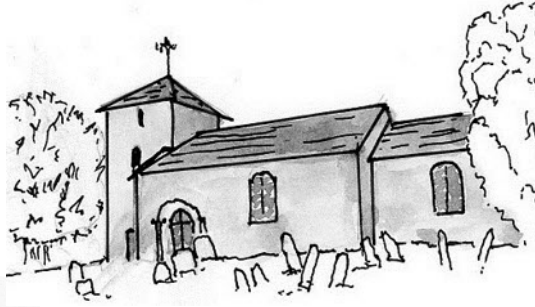
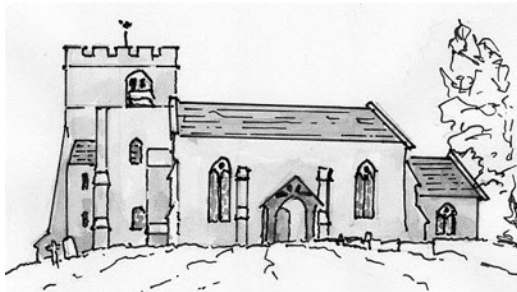
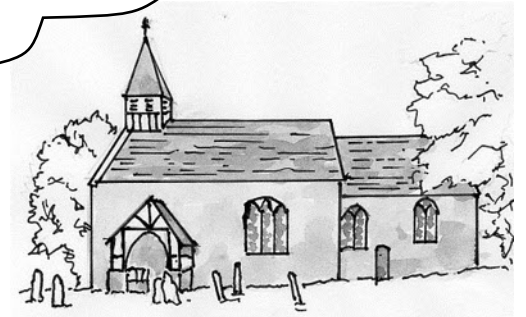


Frome Valley News

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome,
Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



March 2022



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Editorial:

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail:

fromevalley@icloud.com

www.fromevalleychurches.org.uk

Sarah (oldholbans@hotmail.com)

I am still doing the FVN so please use my email - oldholbans@hotmail.com

**OR contact the Parish Office
for more information.**

FROME VALLEY NEWS COLLECTION DAY FOR THE

April 2022 ISSUE

Could volunteers from all churches kindly collect their new batch of issues from the Parish Office TBC

If this time is not convenient please contact Eleanor at the office to arrange an alternative time.

This advertising space could be yours!

**Contact Sarah Sevastopulo
email: oldholbans@hotmail.com**

**Rates per issue:
£3.00 eighth page, £6.00 quarter page,
£10.00 half page, £20.00 whole page**

Childline: 0800 1111	Samaritans 116 123
Domestic Violence : 0808 2000 247	Mind 0300 123 3393
Age UK	0800 169 6565

Vicar's Letter

The season of Lent will soon be upon us with Ash Wednesday on 2nd March when we will hold our usual Ash Wednesday service in Bishops Frome at 7pm. The service is a Eucharist with the imposition of ashes in the form of a cross on our foreheads as a sign of penance. Last year we were in another lockdown and unable to hold this important service so please do come and join in if you are able.



Our Lent course this year begins on 15th March in Bishops Frome Village Centre at 7pm and will be very different from previous years as we are looking at a live issue for the Church. This year we are following the Church of England's Living in Love and Faith course. Our Intern Ewan will be leading the course for us and we will be joined by others from the wider Bromyard Deanery.

The course will be asking "How do questions about identity, sexuality, relationships and marriage fit within the bigger picture of the good news of Jesus Christ? What does it mean to live in love and faith together as a Church?"

For many churches issues around human sexuality can be 'the elephant in the room' that we don't talk about and this shouldn't really be the case. In our own families, in our Churches, in our communities and in the wider world we find ourselves living within a diverse society. We don't have to agree with everything, but it is good to listen and learn from other Christians speaking about their experiences and beliefs.

More information about the course can be found here <https://www.churchofengland.org/resources/living-love-and-faith>

February was a sad month for us in the Frome Valley with so many funerals of beloved parishioners. Heather Partridge in Bishops Frome will be sadly missed, she was very much at the centre of Church life and much loved by us all. For Ocle Pychard the death of Robert Meredith so shortly after his mother Doris also passed away was again a very sad loss for the local community. Funerals with such joyful hymns reflected Christian lives fully lived!

