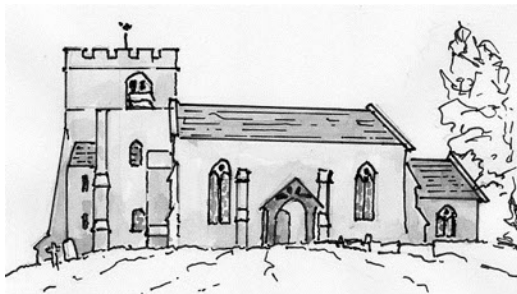
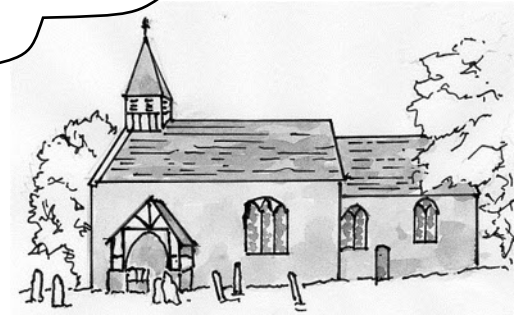


Frome Valley News

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome,
Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



May 2023



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Editorial:

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail:

fromevalley@icloud.com

www.fromevalleychurches.org.uk

Sarah (fromenews@gmail.com)

NEW EMAIL

**OR contact the Parish Office
for more information.**

Welcome to our 2 new advertisers

Advert Rates per issue:

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£10.00 half page, £20.00 whole page**

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Churches Count on Nature 2023

In 2021 we started Churches Count on Nature, working in partnership with the Church of England, the Church in Wales and A Rocha. The idea behind Churches Count on Nature is to encourage as many people as possible to visit, explore and enjoy their local churchyard, spotting wildlife and recording what they see. These records are then sent to Caring for God's Acre; via an online system such as iNaturalist or iRecord, by emailing us the list or by popping it in the post. These records then go to build up a picture of just how important churchyards are for biodiversity, information which we can then share more widely.



We decided to encourage all those involved with Churches Count on Nature to run some sort of nature spotting activity during Love Your Burial Ground week, a celebratory week which has been running for many years now involving those managing burial grounds of all types and denominations including our magnificent cemeteries. Many of you have taken part over the years and even more then joined in since 2021 via Churches Count on Nature. So far, we estimate that over 16,000 people have been involved in this initiative, some of them simply enjoying a visit to a beautiful and peaceful spot and listening to the bird song, others providing a full species list in Latin of the lichens and invertebrates they've found!

The good news is that we are running it all again from Saturday 3rd to Sunday 12th June, so please join in!

To take part, have a look on our website for information and inspiration, plan your activity, register it with us and request your free Starter Guides plus a Field Studies Council fold-out chart. Visit our website page Be Involved or click [HERE](#). Involvement can be very low key – a few friends listing wildflowers - or can be larger including perhaps your neighbouring school or Messy Church group. If you're unsure about what to do or who might be interested then start small, previous years feedback suggest that you may be pleasantly surprised at the level of local interest.

We're hoping for a bumper year in 2023, perhaps the start of local action inspired by Sir David Attenborough and the Wild Isles television series?

We look forward to reading about all the actions taking place across the diocese.

All the best, Harriet Carty

Diocesan Churchyard Environmental Advisor, harriet@cfga.org.uk,

www.caringforgodsacre.org.uk - individuals and groups in the diocese receive 20% members discount on all CfGA materials. Use the discount code **diomem22**

**LAST COPY DAY for the June 23 issue of
THE FROME VALLEY NEWS is: Monday 1st May 2023**



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Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away! Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. **In times of need, help is just the push of a button away!**

For information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

HELP IS STILL AT HAND

There is a Bromyard Support Group number -
07824 660480

is there to help anyone who is isolating or just feel like some support during these exceptional times.

Childline: 0800 1111
Samaritans 116 123
Domestic Violence Hotline: 0808 2000 247
Mind 0300 123 3393
Age UK 0800 169 6565

Frome Valley Pastoral Group

The Pastoral Group are all very actively engaged in emailing and telephoning people through out this difficult time. If you have any concerns or would just like to speak to someone please call one of the group;

Rev'd Steven Baggs
01880490582 stevenbaggs@me.com

Rev'd Richard Allaway
07969 699270 rja5204572fco@gmail.com

Mrs Judy Orgee 01531 640525

Tony & Liz Davis 01885 490394

During the COVID-19 pandemic Bromyard Community Transport are remaining open.

