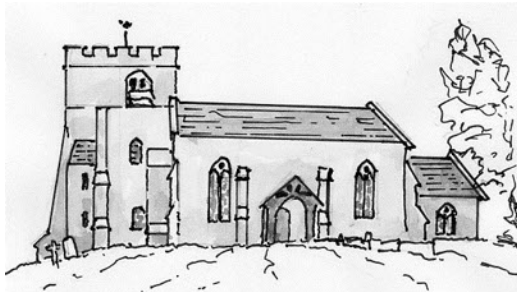
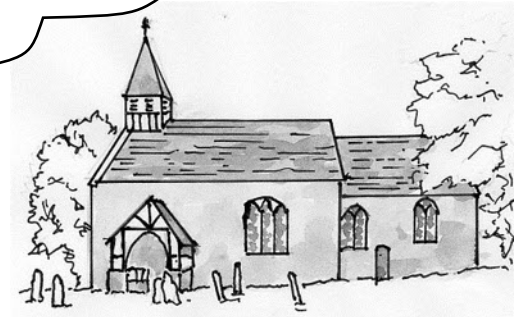


FROME VALLEY NEWS

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome,
Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



MAY 2020



CONTENTS

| | | | |
|-------------|-----------------------------------|-------------|---------------------------------|
| Page 1 | Vicar's Letter | Page 18 | Hereford Natural Health |
| Pages 2- 11 | News, Events & Church News | Page 18 | Lab Autos |
| Page 5 | Charlie's Haircuts | Page 18 | RRHK Chauffeur |
| Page 5 | Mick Mussell (Mason | Page 18 | Red Cabin Computers |
| Page 12 | The Hollies Cattery | Page 19 | Bromyard Travel Services |
| Page 12 | **New Advert J Phillips Gardening | Page 19 | Andy Johnson- Chimney Sweep |
| Page 13 | 3D Windows | Page 19 | Seabright & Co |
| Page 13 | Sean Kelly Plumber | Page 19 | Welsh Holiday Cottage |
| Page 14 | Duncan Williams | Page 20 | Acer Tree Services |
| Page 14 | Steve Barnett | Page 20 | Scottwroe Hearing Centre |
| Page 15 | Woodlands Cattery | Page 21 | The Green Dragon |
| Page 15 | DB Property Management | Page 22 | Bishops Frome Community Shop |
| Page 15 | MJ Padden Tree Services | Page 22 | Max Roberts Carpentry |
| Page 15 | BRP Architecture | Page 23 | The Hop Pocket |
| Page 15 | Chris Treuttens | Page 24 | Drapes & Dressings |
| Page 15 | John Lee | Page 24 | Emma Bouston Funeral Director |
| Page 15 | JB Services | Page 24 | Kevin Roberts Plumber |
| Page 15 | Certainly Wood | Page 25 | The Chase Inn |
| Page 16 | You Go Transport | Page 25 | 3 Counties Chimney Sweep |
| Page 16 | Red Kite | Page 26 | Ledbury Podiatry |
| Page 16 | Celia Hall Dance | Page 26 | CL Country Clothing |
| Page 16 | Sez Electric | Page 26 | Yvonne's Shed |
| Page 17 | David Copeland Chauffeur | Page 26 | Bromyard History Society |
| Page 17 | Northdown Soft Furnishings | Page 27 /28 | From the Hereford Diocese |
| Page 17 | Get Logs | Page 29 | What's on at The Village Centre |
| Page 17 | Carpet Cleaning | Page 30 | Contacts |

Editorial:

Lots of Information re help available on pages 3 & 4 and this is kept updated on the website and Bishops Frome Facebook page. If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail: fromevalley@icloud.com

www.fromevalleychurches.org.uk

Sarah (oldholbans@hotmail.com)

**ALL CHURCH SERVICES CANCELLED
UNTIL FURTHER NOTICE**

**PLEASE CHECK ON THE WEBSITE FOR FURTHER
DETAILS AS THEY BECOME AVAILABLE.**

NOTICE TO ADVERTISERS:

I would like to thank you for your support in 2019/20 so far.

The Newsletter year runs from May to April and has 10 editions.

I will send invoice emails to you all - but not until June.

FROME VALLEY NEWS COLLECTION DAY FOR THE June 2020 ISSUE

Could volunteers from all churches kindly collect their new batch of issues from the Parish Office during the morning of **TBC**

If this time is not convenient please contact Eleanor at the office to arrange an alternative time.

This advertising space could be yours!

**Contact Sarah Sevastopulo
Tel: 01885 490896 email:
oldholbans@hotmail.com**

**Rates per issue:
£3.00 eighth page, £6.00 quarter
page, £10.00 half page,
£20.00 whole page**

Vicar's Letter

Many of you will have seen the icon I made of St George that I posted on YouTube on St. George's Day (23rd April). If not here is the link which explains how it was made <https://www.youtube.com/watch?v=-8RJ5Wej9Bc>

An icon is essentially a prayer, a window into heaven through which we are reminded of the great 'communion of saints' to which we all belong. To paint (the correct term is actually *to write*) an icon is to engage in prayer - and prayer can be challenging. When making an icon I follow a process which has been tried and tested over hundred's of years. As you will have seen about half way through this process when I have started to apply layers of egg tempera paint, it looks a bit like it's been painted by a toddler! It all looks very ugly and a complete mess and you may have wondered what you were watching. It's at this stage that I need to 'trust the process' and have faith that what emerges will be worthy of being called a Holy Icon.



The Icon of St. George represents the classic triumph of good over evil. We see the valiant George sat astride his magnificent charger thrusting his lance through the dragon's mouth. The hand of God conveys God's blessing on George from the heavens, just in case we weren't sure whose side he's really on! And the dragon is cleverly placed underneath the horse, completely and utterly subdued, vainly grabbing hold of the horses back leg with its tail, though thoroughly beaten!

I can remember when I was at primary school celebrating St. George's Day each year, but these days we don't seem to have maintained this tradition. These days people are more likely to celebrate St. Patrick's day! Perhaps George is a little bit too much the warrior for today's tastes, after all our nearest neighbours patron saints are all Apostles and Bishops (Scotland, Wales and Ireland!) and we in England have a third century soldier, martyred for refusing to recant his Christian faith. Great for inspiring us during times of war perhaps, but not so great for the more peaceful times we live in? St. George isn't even exclusively ours, we share him with Ethiopia, Georgia and the Catalonian region of Spain.

But, as we find ourselves under lockdown, besieged by an evil we can't even see, what better Saint to venerate and ask for prayer from at this difficult time than St. George? St. George, as with all the Saints and Martyrs we read about, was a real person and despite all the legends that surround him, he is remembered by the Church because of his extraordinary faith and his selfless and heroic deeds during a very difficult time. I hope we can all draw strength from his example, trust the process and have faith that God will make sense of what may to us at times seem to be a complete mess.



Every blessing, Steven

Conquest Theatre

Coronavirus Covid -19

In view of advice from Government regarding public gatherings during the Coronavirus pandemic, we have reluctantly decided to **CANCEL ALL SHOWS and THE SATURDAY COFFEE MORNINGS** until the situation changes

We will post any updates through our website and on social media in due course

For full programme details visit www.conquest-theatre.co.uk

BISHOPS FROME VILLAGE CENTRE

Are you planning a party or a meeting?