As Heather's reading chosen by her from 2 Timothy put it so well, "I have fought the good fight, I have finished the race, I have kept the faith."

With every blessing for a fruitful Lent.

Steven

DO YOU HAVE AN UNWANTED BOOKCASE?

Much Cowarne Church are looking for bookcases to house their growing collection of second hand books for sale by donation in the church as the present tables are becoming overloaded and are not ideal for this purpose. If you have a bookcase which you no longer need and would like to donate please email with a photo to Jill Cooksley jjcooksley@hotmail.com .



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Frome Valley Pastoral Group

The Pastoral Group are all very actively engaged in emailing and telephoning people through out this difficult time. If you have any concerns or would just like to speak to someone please call one of the group;

Rev'd Steven Baggs

01880490582 stevenbaggs@me.com

Rev'd Richard Allaway

07969 699270 rja5204572fco@gmail.com

Mrs Judy Orgee 01531 640525

Tony & Liz Davis 01885 490394

Careline - Help at the push of a button

Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away! Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. **In times of need, help is just the push of a button away!**

For information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

HELP IS STILL AT HAND

There is a Bromyard Support Group number -
07824 660480

is there to help anyone who is isolating or just feel like some support during these exceptional times.

Childline: 0800 1111

Samaritans 116 123

Domestic Violence Hotline: 0808 2000 247

Mind 0300 123 3393

Age UK 0800 169 6565

During the COVID-19 pandemic Bromyard Community Transport are remaining open.

Transport for Covid Vaccinations

Cathy Marsh (Manager) Bromyard

Community Transport Tel: 01885 488452

This advertising space could be yours!

Contact Sarah Sevastopulo

email: oldholbans@hotmail.com

Rates per issue:

£3.00 eighth page,

£6.00 quarter page,

£10.00 half page,

£20.00 whole page

Ocle Pychard Ramblings

It seems as though spring has already begun as the days are getting longer and the birds are singing their hearts out with the joy of living. It would appear that many of our feathered friends have already started their courtship rituals even if the females of the species are not so sure!! The other day I saw two cock pheasants squaring up to each other over a hen pheasant, which walked off through the hedge as if she was bored with the whole charade. The woodpeckers are also hard at work drumming out their territorial tune on the trees ever hopeful that their sound will be the loudest and strongest then perhaps they will be the ones to win a mate. New (and not so new) lambs are out in the fields running and jumping at play. This time of year can really make your heart sing. Out in the garden the snowdrops are flowering in great drifts of white, the daffodils are thinking about opening their buds and the lemony primroses are much in evidence with their pale yellow heads raised to the sky. All over the village the signs of spring are there and up in the churchyard of Ocle Pychard Church the spring flowers are quite a picture. It is such a peaceful place to sit on the bench and listen to the sounds of nature and pause awhile to appreciate the area that we live in.

Now that the coronavirus is, hopeful, in retreat, church services will be getting back to normal and it would be lovely to see more people coming to the monthly 8.30am communion service to celebrate the joy of living. One of our churchwardens is doing croissants and coffee after the service. It's a great way to catch up with all the village news and maybe make new friends.

Church services

1st March-Holy Communion @8.30am

3rd April- Holy Communion @ 8.30am

17th April- Easter Sunday Holy Communion @ 8.30am

1st May- Holy Communion @8.30am

Conquest Theatre

Borderlines Film Festival March 4-20 (see website for full details)

Films start at 7.30 pm

March 4th The Courier (12)

March 6th The Alpinist (12A) **3pm**

March 10th Spencer (12)

March 16th Respect (12)

March 18th Master Cheng (PG)

March 20th Mothering Sunday (15)

Screening events

NT Live Book of Dust March 3rd 7pm

Exhibition on Screen: Frida Kahlo March 8th 7.30pm

New York Met Opera: Ariadne auf Naxos March 12th 5.55pm

ROH: Rigoletto March 13th 2 pm

New York Met Opera: Don Carlos March 26th 4 pm

Saturday morning coffee shop 10.30 - 12.30, everyone welcome

Book on line www.conquest-theatre.co.uk

or call the box office 01885 488575

Bishops Frome Strawman

How to build your Strawman Beacon

Courtesy of those listed at the bottom of the page

Obtain the landowners's permission and involvement then ensure you locate your Bishops Frome Strawman at least 60m away from buildings, roads, railways and public rights of way, and a safe distance from dangerous materials and overhead power lines. Ensure it has good access for the transportation of materials for the bonfire and sufficient space for spectators to stand upwind. Liaise with your local fire brigade and all emergency services in your area, presenting them with your plans, and seek their advice and support.

