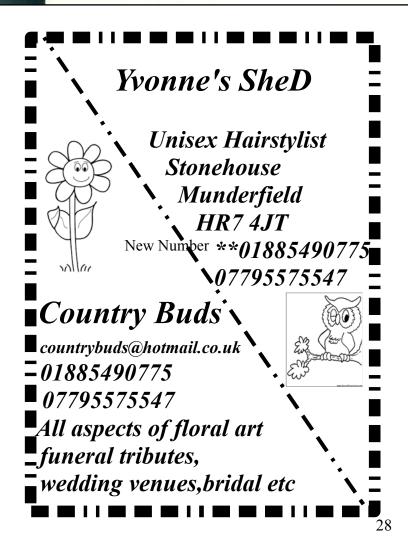
If the answer is yes, please contact

07896841273

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BROMYARD & DISTRICT LOCAL HISTORY SOCIETY

LOCAL & FAMILY HISTORY CENTRE 5 Sherford Street Bromyard (next to P.O)

Free entry to Exhibition Research Room and Exhibition

opening hours: Thurs & Fri: 10am-1pm & 2pm-4.30pm Sat: 10am-12.30

Tel: 01885 488755 (during opening hours) email: bromyardhistory@btconnect.com

Website: www.bromyardhistorysociety.org.uk

Laughter Yoga:

If you're in need of a chuckle or a belly full of titters, St Michael's Hospice has a slightly different approach which may lighten your mood this winter.

Free monthly Laughter Yoga sessions are taking place at the Hospice in Bartestree.

Laughter Yoga is proving popular around the world with many suggesting it's a good workout, as well as putting people in a happier mood.

'It's a combination of laughter and breathing exercises which are good for the body, mind, spirit and soul,' said Elaine Pawley, the Lead Social Worker at St Michael's who runs the sessions.

'It taps into our inner child by encouraging us to be playful and laugh at the everyday.

'It can be applied as a non-medicinal approach to assist with pain relief, mood, immune system and relaxation.'

The public can attend one session or as many as you wish.

They take place on the final Friday of each month at 11.30am, starting on Friday 31st January at the Hospice in Bartestree (HR1 4HA).

For more information, contact Elaine on 01432 852 628 or email epawley@smhospicehereford.org



St Michael's Hospice Always a place of light and love

Mobile Information Point:

The miles covered by the St Michael's Hospice Mobile Information Point continues to grow.

The vehicle is visiting communities across Herefordshire and beyond, helping raise awareness of the wide range of services provided by the Hospice.

The vehicle has a number of monthly locations it visits which are listed below. Other dates can be found by visiting www.st-michaels-hospice.org.uk/informationpoint

If you would like the Information Point to visit your community, call Michelle Havard on 01432 852 621 or email <u>mhavard@smhospicehereford.org</u>

Monthly venues:

Kington Co-op: First Thursday of the month Leintwardine Surgery: Second Tuesday of the month Hay-on-Wye Surgery: Second Thursday of the Month Ledbury Co-op: First Friday of the month Bromyard Co-op: Last Friday of the month Hop Pocket Shopping Village: Second Friday of the Month Ewyas Harold: Last Wednesday of the month Asda Hereford: Tuesday 17th Dec (2019), Friday 17th April, Friday 17th July (2020)

For more information contact Paul Broome, Communications Officer at St Michael's Hospice, on 01432 852 643 or email <u>pbroome@smhospicehereford.org</u>

The St Michael's Hospice Plant Fair takes place on

Friday and Saturday 1st – 2nd May 2020.



Growing support for your Hospice.

With roots now firmly established, the St Michael's Plant Fair will return to the Hospice grounds on 1st and 2nd May 2020.

To help with this horticultural fundraiser, we need supporters to grow and donate plants so that we can continue providing the best possible care for people living with a terminal illness.

If you can help, please call Gaynor on 01432 852630 or email her at:

<u>gwarren@smhospicehereford.org</u> and let her know you would like to grow half a dozen plants and make arrangements to deliver them ready for sale at the Fair.

We would also like to hear from supporters who would like to spare a few hours to sell plants at the Fair on 1st and 2nd May 2020.



St Michael's Hospice Always a place of light and love

Social groups

Social groups are meeting around Herefordshire allowing those who have been bereaved to spend time in each other's company.

The 'Friends' groups meet in five locations; Hereford, Bromyard, Ledbury, Leominster and Ross.

Each group offers an informal setting such as a cafe in which people can relax, share experiences and make new friends over coffee. The groups meet each month. For specific dates visit st-michaels-hospice.org.uk/hospice-care/friends or call Sarah on 01432 852627.

For those who want to be out in the fresh air, Striders & Strollers allows you to stretch your legs while spending a leisurely hour or two exploring Herefordshire's beautiful countryside.

Striders and Strollers meets monthly at Queenswood Country Park between Hereford and Leominster.

For more details, phone Shirley on 01432 852650.