Don't forget your Village Hall.

The Main Hall can seat up to 120 people at tables or 140 for conferences and meetings.

For smaller events the Conference Room can seat about 40 people, a few less at tables.

More details and hiring charges online at

www.bishopsfromecentre.co.uk

To have a look or to book, contact

Wendy in the Shop or
on 01885 490496 or 490327

email: bishopsfromecentre@aol.com
& find us on facebook

Pastoral Group

The Group consists of Judy Orgee, Angela Lewis, Richard Allaway and myself. If you would like a pastoral visit please contact one of the group.

All visits are confidential.

Rev Steven Baggs: 01885 490582

Rev Richard Allaway 07969 699270

Judy Orgee: 01531 640525

Angela Lewis: 01885 490203

Childline: 0800 1111

Samaritans 116 123

Domestic Violence Hotline: 0808 2000 247

Mind 0300 123 3393

Age UK 0800 169 6565

Bishops Frome Local Support Group



Just formed, to help those unable to get out because of illness or self-isolation during the Coronavirus emergency.

We can help with things like

- Shopping
- Collecting prescription medication



AND the Group will provide a telephone contact for those concerned about their safety or just needing someone to talk to. All conversations will be private. The contact won't be able to give advice but will try to guide you to the appropriate resources or agency. No personal information will be kept other than that which is needed to provide the help requested.

Shopping will be sourced as locally as possible and shortly we will be able to offer a menu of chilled ready meals provided by the Hop Pocket. Payment for deliveries can be made by cheque, cash or BACS.

If you think this Local Support Group can help you, please call

01905 691 373

Keep in touch by email too – bishfromecentre@aol.com
– this account is checked frequently.

And log onto the Bishops Frome Village Centre Facebook page to see what's going on.

And of course, if you are still out and about, please think about volunteering to help with the Group, and keep up the good work checking on your neighbours.

During the COVID-19 pandemic Bromyard Community Transport are remaining open.

We are providing a very much reduced transport service and only carrying out very essential journeys, plus we are also providing a shopping service, pickup of prescriptions and medication and also offer a listening ear if our customers need to chat.

**Cathy Marsh (Manager) Bromyard
Community Transport Tel: 01885 488452**

LEGGES OF BROMYARD

We are now offering free local delivery (within 10 miles) of our shops and free nationwide delivery on all orders over £20 (UK mainland only)

We have made up some weekly hampers, to make life a little easier, during these strange times.

We are delivering. If you would rather stay at home just give us a call. Homemade pies, sausages, bacon, eggs, butter, cheese, potatoes, ham, spatchcock chicken

Just call the shop 01885 482417 to place your order

Order online www.leggesofbromyard.com

or call 01885 482417



Information from Matthew Pudge at the HOP POCKET.

Total Produce, our wholesale grocery supplier, have been putting together a Community box that has a good supply of essential foods. The box costs £20. We can order these before 11am for delivery to The Hop Pocket the following day (not Sundays), usually by about 9am although that might change.

Waller butchers in Ledbury are happy to continue delivering to us twice a week, or more if needed, which means we can add in some meat if required, ideally we'd get about 3 days' notice on this.

Frozen ready meals made at the Hop Pocket are available - at the moment beef lasagne, veg lasagne, Chicken casserole, Cauli cheese, and soups

The Foodhall will remain open Tuesday to Saturday 10am to 5pm and at the moment 11am until 4pm Sunday. We of course also offer cakes, biscuits, chocolate, beer, cider, wine, gin, maybe not essential, but we all need a treat!

Orders can go straight to The Hop Pocket 01531 640 323, or through the Bishops Frome Local Support Group 01905 691 373, perhaps better if the Bishops Frome Local Support Group could take the orders for the deliveries to those who cannot leave the house, and the Hop Pocket handles those who are happy to collect. We can do payment over the phone, contactless in store and we will take cheques (we do need a name, phone number and any card guarantee details on the back) or cash.

PETER COOKS BREAD - AND WE'RE BACK:

After taking some time out so we could plan how we can best continue in a safe manner, we're very pleased to say that we'll be firing up our ovens once more from Tuesday 7th April.

To keep our team safe, we'll be operating in a reduced capacity, limiting the selection of products we offer and where we deliver to.

We'll be supplying all of our usual stockists in the following areas:

- Bishops Frome
- Bromyard
- Colwall
- Hereford
- Ledbury
- Malvern

Please check with your local stockist for more details.

You can also order and collect from the Hop Pocket Food Hall

Tel: 01531 640323 or email : john@thehoppocket.com

MIDWAY STORES AT FROMES HILL OPEN

7am to 5.30pm Mon - Sat & 9am to 4pm Sundays

Rasoi Curry at Fromes Hill

Open for Take Aways

01531 640362

The Wheatsheaf at Fromes Hill

Has take home frozen meals Order by Phone:01531 640600

HELP IS AT HAND

The Bishops Frome Support group is there to help anyone who is isolating or just feel like some support during these exceptional times.

- To do shopping
- To deliver Hop Pocket Community Boxes
- To collect and deliver prescriptions.
- To just have someone to chat to

The phone number to ring is:

01905 691373

The phone will be answered by

Tony and Liz Davis, Jane Wintermantle or Isabel Aitken

Although this is a Worcester Number it was the nearest code available for this dedicated line just for our local community. The phone is always manned from 09.00 to 1800 seven days a week and outside these times the phone is likely to be answered although there is a facility to leave a message.

This initiative is provided by The Bishops Frome Village Centre to help support the community and will continue for as long as it is needed. We have a core of fabulous volunteers and have a list of others who have kindly offered their services if needed. Where a service requires someone to be DBS checked the appropriate volunteer will have a current certificate.

You can be assured that we will always be available to help.

MANY THANKS to all who supported this event either by being there or by donation or both Joan

tearfund

31 March 2020

Dear Mrs Rose

Thank you so much for your wonderful fundraising efforts through your village Lent Lunch - it sounds like it was a very successful event! Thank you for not only raising money, but also raising awareness of Tearfund. It is a blessing to have ambassadors such as yourself for our work.

Your donation of £100 means hope for people like Samed in Yemen, where a brutal civil war has left nearly 10 million people at risk of starvation.

This is the biggest humanitarian crisis in the world. Behind the headlines, there are millions of tales of ordinary families, like Samed's, trying their best to cope.

Samed (whose name has been changed to protect his identity), his wife and four sons live in one room. They struggle to make ends meet. Samed hasn't been able to work because he suffers from severe scoliosis – a sideways spinal curvature – and his wife earns only US\$50 a month as a domestic servant.

Samed and his wife felt they had no other option than to send their children out begging. They felt so ashamed, but they desperately needed money to survive.

Then our local partner, supported by people like you, registered Samed and his family on their food security project. Now they can be assured of a regular supply of basics such as flour, beans, sugar and salt.

This means the family can survive and even save a little.

'We have our dignity back,' says Samed. 'And I thank God that our children no longer have to beg.'

CHARLIE' S

UNISEX HAIRCUTS



UNIT 4
FROMES HILL
TRADING ESTATE
HR8 1HT

FOR APPOINTMENTS PLEASE CALL
07769169203

OR JUST POP IN AND SAY HELLO 😊

Mick Mussell Monumental Mason.

Over 40 years experience.

Free advice on renovation,
re-painting inscriptions
and levelling of memorials.