1 Prepare site by removing top layer of turf and stack away from fire area.

2 Use only wood and straw for combustible materials and wrap steel banding around them all to hold the bales together while burning to stop them from falling away. Please dispose of the bands responsibly after the event.

3 Construct a safety barrier out of ropes and stakes or scaffold poles to ensure public is kept at a safe distance from the fire.

4 In daylight, and for several hours, and up to lighting, check that there are no children or animals playing or hiding in or round the Strawman. Arrange for at least 12 marshals to be in attendance, and undertake a sufficient safety briefing before lighting the Strawman.

5 The person looking after the fire should not wear lightweight clothing that could ignite easily. They should wear a substantial outer garment of wool, or other material of low

flammability, and stout boots. They should know what to do in the event of a burn injury, or a person's clothing catching fire, and should have a fire blanket ready in the Strawman area along with a number of fire extinguishers.

6 Lighting: the safest and recommended approach is to use paper and solid firelighters in six places just inside the walls of the Bishops Frome Strawman to ensure an even burn. Never use flammable liquids such as paraffin or petrol to get it going as this can result in uncontrolled spread of fire or explosion.

7 To light the Strawman: from poles 2m in length, prepare hand torches for lighting with paraffin-soaked rags wired around one end. Remember, paraffin is dangerous and great care should be taken. Paraffin can be used as directed, but it is still dangerous and should at all times be treated with great care - for example, always ensure all excess paraffin is drained off rags before use. If spilt on your clothes during the preparation of your Strawman lighting you should replace those items of clothing before approaching any naked flames. In particular, always remember to replace the lid on any container of unused paraffin and store it in a safe place away from naked flames. Do not use an accelerant on the fire itself.

**John Pudge, Mr Maurice Herbert,
Mr Graham Morris, Mr Brian Lea,
John Parker, Jason Hoskins, Richard Allen,
Adam Herbert & Robert Pudge.
Photographs: Tracy Lea Pa**

THE QUEEN'S PLATINUM JUBILEE BEACONS 2ND JUNE 2022 YOUR GUIDE TO TAKING PART





LIVING IN LOVE & FAITH

4 Week Lent Course 15th March - 5th April, every Tuesday 7-9pm.

15th March & 29th March in Bishops
Frome Village Centre. 22nd March &
5th April in St. Peter's Parish Room,
Bromyard.

**How does our faith inform our
understanding of identity, sexuality,
relationships, and marriage? How do
we apply this understanding in our
modern world?**

If you are interested, please contact Ewan by email at
emcgillings@gmail.com, by phone on 07568 515628, or
ask your vicar for more information.

Bromyard Deanery event: -

You are warmly invited to

The Falcon, Bromyard; 7pm, Thursday, 10th March.

There will be a buffet supper, plus informal talk, and discussion: -



*"If you want to walk on the water,
you have to get out of the boat."*

The gifts of faith are for everyone, and often they reach us through other people.

Can we as lay people do more to pass them on – including in roles for which we have traditionally looked to the clergy? Vocation can be hard to pin down, and often we don't know what we're good at until we try. But we all know clergy who are having to run faster and faster to stand still. Could a greater lay role, rather than making us even busier, be a source of satisfaction and growth for all concerned? Could it enable us to make our faith more accessible to more people, and in new ways as well as traditional ones?

Recently, following three years training, Chris Evans became a lay Reader.

After supper, he will tell his story, and offer some ideas for discussion.

Chris comes from Whitbourne, where his family farm, and for much of his life he has been involved in international work through the faith-based movement known as Initiatives of Change. Now in an active retirement he is learning and working, through the church, to pass on the faith that means so much to him and to share it with others in his community.