Transport for Covid Vaccinations

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Community Transport Tel: 01885 488452**

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Conquest Theatre

Film

May 5 The Banshees of Inisherin (15) 7.30pm

May 6 Coronation of King Charles III

Live on Stage

Conquest Productions

The Elephant's Dream - a fantasy written by Hugh Farey based on local events during World War II May 10- 13 7.30pm

Conquest Spotlight - Poetry Evening, bring your own readings on transport May 25th 7.30pm

Love Changes Everything - A Tribute to Michael Ball May 27th 7.30pm

Event Cinema

Live The Best of Enemies featuring David Harewood (Homeland) and Zachary Quinto (Star Trek) May 18th 7pm

NY Met (opera) Don Giovanni May 20th 5.55pm

ROH Sleeping Beauty (ballet) May 24th 7.15pm

EOS - Tokyo Stories May 30th 7.30pm

Why not join us for the Coronation on the big screen, light lunch will be available (pre booking required) **Saturday mornings Coffee and a chat 10.30 - 12.30**

Box office 01885 488575 for full details online www.conquest-theatre.co.uk

St Mary the Virgin, Bishops Cleeve

We have just celebrated Easter Day with High Mass service; it was great to see so many people joining us.

A huge thank you to all helpers who made the church look really wonderful following Lent with beautiful flower displays, and provided some tasty Easter treats to enjoy with coffee following the service!

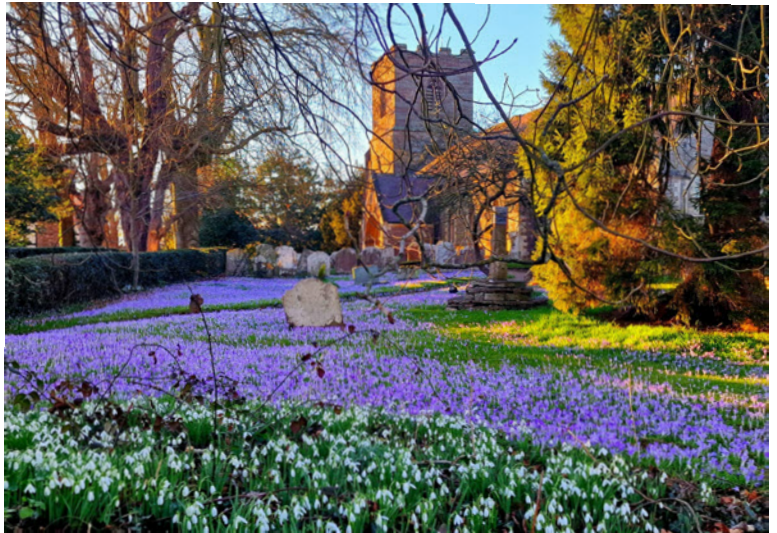
We hope to see many folks getting together for the community Big Breakfast

on **May 1st** – fingers crossed for fair

weather for anyone joining for the morning walk to get you ready for the brilliant breakfast! – Tickets available at the Community Shop or from Tony Davies.

Please do come along to the High Mass service on **May 7th at 10am** to welcome the people of Fromes Hill to St Marys – we look forward to seeing you all there.

Join us in June for a fascinating talk from local historian Hugh Farey discussing the Shroud of Turin, followed by nibbles and refreshments. **Friday June 9th, 7.30pm** at the church – free admission with all donations welcome, we hope to see you there.



ST. MARY'S CHURCH MUCH COWARNE

New Worship Leader

On Sunday 12 March Martin Hewitt, one of our Churchwardens, was one of several local people to be commissioned as a Local Worship Leader by the Rt. Rev'd. Richard Jackson, Bishop of Hereford. Martin has led the way in Much Cowarne in encouraging members of the congregation at St. Mary's Church to take more active roles in the leading of services when a member of the clergy is not present, At such times, others are taking on the roles of reader, or leader of intercessions - the prayers which are not part of the formal service liturgy but which focus on particular events or times nationally or locally and also include special prayers for those in the Frome Valley parishes who have recently died, who are ill or for whom requests for prayers have been made. We are grateful to Martin for taking on the new role of Service Leader and hope that he will find it both satisfying and enjoyable.



Easter Fun in the Churchyard!

A beautiful sunny Easter Saturday morning saw a lot of local children and their families taking part in an Easter Egg Hunt in St Mary's Churchyard: the children were asked to look for the "soft" Easter Eggs which were hidden around the churchyard and when they found one they were able to exchange the soft egg for a chocolate egg. There was also an egg rolling competition, a competition to find the golden egg and a craft table in the church where children were shown how to make Easter baskets. It was obvious that all the children and families who took part thoroughly enjoyed their morning and many thanks go to Bridget, Judy, Suzanne, Bethany and Jean who organised (and enjoyed) the morning.