Tel:01989 730670.

e-mail:jmussell@hotmail.com

Ocle Pychard Church News

Dear Friends and Neighbours,

In these rather scary and uncertain times it is reassuring to look forward to life beyond this virus, as we are sure that this difficult period of our lives will not continue for too long and we will soon see the green shoots of recovery. Although all gatherings, both personal and community, are not permitted at this moment in time we can still plan events and activities for the not too distant future. With this in mind the patronal fete and afternoon tea at Ocle Pychard Church has changed to accommodate a rather special event 'The St. James Camino Walk'. This 15km walk will begin at St. James Church Stamford Bishop and end at St. James Church Ocle Pychard on Saturday July 25th. Rev. Steven Baggs has planned the route to pass through Bishops Frome and Much Cowarne.

You can find out more about this on his website:- <http://caminofromevalley.simplesite.com>
This will be the inaugural walk and already has generated lots of interest. It will be a great chance to walk through some lovely countryside and enjoy the company of others. When the walkers arrive at Ocle Pychard Church there will be refreshments available and all funds will go to the church. Hopefully this events will be able to go ahead but as they say "Watch this space"!!
As we write this article for the newsletter, on Palm Sunday, the sun is shining, the birds are singing and the trees, bushes and flowers are all resplendent in their spring finery. Perhaps this is a good omen for all of us and a shortening of our self-isolation. What a great and positive thought!

Take care of yourselves, stay safe, stay positive and stay healthy.

**John Ridler and Sally Ridler
Ocle Pychard PCC**

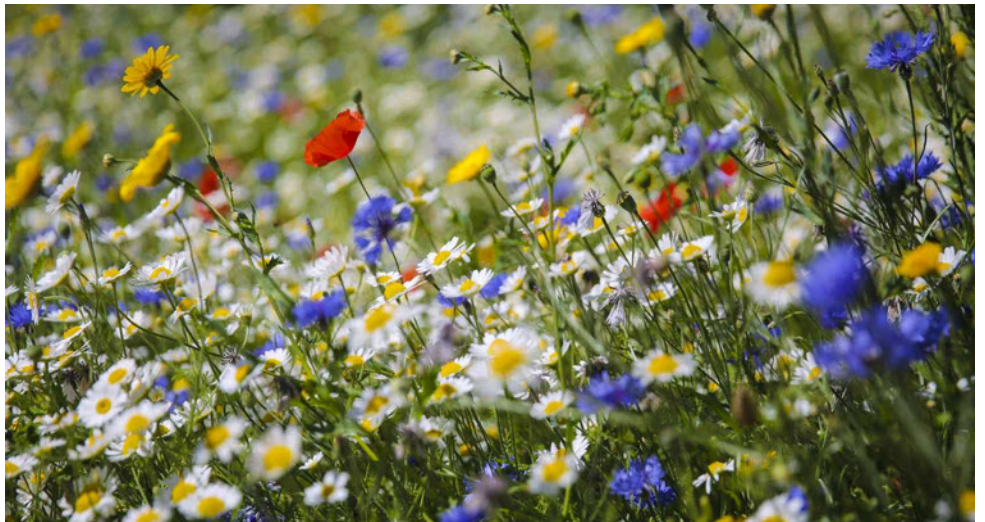
Stanford Bishop News

Dear All,

May is here, with summer on the horizon. Wildflowers in our hedgerows and meadows are coming into bloom, the dawn chorus is at its best. Flowering shrubs this month include Deutzia and calycanthus 'Hartlage Wine' with stunning flowers and cinnamon scented foliage.

Late spring in the woodland is still full of bird life, but also offers a variety of flowering plants among many are the purple orchid, wild strawberry, red campion and herb Robert. Countryside foraging in May can offer a wide choice including chickweed, red clover flowers, lime leaves and oxeye daisy buds.

Hear the drone of the forage harvester as many dairy farmers take their first cut of silage.



ST MARY'S CHURCH, MUCH COWARNE

What a change from last month's Frome Valley News! Instead of reporting on the Coffee Morning & Book Sale which was planned for April 4 and reminding you about the events planned for May and June, we have to confirm the changes to our plans which have been necessary due to the current "lockdown" due to Coronavirus; regretfully we have cancelled the Plant Sale planned for May and the Spring Lunch planned for June. We hope that it will be possible to re-schedule the Lunch (but re-named!) later in the year but the plant sale cannot be moved for obvious reasons. At the time of writing it is hoped that some plants will be available for a table sale outside Panksbridge Farm on or about May 16. Please watch notice boards for any notices. The Church Fete is scheduled for July 11th and at the moment we are hoping that it might be possible to hold it but that will depend entirely on what the Government is instructing by then. The Herefordshire Churches Trust have postponed all their social and fundraising events including the Church Crawl due to set off from St Mary's on June 6th and the concert by Octavia due to be held in St Mary's on June 13th.

As if the above were not disappointing enough, we were very sad to hear of the decision firstly to cancel all church services and then to close churches completely. We have always made every effort to see that St Mary's church is open during most of the hours of daylight, so that anyone who wishes has access to it to look around and read about the church's history or just to sit or pray in peace and appreciate the atmosphere. We greatly appreciate the willingness of those who are on the "Key Rota" and have made this possible, even when the weather makes it difficult. Hopefully it will not be too long before we are able to re-open the church to everyone.

The loss of revenue from the fundraising events will be felt severely - the virus will not only affect the routine maintenance required to the building and the churchyard but also longer term plans for improvements.

We hope that everyone will observe the government's advice on keeping free from infection during this crisis and all of us who are classified as "elderly and/or vulnerable" in Much Cowarne and Burley Gate are truly grateful to those who have offered help with shopping etc so that we can continue to stay safe.

ST. GILES' CHURCH - ACTON BEAUCHAMP

DATES FOR THE 2020 FUND RAISING YEAR. - Covid 19 willing

DOG SHOW AND SUMMER FETE.

Saturday 4th July 6.30pm. @ SEVINGTON MANOR.

By very kind permission of Dr. and Mrs. David Best. More detail's nearer the time.

AUTUMN PLANT AND PRODUCE MARKET.

Saturday 5th September 10am until Noon. Venue to be arranged.

HARVEST THANKSGIVING SERVICE.

Sunday 4th October 11.30am. St. Giles' Church. Harvest Charity Auction to follow service.

HARVEST LUNCH.

Sunday 25th October 12.30pm for 1pm. Further detail's nearer the time.

CAROL'S BY CANDLELIGHT.

Friday 11th December 7pm. Sherry and Mince Pies to follow the service.

More details nearer the time.

Other fund raising event's, to be added to our calendar, as the year progresses.



Communion Service

Sunday 10th May
8.30am
To Be Confirmed



Family Service

Sunday 24th May
10.00am
To be Confirmed

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.



Castle Frome May 2020 News, Views & Muse



Hilary's Nature Diary



Jackdaws

One bird you will see around the church is the jackdaw, a member of the very intelligent corvid family. For some time, I have been watching a pair of jackdaws accessing the church roof space through a gap in the stonework. As the 18th-century poet William Cowper put it, 'A great frequenter of the church, where, bishop-like, he finds a perch, and dormitory too.'

Research has shown that jackdaws can distinguish different human faces and can respond to human expressions. I am hoping that they are starting to recognise me!