***If you would like to join us for supper and listen to Chris,
please let your Vicar know.***

ST JAMES CHURCH STANFORD BISHOP

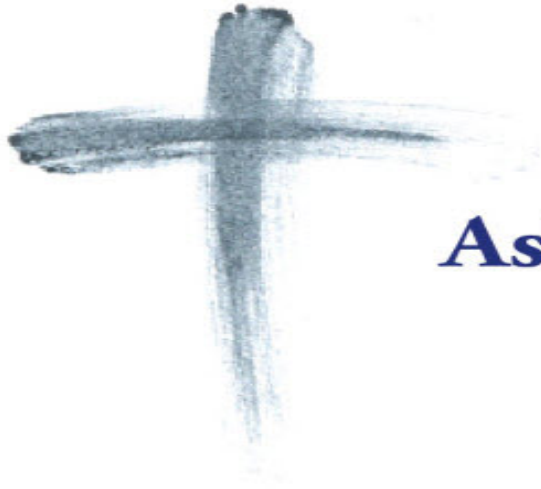
What a wonderful start to the New Year here at St James Church.

The soup and snowdrop event held on 5th February so well supported thank you to those that attended on foot both from the village and neighbouring villages and by car from farther afield to admire the wonderful snowdrops and panoramic views from Malvern Hills to the Welsh Borders.

A big thankyou also to those who contributed lovely homemade soup and draw prizes, so much appreciated

Looking ahead to Spring our first service of 2022 will be on Mothering Sunday March 27th at 8.30am a warm welcome awaits you and will be giving out poses of Spring Flowers in appreciation of our Mums so please come and join us.

**From March onwards our usual services at Stanford Bishop
will be held on the 4th Sunday of each month at 8.30am**



Ash Wednesday
— **Lent Begins**

FROME VALLEY GROUP
Ash Wednesday Service
St Mary the Virgin, Bishops Frome
2nd March 2022
7.00pm

Re Heather Partridge

The family of Heather would like to thank all those who helped the funeral go so smoothly. We appreciate that a lot of hard work went on behind the scenes. The cleaning and presentation of the church was obviously a mammoth task due to the ongoing renovation work and the flowers looked wonderful.

On the day the organisation of the seating and the delivery of the service was an example to others of how the job should be done. Heather would have been proud.

So many of you made the day that it is impossible to name names, but you all know who you are. Your hard work and dedication to the church was commented on by those attending the service.

A heartfelt thank you to all from the family your endeavours were greatly appreciated.

Nick Partridge

ST MARY'S CHURCH, MUCH COWARNE

The beginning of February saw the completion of a project which has been many years in the planning: nicknamed "The Platinum Jubilee Ramp" it now enables wheelchair users to enter and exit the church via the porch and main door. Those who know St Mary's church will know that there is one step from the path into the porch and a further four from the porch into the church which is over two feet above ground level. The robust wooden ramp, which was started by Ted Parkes has now been finished to a high level of excellence by parishioner Don Sanders. In four parts, it will be stored behind the font just inside the door. Simple to set in place, it will enable wheelchair users not only to take part in any service at Much Cowarne but also to see and explore our beautiful and ancient building with its many interesting features. As the ramp will not be left in situ at all times anyone wishing to use it will need family or friends to set the four pieces comprising the ramp in place. On occasion of regular services there will usually be someone available to do this and it will also be possible to arrange with the Churchwardens to have the ramp in position if a private visit is required. It is intended to put the simple instructions and pictures for assembling the ramp inside the church.

Include 3 pictures, Ramp in use, Ramp in store, Joining of pieces



Changes in our Conduction of Services

In common with many other parishes around the country Much Cowarne is responding to the shortage of clergy available to conduct services by increasing the role of lay people in the Matins services - this includes the churchwardens and congregation and local lay readers. When no lay readers are available one of our Churchwardens will lead the Matins services and, as now, members of the congregation will read the lessons and, on occasion, a meditation provided by one of the clergy. It is very regrettable that our neighbouring church at Fromes Hill is to close and we hope that by reorganising our service in this way we can insure that St. Mary's will never face a similar fate. We are very lucky in Much Cowarne to have a number of people who are willing to read at our services and will always welcome more offers to take part in this way.