Coronation Fete – a Reminder! Burley Gate Village Hall - Monday 8th May.

12 months ago we celebrated the 70th Jubilee of Queen Elizabeth 11 and this year St Mary's Church is again joining with other local groups to take part in this years' celebrations marking the coronation of King Charles 111.

We shall be responsible for several stalls: Cakes, Plants, Jams & Produce, Bric a Brac and Tombola, and also for sideshows:

We already have some offers of help to run these stalls & games but still need more; we would like to run at least two "shifts" at the stalls & games so that undertaking this task does not mean that you have no time to enjoy and participate in the fete as a whole.

Although it will be the beginning of May by the time this newsletter is distributed it is not too late to offer to help or to donate items for the stalls. If you can help in any way, please contact Martin Hewitt (panksbridge@hotmail.co.uk or 07580 575784) or Jean Parkes (jeanparkes@btinternet.com or 07792 314696) as soon as possible.

Frome Churches Lottery results

March 2023

£25 122	Marlene Hewitt	CI
£20 72	Margaret Gough	CH
£15 115	Hilda Leese	HL
£10 253	Nicole Wartling	YB
£10 187	Mrs M E Harrold	POST
£10 378	Mrs V Jolly	POST
£10 137	Sue Clarke	PP

April 2023

£25 10	Jane Partridge	Dyer Robert
£20 339	Charlotte Gibbs	GW
£15 128	P & S Johnson	MB
£10 332	Alan Fowler	GW
£10 379	Mrs M Hodgson	JS
£10 238	Matt Wheeler	JO
£10 181	Graham Bonsey	BH

Walkers pave the way for thousands of pounds towards St Michael's Hospice

Hundreds began British Summertime with a walk through Herefordshire's beautiful countryside in support of a county charity.

The St Michael's Hospice Big Spring Walk raised more than £12,000 for the Bartestree-based charity which provides palliative and end-of-life care across Herefordshire and beyond. Despite overcast conditions, over 300 people of all ages, plus an impressive array of dogs, gathered beside the River Wye at Hereford Rowing Club before setting off on their choice of three circular routes – 5.5K, 12.5k and 17.5K - through Breinton and the surrounding area.

“It was great to see so many people turn out on a drizzly day,” said Carol Condie, who completed the 12.5K route. “It was a great walk, very well organised and lots of fun was had with friends. I will definitely be doing it again next year.” On their return, walkers were treated to an entertaining display from the Paws for Thought Dog Display team.

“Everyone at St Michael's would like to thank all walkers, our fantastic team of supporters who helped marshal, plus our sponsors Two Farmers crisps for helping make this such an enjoyable day,” said Natasha Walshe, Events and Community Fundraiser at St Michael's.

“We hope everyone had a great time exploring Herefordshire's beautiful countryside, and supporting St Michael's Hospice at the same time. Money raised through events such as the Big Spring Walk is vital to St Michael's as it goes directly towards providing care to those who need it across our community.”

The Big Spring Walk was the first in the St Michael's 2023 calendar.

It comes ahead of a busy spring with a Hospice Barbarians rugby side taking on Luctonians on Saturday 29th April, before RUN Hereford on Sunday 14th May and the Plant Fair on Friday and Saturday 19th – 20th May. The Open Gardens season then begins at The Whittern in Lyonshall on Thursday 25th May.



For more details, visit

<https://www.st-michaels-hospice.org.uk/events/>



All photos taken by Joe Nobile.



Castle Frome May 2023 News, Views & Muse



Communion Service

Sunday 14th May
11.30am



Family Service

Sunday 28th May
10.00am

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.



Hilary's Nature Diary

Wild Isles

I'm sure many of you have been watching the latest David Attenborough masterpiece - Wild Isles. In the series, this incredibly gifted naturalist and presenter shares with the viewer the wonders of the wildlife that inhabits these shores, but also highlights the multiple threats it faces. Our wildlife has much to thank this awesome communicator.

If you would like to know more about how you can be involved locally in the 'Save our wild Isles' project, visit www.saveourwildisles.org.uk

This morning, the churchyard was alive with the harmonious humming of insects seeking food, buzzards mewed overhead and a hare passed by in some haste. Where we live, we are fortunate to enjoy such sights, and we should all try

to play a part in helping to conserve and enhance the biodiversity of this parish and beyond for future generations.