Mark Cocker's 'Crow Country' is well worth a read if you're a corvid fan.

Hilary

Castle Frome Congregation Group

We have set up a Closed Group on the St Michaels & All Angels Facebook page. It is primarily to keep in touch with members of the congregation and wider community. Please feel free to send a joining request.

We are currently unable to hold services in the Church, so we will post snippets from the Services. Obviously we cannot put on the full service!

Coronavirus Lockdown & Social Distancing

I have put in the details of the services and Quiet Evening, but **if the Lockdown continues, then these will not be happening.** Please follow the Government Guidelines on Staying Staff and Social Distancing.

My Sister and I will be glad when this is all over, we both work at GP Surgeries and it has been very stressful.



Quiet Evening

Monday 18th May at 7.30pm To Be Confirmed



Like our Facebook Page: St Michael's Church , Castle Frome



**We should reflect on the words in 1 Corinthians, 13-13 on Faith, Hope and Love.
Being in Lock-down has given me a little more time for writing music and poetry.
This is a poem I have just written about the pandemic.**

Like an unseen tsunami,
It struck the world with force.
With unrelenting vigour
It ran its evil course.
So many lives are shattered,
And some sadly cut short.
We feel devoid of answers
To the force of this onslaught.
Although we are in lock-down,
We will not be knocked down.
We need to stand together
Even though we are apart.
I see the tortured anguish
Upon the TV screen.
Folk who've lost their loved ones,
A devastating scene.
They cannot find a closure,
They cannot say, "Goodbye."
Unable to see their loved ones
As they slowly fade and die.
We're in uncertain times
Filled with uncertain fears.
Our days have been distorted
By rivers filled with tears.
Yet love can hold us together
Through every stormy day;
Hope and determination
Can guide us on our way.
It's kindness that really matters,
It's what we must pursue.
Let's carry on, for love is strong
And kindness will see us through
Blessings and regards, Dennis Homes

Covid 19 Update - News Release from Certainly Wood

These are obviously unprecedented times for us all, but I am pleased to say that processing continues as normal from our site near Madley and so we are now building stocks for next winter. We are fortunate in that we can continue to operate in the yard and work to the government guidelines with more than adequate social distancing. However, we only have one member of staff in the office for a short day to print despatch notes and labels, otherwise we are all working from home, but its working well and we have been processing high volumes of orders during March as the weather continued to be cold and more people were at home. Local deliveries therefore continue and we have made sure all our local retailers are kept well stocked with small bags of logs, kindling and Flamers natural firelighters. Don't forget that as we move into summer you will need dry logs for those chimeneas and firepits and a must for those pizza ovens and of course you should not be without the fantastic Flamers natural firelighters for lighting these fires and of course when you fire up the charcoal barbecues, they are an absolute must for lighting – made from natural wood wool, dipped in wax, easy to light and odourless and best of all, they are made here in Hereford. May we take this opportunity to than you for your continued support over the last 12 months and remember that July and August are the best time to stock up for next winter when we run special summer prices. For mor information visit our local website <https://local.certainlywood.co.uk/> and if buying over the coming weeks to keep yourself stocked up, may we kindly encourage you to order online.

HOLY DUSTING

**I went to church on Sunday, first starting off in bed,
For an internet streamed service that the vicar nicely led.
With my dressing gown and bed socks, I wore a modest hat;
I hoped our kindly vicar wouldn't mind me dressed like that.**

**It's good in isolation to sing a hymn or two,
And to listen to the organ whilst crunching a cashew.
My caffeine need kicked early – at the singing of the psalm,
I sipped my latte quietly; thought it wouldn't really harm**

**Jane read from Revelation, about a seventh seal;
A sudden thought came over me – I had spuds that I should peel.
I listened very gladly, focussed on the reader's lips,
Whilst slicing my potatoes into hearty jumbo chips.**

**The sermon was uplifting; it touched an inner chord,
I steamed and pressed the ironing while thinking of the Lord.
At confession time we sinful have our wrongs all swept away,
A perfect time for dusting and cleaning as you pray.**

**I'll follow next week's service but from a different room,
Service sheet in one hand, in the other, my soft broom.
I like this streamed arrangement, it's altogether fun;
Respects paid to the Almighty while I get my housework done.**

©DMWest2020

STAY SAFE - STAY AT HOME

They said the world was closed today
So I went to have a look,
I found it with the shutters down
And the phone was off the hook.
So I stood there for a little while
But no one was around,
Then silence came and startled me
With the most alarming sound.
I asked him where the others were,
And why the streets were bare,
He whispered 'Life had ran away
While death was playing there'
'Oh no' I said 'It can't be true
For life is not afraid'
'But no one ever goes' he said
'Where death has ever played.'
I understood and walked away
As Hope was standing there

With Courage in her afterglow
And the sunlight in her hair.
She said 'Go home to those you love
This is no place to be,
For if we walk these streets today
Then no one shall be free'.
She threw her light to lead the way
And showed me where to go,
The very road that life had gone
Where the future flowers grow.
Then death showed me another way
But I didn't want to look,
So I stumbled home in time for tea
And I read another book.
It was called The World is Closed Today
And the streets we shouldn't roam,
The first line said 'Just please be safe'
And the ending - 'Stay at Home' stay safe.

FAITH AND THE CREED POEM

I BELIEVE.....Those words written long long ago
By such as those, who loved Him so,
Who knew him well, through stories told,
And how His life began to unfold.

I BELIEVE.....How God, the Father placed him on earth,
And how Mary the virgin gave him birth.
His name was Jesus, but no one knew
He was God's son, till His reputation grew.

In youth he questioned those who spoke in the Temple,
Whom he did not think, set a good example.
Travelling the countryside he healed the sick,
This certainly was no magician's trick.

He changed water into wine at Cana,
And restored the sight of one at Bethesda.
At Capernaum 5,000 he fed by the shore,
We hear of his miracles more and more.

The touch of his robe was enough for one,
Through her faith she was healed by the Father's Son.
He walked on water at the Sea of Galilee,
The disciples mesmerised by what they could see.

His miracles became known far and wide,
But His goodness some could not abide.
I BELIEVE he was the true Messiah,
Yet at Gethsemane was arrested, and put on trial.

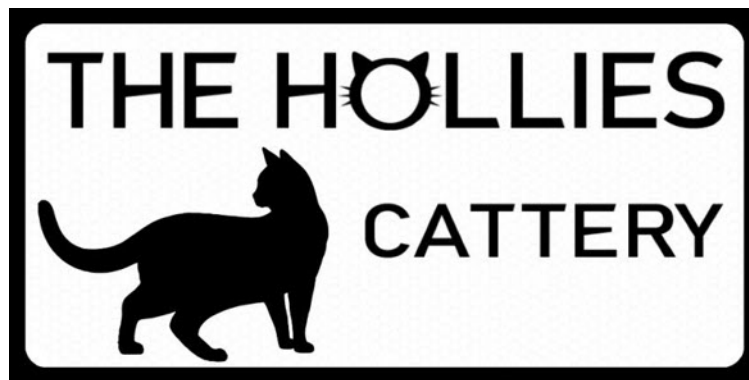
He was sentenced to death by Pontius Pilate.
'Crucify him', 'Crucify him' - was what they said.
Yet He conquered death and came back to us,
The true divine human, whom we could trust.

This lamb of God's sacrificed for all our sins,
Offered us, a new way life to begin.