Jubilee Celebrations

In recognition of the Queen's Platinum Jubilee on **Thursday June 2nd** we will be holding a "**Hymns & Pimms**" celebration at 6pm. If fine, we shall gather in the churchyard (if wet in the church), to enjoy a glass of Pimms before going into the church for a service of celebration conducted by Rev Richard Allaway and comprising 7 popular hymns interspersed with readings and prayers. There will be the opportunity for further Pimms after the service.

For this year we have also agreed to join the event planned by the Burley Gate Jubilee Committee on **Saturday June 4th** by moving the stalls and attractions which usually form our Church Fete to the playing field at Burley Gate School where other events will also be taking place.



**Much Cowarne Church cont.
Other events being planned**



The Annual Plant Sale at Panks Bridge Farm on Saturday May 7th from 2.00pm. As always good selection of annual and perennial flowers, shrubs and vegetables will be for sale, plus some garden objects (Anyone wishing to bring items to sell please contact Marlene Hewitt on 01432 820282).

A Lead Rein Fun Ride for junior riders will be held on September 4th September, further details will be available later.

We are also hoping to have a Race Night in the Autumn.

Further details of all the above will be on posters and in the newsletters in the next few months.



On behalf of the parish of Bishops Frome and Fromes Hill I would like to organise a Platinum Jubilee Tea celebration for all our residents and would like to encourage everyone to get involved by bringing a contribution of food for the party. All suggestions and ideas are welcome. I have booked the village hall Conference Room for an open meeting to establish what the Community would like and with a view to getting some volunteers together

**Queen's Platinum Jubilee
Tea Celebration
Saturday 4th June 2022
(time tbc)**

on **WEDNESDAY 2 MARCH at 7pm**

Susanna Morel 07742 715769



ST. GILES' CHURCH, ACTON BEAUCHAMP

Following The PCC Meeting, in January, it seems wonderful that we are, at long last, making arrangements for fund raising events

The 1st of these events is a **PLANT AND PRODUCE MARKET** on The 14th May, from 11am until 1pm, at **SEVINGTON**

The next fund raiser is the return, after 2 years, of **THE ACTON BEAUCHAMP DOG SHOW AND SUMMER FETE**

The evening of Saturday the 2nd of July is the date to remember We will be holding The Dog Show, by very kind permission of Dr and Mrs. David Best, at Sevington Manor

Fingers crossed for lovely weather ☀️ There will be more details nearer the time.

St. Giles' Church is in need of a couple of ladies or gents for the flower and cleaning rota

The phrase 'Flower Arranging' tends to fill people with dread. However flower arranging at St. Giles' Church is completely different to the flower arranging at St. Paul's Cathedral !!

Wild flowers in a jam jar look just lovely in our small country church

If you would like to join our team then call Sally on 01886884727.

Castle Frome March 2022

News, Views & Muse



Communion Service

Sunday 13th March
11.30 am



Family Service

Sunday 27th March
10.00am

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.



Hilary's Nature Diary

A flash of sapphire

A lightning streak of azure and copper and it can only be a kingfisher. How lovely to hear of a recent sighting along the River Frome from a member of our congregation. This unmistakable bird has recently moved from amber to green, the best place to be on the British Bird List – a good sign but not a sign to be complacent, with growing river pollution levels in some areas.

The slow moving (normally) Frome, with its soft banks for nesting, is the ideal habitat for the kingfisher. Look out for the flash of sapphire as the bird darts from an overhanging perch to snatch its prey in the shallow waters. A Kingfisher's brood of 6 or 7 chicks can consume over 100 fish in a day.

That's a lot of diving!



Metal detectorists bring local history to life

In January and February, members of the Heart of England Metal Detecting group spent some time exploring the fields around the church – and what a haul. No sign of the legendary Castle Frome Hoard, but so many fascinating finds: Roman coins and cloak brooches, Elizabethan silver halfgroats, medieval spindle whorls, a c18th century silver shoe buckle, military cap badges, a hop token with the word Ledbury still visible and so much more. No hidden treasure but fascinating finds and they have further fields to explore.