Hilary



The King's Coronation

The King's Coronation takes place on Saturday 6th May. The service will be held in the morning at Westminster Abbey, it will be shown on the BBC & is expected to be watched by more than 30 million people in Britain & hundreds of millions around the world. After the ceremony the King and Queen Consort will return to Buckingham Palace in a larger ceremonial procession with other members of the royal family. The celebrations on Saturday will end when the King and his family appear on the palace balcony to wave to the public.

Taking place in the grounds of Windsor Castle, the Coronation Concert (Sunday 7 May) will bring together music icons, contemporary stars, a world-class orchestra and art performances. The concert will be broadcast live on BBC One, BBC iPlayer, and BBC Radio 2

An additional Bank Holiday has been granted on Monday 8th May to continue the celebrations of the King's Coronation.



Like our Facebook Page

St Michaels Church, Castle Frome

King Charles Coronation
Sunday 7th May 2023
AFTERNOON CREAM TEAS
From 2.30 - 4.30

To celebrate this national occasion
Come along and enjoy some delicious homemade Cakes, Scones with Strawberry Jam & Cream, plus unlimited Tea and Coffee

Looking forward to a lovely spring afternoon to sit outside and enjoy the beautiful surroundings and panoramic views here at St James, also home to a great treasure ST AGUSTINE Chair.

If the weather is inclement it will be held indoors.
A draw will take place.



St James Church Stanford•Bishop
2023 Festival & Celebration Services & Events

Sunday May 7th celebrating the King Charles Coronation. Come along and enjoy Afternoon Cream Teas and delicious home made cakes here at St James 2.30 to 4.30pm

Sunday May 14th Rogation Service at 3pm followed by refreshments

Sunday July 23rd St James Day 8.30am Holy Communion Service

Friday 7th October Harvest Festival Service at 7pm followed by Harvest Supper

Sunday 12th November Armistice•Day Service at 11.45am

Sunday 24th December Christmas Eve Carols by Candlelight at 6pm followed by Sherry and mince pies

Illustrated talk about the Shroud of Turin at Bishops Frome Church

7.30 pm 9th June 2023

The Shroud of Turin shows the image of a man's face, which many people believe to be Jesus Christ

The talk is presented by Hugh Farey who has researched the science, history and mystery of the shroud which is kept in the royal chapel at the Cathedral of Turin,

Light refreshments will be served.
Admission is free – donations are discretionary



May Day Big Breakfast

1st May at Bishops Frome Village Centre

You are invited to a community event to follow the ancient tradition of marking the beginning of Summer and to welcome Fromes Hill Church into our new church parish of Bishops Frome with Fromes Hill.

The Big Breakfast is open to everyone and will be a traditional full English breakfast with a vegetarian and gluten free option. There will also be tea, coffee and orange juice.

You can choose an early morning stroll from Fromes Hill Church to the Village Centre starting at 07.30 or just come along and enjoy the breakfast. If anyone will find it difficult to get to The Village Centre transport can be provided.

Breakfast will be served between 08.30 and 10.00 am. Tickets are £5 and are on sale at the Community Shop in Bishops Frome and also by contacting Tony Davis on 01885 490394 or email bishfromecentre@aol.com.

The Knitted Bible Exhibition

Over 35 scenes made up of *hundreds of knitted figures* created by members of St George's United Reformed Church in Hartlepool are being displayed in Bodenham Church in Herefordshire.

This fascinating exhibition displays popular bible stories in incredible detail suitable for all ages.

When: 25th May - 7th June 2023

Time: 10am - 4pm Mon-Sat
Sunday 12noon - 4pm

Where: Bodenham Church, Church Walk,
Bodenham Hereford HR1 3JU

Cost: FREE

Contact: Duncan
Rogers **email:** maundchurchesknb@gmail.com

More Information <https://www.bodenhamchurch.com/general-3>

THE KNITTED BIBLE EXHIBITION
25th May - 7th June 2023
at Bodenham Church
Open every day
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Sunday: 12noon - 4pm
Free entry
DISCOVER...
Hundreds of knitted models portraying 35 of the best-known Bible stories
ENJOY...
★ Fun for all ages
★ Craft stalls & refreshments
★ Saturday Breakfast baps

Bishops Frome Village Centre
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Coronation

Lunch

Sunday 7 May

12 noon to 2pm

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COUNTRYSIDE WALK

&

ROGATION SERVICE

St James' Stanford Bishop

On SUNDAY 14TH MAY at 2pm

You are warmly invited to join us at St James for a walk through our stunning countryside.