I BELIEVE.....We can all receive The Holy Spirit,
And although unseen, lives on and on within.
A real presence, a gift, for each and everyone,
Perfecting The Trinity, with God the Father, and His Son.

The Creeds were repeated by men of old
Safeguarding those Christian beliefs, which we still uphold,
Those words were chosen, as confessions of faith
Which through troubled times, our lives they still shape.

Moyra Taylor, January, 2020.



- ⊗ Sixteen fully licensed double units
- ⊗ Custom-built luxury central heated accommodation
- ⊗ Special diets or additional requirements happily catered for
- ⊗ Set in beautiful Herefordshire countryside at Burley Gate
- ⊗ Licensed by Hereford Council : ANB48
- ⊗ Viewing welcome : By appointment only

For booking enquiries, prices or additional
information, please contact us on
01432 820066

or email us at theholliescattery@gmail.com
Find us on www.facebook.com/theholliescattery
www.theholliescattery.com

J. Phillips Garden Services

Slab Laying - Turfing - Rotavating - Garden Clearances

- Lawn Mowing • Strimming •
- Hedge Cutting & Laying •
- Garden Maintenance • Guttering •
- All aspects of Fencing •

and much more

Free Quotations

Mobile: 07932 749394

Email johnphillips1803@gmail.com

Let us transform your home!



*"Delivering Quality,
Value and Customer Service"*



01432 278020

www.3d-windows.co.uk

Unit 8, Premier Business Park

Faraday road, Hereford, HR4 9NZ



Sean Kelly

M: 07510400705

E: contact@skplumbingsolutions.com

W: skplumbingsolutions.com

**GAS & OIL BOILER SERVICING
GAS & OIL BOILER REPAIR
GAS & OIL BOILER INSTALLATION
HOT WATER MAINTENANCE
HEATING MAINTENANCE
BATHROOM DESIGN AND INSTALLATION
NO CALL OUT CHARGE**





**STEVE BARNETT
PAINTING AND DECORATING**

ALL INTERNAL AND EXTERNAL WORK CARRIED OUT

CALL OR EMAIL NOW FOR A FREE NO OBLIGATION QUOTE

**OAKDOWN
FROMES HILL
LEDBURY
HEREFORDSHIRE
HR8 1HT
Tel 07535 507832**

Email stevenbarnett800@gmail.com

Duncan Williams

Fitted Interiors

KITCHEN • BATHROOM • BEDROOM • OFFICE



- Kitchens
- Bathroom Suites
- Shower Enclosures
- Wet Rooms / Disabled Showers



Complete Project Managed Installation Service

Contact Duncan on: 07758 863723

Email: info@duncan-williams.co.uk

www.duncan-williams.co.uk

Woodlands Country Cat Hotel

"Where cats are at home"

Caring, family run, modern cattery near Ledbury. Indoor pens with outdoor views.

Heated sleeping beds.



Tel - 01531 670677

Email - wcchotel@gmail.com

Woodlands, Falcon Lane, Ledbury HR8 2JW

Visit our website: wcchotel.co.uk

M J Padden Tree Services

www.mjpaddingtreeservices.co.uk



Pruning, felling, planting
Specialising in high quality pruning

01885 400647

07504 020476

National Certificate Arboriculture. NPTC Qualified.
£5 million Public Liability

CHRIS TREUTTENS

❁ Garden & Landscape Services ❁

Including traditional
DRY STONE WALLING & HEDGELAYING

Tel: 07789 062450

J B SERVICES

Painting and Decorating

Email: Mulitcolours@tiscali.co.uk

11 Hereford Rd. Bromyard.

I offer competitive rates & excellent services

For a free quotation please call:

Home: 01885 482149

Mobile: 07870 110124

DB PROPERTY & GARDEN MAINTENANCE

Providing a friendly and professional service throughout the Frome Valley and local area.

Please call or text Dave Brocklesby
on 07399 913308

Email: davebrock66@icloud.com

Roof Repairs - Gutters & down pipes

Renovation work - Slab laying & Paving

Fencing, Hedging & Grass cutting

Any kind of decorating

BRP Architecture Ltd.

www.brparchitectureltd.com



Measured Surveys
Planning Applications
Building Regulations
Construction Drawings
Conversions & Renovations
Extensions & New Builds
3D Design & Visualisation

Please contact us for a free consultation

Telephone : 01544 230 471 / 07967 193 354

Email: brparchitecture@gmail.com

JOHN LEE

GENERAL MAINTENANCE & PROPERTY REPAIRS

Trustworthy * Reliable * Tidy
References available

Telephone: 01531 640073

Mobile: 07787 353809

KILN DRIED LOGS



100% British hardwood

Below 20% moisture content, maximum heat output

FREE crane delivery within 40 mile radius, 1hr time slots

Multi bag discounts & community buy scheme

Tel: 01981 251796
local.certainlywood.co.uk



Cecilia Hall Dance Centre

Tel: 07443 872 188 ceciliahalldance@live.co.uk

ADULT DANCE AND FITNESS CLASSES

Mondays

10.45am Tap Dance

11.45am Ballet

8pm Advanced Tap

9pm Modern Jazz Dance

Tuesdays

9.45am Beginners Tap Dance

10.30am Tap Dance

11.30am 'Fitsteps Fab'

2pm Silver Swans Ballet for over 55's

6.45pm Advanced Ballet

7.45pm NEW Burlesque/Heels/Jazz

Start date TBC

Wednesdays

10am Modern Jazz Dance

11.10am Ballet

2pm Ballet

Thursdays

10am 'Fitsteps Fab'

11.15am Silver Swans Ballet for over 55's

2pm NEW Line Dancing / Date TBC

Fridays

10.15am Silver Swans Ballet for over 55's

11.30am 'Fitsteps'

7.15pm Tap Dance

8.15pm Ballroom/Latin

Sundays

9.30am 'Fitsteps'

Text or email for more info.



BROMYARD COMMUNITY TRANSPORT

Transport Problems?

If you do not have access to a car or public transport, call us, we can help get you going

Our Services

Go Dial a Ride and Community Cars

Day Outings and Shopping Trips

Group Minibus Transport

Wheelchair friendly minibuses and MPV

Why not volunteer as a driver

Help us today - you may need us tomorrow!

Call us on **01885 488452** or pop into the office

1 Rowberry Street, Bromyard, HR7 4DU

E: info@gobct.org.uk, www.gobct.org.uk

SEZ ELECTRIZ

YOUR FRIENDLY LOCAL DOMESTIC INSTALLER

PART "P" QUALIFIED

Find me on the electrical safety register
(ELECSEA Registered)

For all your local domestic needs

INCLUDING-

Fault Finding & Safety Checks

Extra sockets or lights

Fuse boards & rewires

Routine Testing—"House M. O. T."

Security Lighting a speciality

Fully insured

No job too small

Please phone MIKE on;

01885490726 or

Mob 07957391974



Red Kite PEST CONTROL



&

Wildlife Management

Combining Tradition and Innovation

For all your local Pest Control requirements
Humane, environmentally responsible methods
Flexible Contracts ~ Individual Treatments

All **INSECT** Pests

All **RODENT** Pests

All **WILDLIFE** Pests

Specialized Trapping service
Pest Prevention and Proofing
Cleansing, Decontamination, Disinfection

Free Advice

Free no obligation Quotations

Telephone **Andy Staples on:**
07977 044987 / 01886 832730

BPCA and NPTA Qualified



David Copeland
a real chauffeur

Private freelance chauffeur serving all of Herefordshire and the surrounding areas.