Photo: c18th century shoe buckle



Like our Facebook Page

St Michaels Church, Castle Frome

**Bishops Frome and Fromes Hill Parish Council, Fromes Hill Village Hall Trust
and The Parochial Church Council**

**Give notice that the Field situated in Fromes Hill behind and around the church
is available for grazing between April 1st 2022 and February 28th 2023**

**Guidelines for awarding of grazing licence for field owned by Bishops Frome
and Fromes Hill Parish Council, Fromes Hill Village Hall Trust and The Parochial
Church Council as agreed by the representatives of the three parties**

- 1. All interested parties must bid by filling in the grazing licence and
handing it in or having it delivered to Cllr R Partridge at the Garage, Bish-
ops Frome

by Monday March 7th.**
- 2. If there are more than one bidder, a meeting of the representatives of
the three parties, should be held to decide on the award. This may be held
by telephone if a real time meeting is not practical**
- 3. If there are more than one bids, the highest bidder will be awarded the
licence unless they have previously held the field and not complied with
the rules therein.**
- 4. The Parish Council will inform the winning bidder immediately and
arrange for the signing of the licence. Immediately the licence is awarded,
the winning bidder must pay the licence fee to the Trustees of the Fromes
Hill Village Hall Trust, who are managing the processing of the payment.**
- 5. The underbidders will be informed why they have not been awarded
the licence within seven days of the decision being made.**

Grazing Licence forms and details are available from Robert Partridge (The Garage)

From Bishops Frome Parish Council

The Council along with Cllr E Chowns would be interested in hearing from residents who would be interested in setting up a Car Sharing scheme. Similar schemes are in operation within the County and proving to be very successful. If you are interested to know more details on how the scheme works please contact Cllr Chowns and we will set up a meeting to discuss taking this forward.

It was agreed at the February meeting of the Parish Council that the offer to buy the Sports Field for the sum of £30,000 from the Eveson Trust should be accepted. Currently the Parish Council rents this field from the Eveson Trust. The Parish Council will apply for a Public works loan and it is currently envisaged that this should not impact the precept parishioners pay to the Council as one of the current public works loan has just been completed.

Nicky Carless – Clerk to the Council

February 2022

Road safety has been a key issue for me locally in the past month. At my January ward surgery, a couple of residents came to see me about the A4103/B4214 junction, where there have been several incidents recently where cars coming from Ledbury have not stopped at the junction and have overshot and ended up in the ditch on the other side. I was really concerned to hear about this and immediately went to inspect the location. I asked Balfour Beatty (BBLP - the council's highways contractors) to replace the missing 'Give Way' sign and to take other measures to improve the junction. I'm glad that a new Give Way sign was installed after a few days, but I still think more needs to be done, including replacement of the directional signs on the North side of the junction, an additional 'Give Way in 100 yards' sign on the Ledbury side. So I am continuing to chase on these issues.



If you'd like to talk to me in person about a road safety issue (or anything else), please do come along to one of my surgeries:

- Bishops Frome Village Centre, 3rd Tuesday of each month, 1.00-2.30pm
- Cradley Village Hall, 3rd Thursday of each month, 1.00-2.30pm.

I'm always really happy to meet residents and hear what I can do to help make the council work better for you.

My latest 'Sunday Service' was in Munderfield last weekend, where I litter-picked along the main road. I also reported several blocked drains and wonky road signs to BBLP, so I hope they will be dealt with soon. My next 'Sunday Service' will be on Sunday 13th March. Please let me know if you would like to join me litter-picking – the more the merrier!

The council held its annual budget meeting last Friday 11th February, and approved our coalition's responsible and moderate budget proposals. The council is feeling the effects of high inflation, just like everyone else, but we have kept the council tax rise to well below inflation: 2.99%, equivalent to 95pence per week for a Band D property. As I've noted before, two-thirds of our base budget is spent on social care for the most vulnerable members of our community (both adults and children). We are investing more and more in these services each year, while constantly looking for efficiency savings too. I've recorded a short video on my Facebook page to explain a bit more about the budget: <https://www.facebook.com/CllrEllieChowns/>

In last month's column I mentioned the £15 'Shop Local' card (<https://www.herefordshire.gov.uk/shoplocal>). I do hope you have all applied for a card, activated it, and spent it to support your favourite local businesses! Please keep hold of your card, too, as there will be an announcement coming shortly regarding a top-up to the money on the card. This has been a really successful scheme that has helped local businesses bounce back from Covid.