ST MARY THE VIRGIN, BISHOP'S FROME

DATE	READER	PRAYERS	COFFEE
March 1 st	Martin	Maureen	Sue & Martin
March 8th	Tony W.	TBA	Jill
March 15 th	Maureen	Liz	Celia & Vera
March 22 nd	Sheila	TBA	Sheila & Angela
March 29th	United Service at St Mich	nael's, Castle Frome	
April 5 th	Liz	Maureen	Sue & Martin

ST JAMES THE GREAT, OCLE PYCHARD

Date	Day	Time	Service	Reader	Sidesman	Flowers/Cleaning
March 1 st	Lent 1	8.30am	Holy Con	nmunion	J Ridler	S Ridler
March 15th	h Lent 3		e Evensong		P Lewis	R Meredith
March 29th	h Lent 5	10.00am	n Group Se	ervice at St Mie	chael's, Castle F	rome
April 5th	Palm Sunda	ay 8.30am	h Holy Cor	nmunion	S Ridler	G Hicks

ST MARY THE VIRGIN, MUCH COWARNE

Date	Day	Time	Service	Reader	Sidesma	n Flowers/	Cleaning
March 8 th	Lent 2	10.00am	Matins	M Hewitt/M	A Brown	D Brown	Gill Davies
March 22 ⁿ	d Lent 4	10.00am H	Ioly Communio	n Jill Cooks	ley		
March 29th	¹ Lent 5	10.00am	Group Service a	at St Michael'	s, Castle F	rome	

ST JAMES THE GREATER, STANFORD BISHOP

Date	Day	Time	Service Reade	r Sidesman	Flowers & Cleaning
March 22 nd	Lent 4	8.30am	Holy Communion	Rachel & Jet	ta Hawkins

FROM THE REGISTERS
Baptisms
The Baptism of Alfie James Brooker took place on 17 th November 2019 at St James the Great, Ocle Pychard.
Funerals
The Funeral of Irene Phillips who died on 23 rd December 2019, aged 87, took place on14th January 2020 at St Matthews, Fromes Hill.
May she Rest in Peace.

	The Frome Valley Group						
		MAR	CH 2020				
	1st	8 th	15th	22nd	29th		
Acton Beauchamp	11.30am Holy Communion SB						
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00 am High Mass SB/RA	10.00am Holy Communion SB			
Castle Frome		8.30am Holy Communion SB		10.00am Family Praise Lay Led	10.00am Group Service SB		
Evesbatch							
Fromes Hill	10.00am Matins Lay Led JS/JR		11.30am Holy Communion SB				
Much Cowarne		10.00am Matins RA		10.00am Holy Communion RA			
Ocle Pychard	8.30am Holy Communion SB		6.00pm Evensong RA				
Stanford Bishop				8.30am Holy Communion SB			
	Lent 1 Purple Psalm 32 Romans 5.12-19 Matthew 4.1-11	Lent 2 P u r p l e Psalm 121 Romans 4.1-5,13- 17 John 3.1-17	Lent 3 P u r p l e Psalm 95 Romans 5.1-11 John 4.5-42	Mothering Sunday Purple 2 Corinthians 1.3-7 Luke 2.33-35	Romans 8.6-11		

WHAT'S ON AT BISHOPS FROME VILLAGE CENTRE

Visit **bishopsfromecentre.co.uk** for much more information

and find us on Facebook

Mon	10.00 -	Internet Café	Drop in or call 01531 640981
	12.00		All welcome, help available
	14.00 -	Board Games	Susanna 01885 490440
	16.30		First Mondays, next 2 March
	19.30 for	BINGO	6 April only for St Mary's Church,
	20.00		Bishops Frome
Tues	09.30	Pilates	Sally 01886 880956
		Body Design	Prior booking essential
	12.30 for	Over 60s Lunch Club	Joan 01531 640587 Advance
	13.00	NOT EVERY WEEK	booking is essential
	19.30 to	Zumba	Bev Hughes
	20.30	Have fun and get fit.	07900 640467
Weds	10.00 to	Circuit Training	Dominic
	10.45	Fitness-building sessions, all abilities	07906 203388
	14.00	Needlecraft Group	Beryl 01531 640359
			Monday 13.45 to 16.45
Post Office Outreach Service			Tuesday 13.00 to 14.30

in the small office by the main entrance

Tuesday13.00 to 14.30Wednesday9.00 to 12.00Thursday9.00 to 12.00

Is your class or club looking for a venue? Our Main Hall is a great space for clubs, games or fitness activities, and don't forget the Conference Room for smaller groups. We try to keep Friday and Saturday evenings free for one- off events and private parties. See our charges on www.bishopsfromecentre.co.uk



VICAR	Rev. Steven Baggs	tel: - 01885 490582
	e-mail: stevenbaggs@me.com PLEASE NOTE: Monday is Steven's day off.	
ASSOCIATE PRIEST	Rev. Richard Allaway email: rja5204572fco@gmail.o	tel:07969 699270 com
PARISH OFFICE	The Rosary, Bishops Frome, Worcester, WR6 5AP tel and fax tel - 01885 490229 e-mail: fromevalley@icloud.com	
PARISH SECRETARY	Eleanor Morris	tel - 01885 490229
	Office open for routine matters Wednesday & Friday 9.15am-11.45am	
CHURCH WARDENS		
ACTON BEAUCHAMP	Sally Wall	01886 884727
	Jane Allan	01531 640227
BISHOPS FROME	Gill Lynch	01531 640305

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FROMES HILL

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Gill Lynch	01531 640305
Tony Davies	01885 490394
Heather Partridge (D	eputy)01531 640157
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Richard Kuehn	01886 880259
Diana Harrison	01531 631813
Jill Southall	01531 640288
Joan Rose	01531640587
Jean Parkes	01432 820402
Martin Hewitt	01432 820282
John Ridler	01432 820328
Rachael Hawkins	01886 884250
Jetta Hawkins	07973 239778

FROME VALLEY GROUP OF CHURCHES

Safeguarding Officer: Eleanor Morris - 01885 490229

Diocesan Safeguarding Adviser:

Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org

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LAST COPY DAY for the April 2020 issue of

THE FROME VALLEY NEWS is: Monday 9 th March '20And the collection date will be :Friday 27th March '20