Telephone: 01432 850985

Mobile Tel: 07941 993213

www.herefordshirechauffeur.co.uk

Kiln Dried Hardwood **FIREWOOD**

Bulk Builder's Bag of

split logs only

£85.00

www.
getlogs
.co.uk

Northdown Curtains

For a full installation service or self-fit

We Make: Curtains with hand sewn headings, Roman Blinds, also soft furnishings to match if required. We have a carefully selected range of fabric books, trimmings and hardware catalogues with samples available.

We can supply and fit: Fabrics, Poles, Curtain track, Blind track (manual or electric). Made to measure Blinds by Intu and Perfect Fit to suit your window frame. Demo samples available on request.

For friendly helpful advice or a free quote Please contact Julie Ball on:
01531 640722 mobile 07833 703490
northdowncurtains@gmail.com

Carpet & Upholstery Cleaning Specialists

Part of Chambermaids Est. 1993

50% Discount Offer

Fully trained, fully insured operators
Latest equipment – minimum drying times

We move furniture
Customer satisfaction guarantee
Oriental rug specialists

Stainshield treatment, Deodorize treatment & Conditioning treatment:-
available at competitive prices
Quotations on Request

| <i>Carpets</i> | <i>Normal Price</i> | <i>Discounted Price</i> |
|-----------------------------------|----------------------|-------------------------|
| Average | 52.00 | 26.00 |
| Lounge (15' x 12') | 64.00 | 32.00 |
| Through Lounge (20' x 12') | 64.00 | 32.00 |
| Hall, Stairs & Landing (standard) | 64.00 | 32.00 |
| Bedroom | 52.00 | 26.00 |
| <i>Upholstery</i> | | |
| Three Piece Suite from | 100.00 | 50.00 |
| Leather Suite | Price on application | |
| <i>Curtains (in situ)</i> | | |
| Full length (pair) | 60.00 | 30.00 |
| Half Length (pair) | 50.00 | 25.00 |

Minimum Charge £26.00

Booking Line

01886 821554

07971 603007

Carpet & Upholstery Cleaning Specialists,
Highfields, Knightwick, Worcestershire WR6 5QG



**Hereford Centre For
Natural Health**

**THE Centre in Hereford
for Complementary Therapies**

18 different therapies provided by
highly trained and experienced staff.

The Very Best Help for Your Health

Eastholme Avenue, Belmont, HR2 7XT
Hereford Tel: **01432 279 653**
www.herefordcentrefornaturalhealth.com

**L.A.B
AUTOS**

TEL. 01531640150 MOB. 07554341934

Dealer trained at Volkswagen, Audi, SEAT, Skoda and for
Volkswagen commercial vehicles

Servicing and repairs for all makes of vehicles

M.O.T preparation

Wheel alignment and tyres

Courtesy cars available or collection and delivery

Professional, competitive and honest service and advice

Unit 6, Fromes Hill Trading Estate, Ledbury, HR8 1HT

www.labautos.co.uk

labautos@hotmail.co.uk



REDCABIN COMPUTERS

**Suckley
Worcester**

Friendly and efficient service for your home &
Business computer system

New & used computers

Upgrades

Software

Hardware

Wired & Wireless Networking

Broadband help and setup

Tel: 07973 358124

Email: sales@redcabin.net



**RKH CHAUFFEUR SERVICE
PRIVATE HIRE TAXI**

Professional Prompt Friendly
Based in Cradley
All UK Airports, Business Trips,
Sporting Events, Parties, etc.
Long and Local Trips

Booking Essential
Call Richard 07990 552531
Email: rkhill2014@outlook.com

Bromyard Travel Services

51a High Street, Bromyard, HR7 4AZ

Tel: 01885 488667

jason@bromyardtravelservices.co.uk

worldchoice 



Family run, Independent travel agency

Tailormade travel, Flights, Cruises, UK & Overseas holidays.

From your usual high street brands to specialist travel companies

- We have it all!



To Let - Welsh Coastal Cottage. Sleeps 8 / 9

Situated in New Quay on the heritage coast between Cardigan and Aberystwyth.

The four bedroom house has been converted so the living area is on the first floor to take advantage of the outstanding panoramic views and has been recently refurbished. The house is situated on a quiet no through road overlooking the sandy beaches and across Cardigan Bay towards Snowdonia.

The house is ideally situated for bird watching, walking (the coastal path is at the end of the terrace road) and the beaches. You often see the local colony of bottle nose dolphins from the house windows. Boat trips for fishing or to see the dolphins and wildlife are available from the quay. Water sport hire and instruction are available in the harbour for all levels of experience.

The usual seaside amenities including pubs, restaurants, cafes, fish and chips and shops are all within 3 minute walking distance.

Available all year for weeks or short breaks. Cost per week from £350.00 to £750.00.

Phone 01432 820242 or 07889 106533 Email mhoskins242@gmail.com



CHIMNEY SWEEP

Andy Johnson

Certificates Issued

Evening / Weekend Sweeps

Stove maintenance

Tel: 01886 821933

07798 790913



www.andysweeps.com



Seabright & Co

Professional Decorating

Domestic and Commercial
Painting and Decorating

- Interior & Exterior
- Wall coverings
- Renovation & new work
- Fully Qualified
- Paint and design advise

Tel: 07711 993590

Tel: 01885 485973

Email: matthewseabright@hotmail.com

16 Enderby House, Linton, Bromyard

Acer Tree Services

Free no obligation quotes for all of your Tree work requirements



Tel: 01432 860839

Mob: 07774 134577

Joe.brandt@btconnect.com

24hr Emergency call out service

Fully Insured, Qualified and Audited regularly

Experienced – Knowledgeable – Professional

EARWAX REMOVAL CLINIC & INDEPENDENT HEARING CENTRE

- Family owned hearing practice established since 1988
- Microsuction Earwax Removal Clinic
- Hearing Assessments
- Independent Advice
- The latest Hearing Aid Technology
- Comprehensive Aftercare Plan



6 Blackfriars Street, Hereford, HR4 9HS
(50 yds from Waitrose car park)
01432 367 861
hereford@scottwroehearing.co.uk

 **SCOTTWROE
HEARING**
www.scottwroe-hearingcentre.co.uk

74 Barnards Green Road
Barnards Green, Malvern, WR14 3LY
01684 566 449
malvern@scottwroehearing.co.uk

The Green Dragon at Bishop's Frome



It's with the deepest sadness that we have had to close the Dragon for the first time in more than 300 years.

Your pub is the heart of your community.

But it has a duty to the community, too.

And it makes sense to hunker down until this wretchedness is over.

After all, we need you back when it's all over.

And it will be over.

And then, perhaps, we'll appreciate our local pubs more than ever.

The warmth, the welcome, the craic and the crackling fires.

We'll be back better than ever – maybe with a bumper bonfire of all those surplus loo roles.

And as for our NHS angels:

Several drinks will be on the house when we re-open.

Meanwhile, stay safe.