I also mentioned the Herefordshire Citizens' Climate Assembly last month. This has now finished its work and presented its recommendations to the council regarding housing/buildings, transport, and food, farming and land use. The council has committed to take new action in response, and we have allocated this year's New Homes Bonus funds (£1.3m) to our 'climate & nature action fund' to support this. For example, one of the clear recommendations of the Assembly was to do more to help residents insulate their homes. I am personally very keen on this – it creates jobs, helps people keep warm, and reduces fuel bills, as well as helping save the planet! So I am very hopeful that work like this will be a direct result of the Citizens' Assembly, which was the most in-depth consultation the council has ever done. It was also really inspiring to see such strong agreement between people of all ages, backgrounds and walks of life regarding the need to tackle climate change and protect nature in Herefordshire. You can read more about the Assembly (and watch the videos of all the presentations and Q&A sessions) here: <https://www.herefordshire.gov.uk/citizensassembly>.

Talking of nature – it's wonderful to see the snowdrops in full bloom, and even some early daffs peeking through. And the days are getting lighter too, which is always welcome!

As always, please do get in touch if there's anything you'd like my help with. Tel: 01531 670729, Mobile: 07950 714947, Email: Ellie.chowns@herefordshire.gov.uk. I'm always happy to hear from you! Until next month, all the best! Ellie.

The Hop Pocket Shopping Village

HOME & GARDEN FOOD & DRINK LIFESTYLE & LEISURE



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The Hop Pocket Bishops Frome WR6 5BT TEL 01531 640323  The Hop Pocket www.thehoppocket.com



Bungalow Sold

chocolatebox



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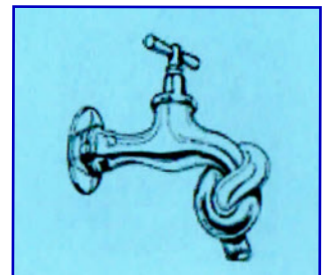
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ADULT DANCE and FITNESS CLASSES

MONDAYS

10am Zumba Gold
10.40am Adult Ballet
11.45am FitSteps
1.30pm Tap Dance
2.30pm Adult Ballet

TUESDAYS

9.20am Pilates
10.30am Tap Dance
11.30am FitSteps
1.50pm Silver Swans Ballet for over 55's
3pm Belly Dance

WEDNESDAYS

9.30am Modern Jazz/Lyrical Dance
10.35am Adult Ballet
11.45am FitSteps
12.50pm Flamenco
2pm Adult Ballet
3pm Pilates

THURSDAYS

10am FitSteps
11.15am Silver Swans Ballet for over 55's
2pm New Silver Swans Ballet for over 55's
8pm New Zumba class TBC

FRIDAYS

9.30am Dance Mix Gold
10.30am Silver Swans Ballet for over 55's
11.45am FitSteps
2.45pm New Zumba class TBC

SATURDAYS

8.45am New Zumba class TBC

SUNDAYS

8.45am Pilates
10am FitSteps

Classes held in Great Malvern.

Pre- book as social distancing still in operation.

Children's classes also available.

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THE FROME VALLEY GROUP

MARCH 2022

	6th	13th	20th	27th	3rd April
Acton Beauchamp	11.30am Holy Communion SB				11.30am Holy Communion SB
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00am High Mass SB	10.00am Holy Communion Fr David West	10.00am High Mass SB
Due to ongoing building works at Bishops Frome please check venue before attending.					
Castle Frome		11.30am Holy Communion SB		10.00am Family Service Lay Led	
Evesbatch					
Fromes Hill	10.00am Matins Lay Led		11.30am Holy Communion SB		10.00am Matins Lay led
Much Cowarne		10.00am Matins Lay Led		10.00am Holy Communion SB	
Ocle Pychard	8.30am Holy Communion SB				8.30am Holy Communion SB
Stanford Bishop				8.30am Holy Communion SB	
	Lent 1 Purple Psalm 91.1- 2,9-16* Romans 10.8b-13 Luke 4.1-13	Lent 2 Purple Psalm 27 Philippians 3.17-4.1 Luke 13.31-35	Lent 3 Purple Psalm 63.1-9 1 Corinthians 10.1-13 Luke 13.1-9	Mothering Sunday Purple Colossians 3.12-17 Luke 2.33-35	Lent 5 Purple Psalm 126 Philippians 3.4b-14 John 12.1-8

18.02.21

FROM THE REGISTERS

Funerals

The Burial of Ashes of Anthony Paul Hughes, who died on 14th December 2021, aged 70, took place on 1st February 2022 at St James the Greater, Stanford Bishop.