The Green Dragon

Bishop's Frome

WR6 5BP

01885 490607

"It's what all village pubs should be like"

BISHOPS FROME COMMUNITY SHOP



Village Centre

OPEN

7.30am to 6pm Weekdays

7.30 am to Noon on Saturdays

As well as stocking a large range of everyday products we can take orders for Pansies, Milk, Bread, Cakes, Meat, Scotch Eggs - all delivered fresh on a daily basis.



CURRENTLY CLOSED DUE TO COVID 19

Local Food for Local People



**We now are also an Agent for Priory Cleaners
01885 490496**

Mat Roberts Carpentry & Home Improvements

All Aspects of carpentry work undertaken
Property renovations & refurbishments
Complete kitchen & bathroom installations
Skirting & Architrave, Windows & Doors, Laminate Flooring
Built in Wardrobes & Cupboards
Garden fencing & Decking
UPVC Fascias, Soffits & Guttering
References available

**Plus Much More
Call Mat for a Free Quote**

**07896 324441 or 01531 670624
mathew.roberts08@btinternet.com
matrobertscarpentry.co.uk**

The Hop Pocket Shopping Village

HOME & GARDEN FOOD & DRINK LIFESTYLE & LEISURE



Café & Restaurant Large Free Car Park Easy to get to
Opening Times Tuesday to Saturday 10am - 5.30pm / Sunday 11am - 5pm / Closed Monday

The Hop Pocket Bishops Cleeve WR6 5BT TEL 01531 640323  The Hop Pocket www.thehoppocket.com



Drapes & Dressings

by Julie MacLeod (Est. 2005)

**Beautifully handmade bespoke
curtains, roman blinds & soft furnishings**

- cushions, lampshades, loose covers, roller blinds.

Lovely fabrics, tracks & poles available - or customer's own welcome.
Free home visit for measuring and quotation, delivery and dressing-in.

Telephone Drapes & Dressings: 01885 490540 or 07845 479311

Email: drapesanddressingsbyjm@hotmail.co.uk

Workroom + shop now relocated to: 'Handmade in Herefordshire'

Unit 4 , Fromes Hill Services, HR8 1HT (top of Fromes Hill on A4103)

- a shop featuring lovely gifts + eclectic items for home and garden

by locally-based artists and expert craftsmen

Free parking, shop open Monday-Friday 10am-4pm and Saturday 10am-3pm



EMMA BOUSTON

FUNERAL SERVICES

A local independent
Funeral Director
offering a personal
24 hour service

50 High Street,
Bromyard HR7 4AE

Telephone 01885 489900.
Email: ebfuneralservices.co.uk

www.ebfuneralservices.co.uk

KEVIN ROBERTS

DOMESTIC PLUMBING

BATHROOMS

CENTRAL HEATING

TAPS AND WASHERS

OIL BOILER SERVICES

OFTEC REGISTERED

UNVENTED REGISTERED

TELEPHONE: 01886 880384

MOBILE 07976 879719

24 HOUR SERVICE



THE CHASE INN

BISHOPS FROME



Weekly Specials:

Tuesdays
2 meals for £19
from the specials board

Sundays
Sunday Roast served from
12 noon until 4 pm

Fish & Chip Fridays - £7.50
Eat in or Take away

Wednesday Night
Is CURRY Night
Don't miss it.

THE CHASE INN

IS NOW A FAMILY OWNED FREE HOUSE B&B.
SERVING HOME COOKED FOOD EVERYDAY
FROM 12pm til 3pm and 6pm til 9pm
MONDAY TO SATURDAY
12pm TO 4pm SUNDAYS.
6 LETTING ROOMS AVAILABLE FROM
£49.95 PER Night.
Breakfast available
POOL AND DARTS FREE PARKING AND A
BEER GARDEN. PETS WELCOME.

TO BOOK A ROOM OR A TABLE,
PLEASE CONTACT US ON :
01885 490358.

EMAIL: THECHASEINN.4@GMAIL.COM

OR

FIND US ON FACE BOOK.
POP IN AND SAY HI.....!

Three Counties Chimney Sweep

* Trading Standards Approved*



**TRADING
STANDARDS**

APPROVED

working in partnership with
Checkatrade

- * All Chimneys & Flues Swept
- * Cowl & Pot Fitting Service
- * Stove & Liner Installations
- * Nest & Blockage Removal
- * Stack and Roof Repairs
- * Fully Insured

Call Ian on:

Tel: 01684 891005 Mobile 07403 277 436

Your Local Accredited Chimney Sweep





Country Clothing
⌘
Accessories
⌘
Gifts
⌘
Equestrian Clothing
⌘
Animal Supplies



CL Country
at the Hop Pocket
in Bishops Cleeve.

**New Winter Clothing, Socks,
Scarves, Gifts.**

Pop in and see us!

Telephone: 07881 306321

Website: cavallolusso.com

Ledbury Podiatry

Lodge Cottage Therapy Centre

The Homend, Ledbury HR8 1AR

**Routine podiatry & chiropody treatment
for**

Skin and nails.

Fungal infections

Verrucas

Cracked heels

Nail reconstruction

Contact: Kirstie Mackay

HPC registered podiatrist

Call 07967 394419

Email kjm-feet@hotmail.com

Careline - Help at the push of a button

Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away!

Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. In times of need, help is just the push of a button away!

For more information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

Yvonne's SheD



Unisex Hairstylist

Stonehouse

Munderfield

HR7 4JT

New Number *01885490775***

07795575547

Country Buds

countrybuds@hotmail.co.uk

01885490775

07795575547

All aspects of floral art

funeral tributes,

wedding venues,bridal etc



***BROMYARD & DISTRICT LOCAL
HISTORY SOCIETY***

***LOCAL & FAMILY HISTORY
CENTRE***

***5 Sherford Street Bromyard
(next to P.O)***

***Free entry to Exhibition
Research Room and Exhibition***

opening hours:

Thurs & Fri:

10am-1pm & 2pm-4.30pm

Sat: 10am-12.30

Tel: 01885 488755

(during opening hours)

email: bromyardhistory@btconnect.com

Website:

www.bromyardhistorysociety.org.uk

From the Hereford Diocese

I am writing this just after the Archbishop of Canterbury has told us about the suspension of public worship and other measures to limit the possible spread of Covid-19. It seems as if April 2020 will be one of the strangest and most difficult months most of us have ever known. Many passages of Scripture may speak to you; I am reminded of the opening of Ezekiel 34, where the people of Israel are described as sheep scattered on the mountains. We have been told that, for our own good and more so that of those vulnerable to illness, we must be scattered and into our own separate places.

And it is this which suggests the best thing we can all do in response – we may not be able to meet in person, but we can connect in other ways, and these are especially important for those who may find it hard to bear the isolation and uncertainty. We can message and email one another. If we telephone (especially on Skype/Facetime or similar) we shall have more of the human interaction we all need, both to receive and to give. The Archbishops have suggested that we should place a lit candle in our windows at 7pm each day as a sign that we are praying for our neighbours.

Above all, we can connect with God in prayer. Of course, that has always been true, but in the long waits we may now be enduring, there will be real and unexpected space to pray and listen to the Spirit, and pour out our fears and concerns. If you continue in Ezekiel 34, you will read God's recognition of the limits of worldly leaders, and promises, "I myself will seek out my sheep." In Jesus Christ he did seek and find us, and in him is our hope as in so many past ages of doubt and danger.

Revd Neil Patterson

MAUNDY MONEY 2020

Every year, on Maundy Thursday, The Queen distributes special Maundy money to pensioners in a service which commemorates Jesus washing the feet of the Apostles at the Last Supper.

Despite the announcement that this year's Royal Maundy Service 2020 is not going ahead at St George's Chapel, Windsor, as planned, we are still delighted to share news that two recipients in our Diocese have received the Queen's Maundy Purse for their services to the Church:

The late Roger Lind for his services as a member of the PCC at St Peter's and St James, Hereford, as member of Deanery Synod, Diocesan Synod and Bishops Council as well as being a licensed Reader and serving as Day Chaplain at Hereford Cathedral amongst many other acts of service to the Church. His widow, Mrs Brenda Lind receives the gift on his behalf.

The other recipient is Mrs Helen Blyth, she is actively involved behind the scenes at St Laurence's Church, Ludlow and has had a long involvement in schools as a teacher of RE and in later years as a governor for schools in Oxford and Hereford dioceses, with a particular interest in RE.

Congratulations to them both on this wonderful recognition for their service

Home Safe from Hospital

It's been a busy few weeks in Hereford Diocese, while local people are doing their part to support the current pandemic by staying home, the team at the Diocese working in partnership with Herefordshire County Council and Wye Valley NHS Trust have developed and launched a brand new service, helping people in the community to return home safely following a hospital stay.

"The support service is a brand new partnership and the church is ideally placed to help those trying to put their lives back together" explains, Richard Jones, lead co-ordinator at Hereford Diocese.

The Home Safe from Hospital team forms the last piece of the jigsaw when it comes to getting people who have recovered from or who have been in hospital for a stay, to be discharged from hospital, back home and settled safely.

"For many older people it's difficult right now, much of the usual care support systems are not on hand for older people and their friends and family are unable to visit in the way they usually would so that's where we come in. The local hospitals needs to ensure it has beds available for patients with Covid-19" says Richard.

The Hospital discharge team arranges transport for people from hospital, taking them home, where they are met by one of the volunteers from Hereford Diocese. All volunteers are fully DBS checked and are typically members of the local church this can also mean the local vicar.

"The church is uniquely placed, in that we have people in every community. All our clergy, lay leaders and diocesan staff are fully DBS checked and are often well known to people in our rural diocese. Many churches have a 'pastoral' visiting team who are trained for exactly this kind of thing. In some areas, the local community support and good neighbours groups have also joined us to help deliver this service – it's a real team effort" Richard explains.

Rev Linda MacDermott, Curate of the Kington Parishes and a volunteer from Kington, Herefordshire said: "I am delighted to be a part of this scheme. Locally, we have helped one local resident settle back in following a stay in Hospital.

"The experience really helped all of us in our Church to understand what people need. I think for many older people in this situation, the most precious part is a conversation with a real person, it helps them to feel they are loved and not alone.

"It is a real tonic for these times of social isolation and an opportunity for us to show our faith in action by living out the commandment, love thy neighbour."

Volunteers include seven local referral teams, who arrange for home-visitors to arrive at the home in advance, help the person, put heating on, turn on lights and arrange delivery of an emergency food parcel if needed. Working with other agencies to make sure they have an ongoing routine of support in the days and weeks ahead is also an important part of the role. Before leaving the volunteer arranges a follow up visit for the next day to check the person remains safe and well at home.

The scheme operates across the county of Herefordshire in partnership with the local Wye Valley NHS Trust and Herefordshire County Council Adult Social Services team.

It generally works to support the elderly, frail, vulnerable, and socially isolated, but - as with many other services in these times it may adapt to meet the current situation.

WHAT'S ON AT BISHOPS FROME VILLAGE CENTRE

Visit bishopsfromecentre.co.uk for much more information
and find us on [Facebook](#)

These are our normal weekly activities -
suspended for the time being

| | | | |
|---|--------------------|---|--|
| Mon | 10.00 – 12.00 | Internet Café | Drop in or call 01531 640981 All welcome, help available |
| | 14.00 – 16.30 | Board Games | Susanna 01885 490440 First Mondays, next 6 April |
| | 19.30 for 20.00 | BINGO | Not at present |
| Tues | 09.30 | Pilates Body Design | Sally 01886 880956 Prior booking essential |
| | 12.30 for 13.00 | Over 60s Lunch Club NOT EVERY WEEK | Joan 01531 640587 Advance booking is essential |
| | 19.30 to 20.30 | Zumba Have fun and get fit. | Bev Hughes 07900 640467 |
| Weds | 10.00 to 10.45 | Circuit Training Fitness-building sessions, all abilities | Dominic 07906 203388 |
| | 14.00 | Needlecraft Group | Beryl 01531 640359 |
| Post Office Outreach Service in the small office by the main entrance | | | Monday 13.45 to 16.45 Tuesday 13.00 to 14.30 Wednesday 9.00 to 12.00 Thursday 9.00 to 12.00 |
| Is your class or club looking for a venue? | | <p>Our Main Hall is a great space for clubs, games or fitness activities, and don't forget the Conference Room for smaller groups. We try to keep Friday and Saturday evenings free for one- off events and private parties. See our charges on www.bishopsfromecentre.co.uk</p> | |

POST OFFICE UPDATE

ANDY will be at the Village Centre AT THESE NEW TIMES:
For the time being, and as far as the changing situation
allows, he will be there on:
Monday afternoons 13.45 to 16.45
Wednesday and Thursday mornings 9.00 to 12.00.
Many thanks to Andy for keeping the service going!

Frome Valley Group of Parishes Births, Deaths and Marriages

Jane Elizabeth Turner of Munderfield died on 28th March 2020,
aged 69, and was cremated on 10th April 2020.

VICAR

Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

ASSOCIATE PRIEST

Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

PARISH OFFICE

The Rosary, Bishops Frome, Worcester, WR6 5AP

tel and fax tel - 01885 490229

e-mail: fromevally@icloud.com

PARISH SECRETARY

Eleanor Morris tel - 01885 490229

Office open for routine matters

Wednesday & Friday 9.15am-11.45am

CHURCH WARDENS

ACTON BEAUCHAMP

Sally Wall 01886 884727

Jane Allan 01531 640227

BISHOPS FROME

Gill Lynch 01531 640305

Tony Davies 01885 490394

Heather Partridge (Deputy) 01531 640157

CASTLE FROME

Charles Pudge 01531640309

EVESBATCH

Richard Kuehn 01886 880259

Diana Harrison 01531 631813

FROMES HILL

Jill Southall 01531 640288

Joan Rose 01531640587

MUCH COWARNE

Jean Parkes 01432 820402

Martin Hewitt 01432 820282

OCLE PYCHARD

John Ridler 01432 820328

Rosie Winn 01432 820763

STANFORD BISHOP

Rachael Hawkins 01886 884250

Jetta Hawkins 07973 239778

FROME VALLEY GROUP OF CHURCHES

Safeguarding Officer: Eleanor Morris - 01885 490229

Diocesan Safeguarding Adviser:

Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org

Editor & Advertising:

Sarah Sevastopulo Tel:01885 490896 e-mail: oldholbans@hotmail.com

or Post : Crumble Cottage, Bishops Frome. Worcester. WR6 5AU

LAST COPY DAY for the June 2020 issue of

THE FROME VALLEY NEWS is: Monday 18 th May '20

And the collection date will be : TBC