The Funeral of Doris Meredith, who died on 26th December 2021, aged 96, took place on 4th February 2022 at St James the Great, Ocle Pychard.

The Funeral of Heather Partridge, who died on 4th February 2022, aged 92 took place on 12th February 2022 at St Mary the Virgin, Bishops Frome.

May They Rest in Peace.

ST MARY THE VIRGIN, BISHOPS FROME

DATE	READER	PRAVERS
Mar 2 nd (Ash Wednesday)	TBA	
Mar 6 th	Sarah	TBA
Mar 13 th	Tony W.	TBA
Mar 20 th	Moyra	Liz
Mar 27 th	Liz	TBA
Apr 3 rd	Sarah	TBA

ST JAMES THE GREAT, OCLE PYCHARD

Date	Day	Time	Service	Reader	Sidesman	Flowers/Cleaning
March						
6 th March	Lent 1	8.30am	Holy Communion	J Ridler	S Ridler	
April						
3 rd April	Lent 5	8.30am	Holy Communion	J Ridler	S Ridler	
17 th April	Easter	8.30am	Holy Communion		R Winn	



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PLATINUM JUBILEE TEA PARTY

There will be an open meeting in the Conference Room on **WEDNESDAY 2 MARCH at 7pm**

to establish how the community of Bishops Frome and Fromes Hill would like to get together to organise to a tea party celebrate the Jubilee. All suggestions, ideas, and volunteers are welcome, and the general idea at the moment is that all residents would be encouraged to get involved by bringing a contribution of food.

Please contact Susanna Morel on 07742 715769 for more information, and please come along with your ideas.

Please contact group leaders before attending exercise classes

WHAT'S ON WEEKLY

Monday

- Pilates with Sally, 9.30am, 07909 754039
- Internet Café, 10am to 12, 01531 640 981
- Board Games, 2pm to 4pm, first Mondays, Susanna 01885 490 440
- Tai Kwon Do with White Phoenix, 6pm, 07814 778 112

Tuesday

- Pilates with Sally, 9.30am 07909 754039
- Ward Surgery, 1 to 2.30, third Tuesdays, Cllr Ellie Chowns, 07950 714947
- Fit for Life, 3pm to 4pm, Angie Box, 07530 420554
- Zumba with Bev, 7pm, 07900 640 467

Wednesday

- Needlecraft, 2pm to 4pm, Beryl 01531 640 359
- Kick Boxing with White Lotus, 7pm, 07495 427 993

Thursday

- Coffee morning, Tony 07764 578 410



Friday

- Pilates with Sally, 9.30am, 07909 754039
- Shanty Singing with Richard, 2pm to 4pm, first Fridays, 01531 640 768
- Tai Kwon Do with White Phoenix, 6pm, 07814 778 112



Mon	13.45 to 16.45
Tues	13.00 to 14.30
Wed	9.00 to 12.00
Thurs	9.00 to 12.00

To arrange to have a look, or to book, contact Wendy Roberts on 01885 490327 or email bishfromecentre@aol.com

VICAR

Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

ASSOCIATE PRIEST

Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

PARISH OFFICE

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Eleanor Morris tel - 01885 490229

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ACTON BEAUCHAMP

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Jane Allan 01531 640227

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Tony Davis 01885 490394

CASTLE FROME

Charles Pudge 01531640309

EVESBATCH

Richard Kuehn 01886 880259

Diana Harrison 01531 631813

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Jill Southall 01531 640288

Joan Rose 01531640587

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OCLE PYCHARD

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Rachael Hawkins 01886 884250

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Safeguarding Officer: Eleanor Morris - 01885 490229

Diocesan Safeguarding Adviser:

Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org

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LAST COPY DAY for the April 2022 issue of

THE FROME VALLEY NEWS is: Monday 14th March

And the collection date will be : TBC