DEPARTURE TIME 2PM PROMPT

Arriving back at the church at approx 3pm for
ROGATION SERVICE

Followed by Cheese & Biscuits, Homemade Cake

Tea & Coffee

Everyone is very welcome, including non walkers who can join us for the service at the church at
3pm



Ocle Pychard Church Events



Coronation Fete 8th May

We will have a stall or 2
at the Burley Gate Primary School,
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WR6 5AW.
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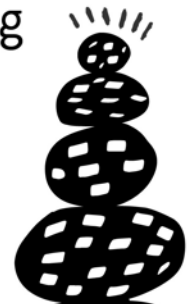
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for information

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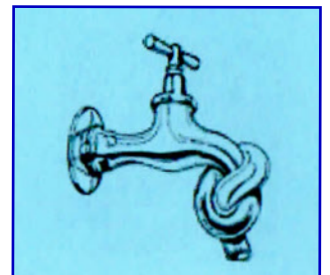
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Village Centre

OPEN



7.30am to 5pm Weekdays

7.30 am to Noon on Saturdays

7.30 am to Noon on Sundays



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& More**

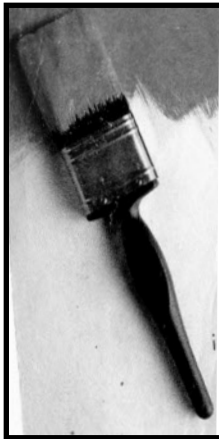
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ADULT DANCE and FITNESS CLASSES

MONDAYS

- 10am Zumba Gold
- 10.40am Adult Ballet
- 11.45am FitSteps
- 1.30pm Tap Dance
- 2.30pm Adult Ballet

TUESDAYS

- 9.20am Pilates
- 10.30am Tap Dance
- 11.30am FitSteps
- 1.50pm Silver Swans Ballet for over 55's
- 3pm Belly Dance

WEDNESDAYS

- 9.30am Modern Jazz/Lyrical Dance
- 10.35am Adult Ballet
- 11.45am FitSteps
- 12.50pm Flamenco
- 2pm Adult Ballet
- 3pm Pilates

THURSDAYS

- 10am FitSteps
- 11.15am Silver Swans Ballet for over 55's 2pm
New Silver Swans Ballet for over 55's
- 8pm New Zumba class TBC

FRIDAYS

- 9.30am Dance Mix Gold
- 10.30am Silver Swans Ballet for over 55's
- 11.45am FitSteps
- 2.45pm New Zumba class TBC

SATURDAYS

- 8.45am New Zumba class TBC

SUNDAYS 8.45am

- Pilates
- 10am FitSteps

Classes held in Great Malvern.

Pre- book as social distancing still in operation.

Children's classes also available.

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THE FROME VALLEY GROUP					
MAY 2023					
	7th	14th	21st	28th	4th June
Acton Beauchamp	11.30am Holy Communion SB				11.30am Holy Communion SB
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00am High Mass SB	10.00am Holy Communion SB	10.00am High Mass SB
Castle Frome		11.30am Holy Communion SB		10.00am Family Service Lay Led	
Evesbatch					
Fromes Hill					
Much Cowarne		10.00am Matins Lay Led		10.00am Holy Communion ?RA	
Ocle Pychard					
Stanford Bishop		3.00pm Rogation Service SB			
	Easter 5 White Psalm 31.1- 5,15- 16* Acts 7.55-60 John 14.1-14	Easter 6 White Acts 17.22-31 Psalm 66.7-18 1 Peter 3.13-22 John 14.15-21	Easter 7 White Acts 1.6-14 Psalm 68.1- 10,32-35* John 17.1-11	Pentecost Red Psalm 104.26- 36,37b* Acts 2.1-21 John 20.19-23	Trinity Sunday Gold/ White Psalm 8 2 Corinthians 13.11-13 Matthew 28.16-20

03.03.23

**LAST COPY DAY for the June 23 issue of
THE FROME VALLEY NEWS is: Monday 1st May 2023**

FROM THE REGISTERS

Funerals

The Burial of Ashes of Ingeborg Maria Harris took place on 22nd March 2023 at St James the Great, Ocle Pychard.

May She Rest in Peace.

ST MARY THE VIRGIN, BISHOPS FROME

DATE	READER	PRAYERS
May 7 th	Sarah	Moyra
May 14 th	Tony W	TBA
May 21 st	Moyra	Liz
May 28 th	Angela	Maureen
June 4 th	Sarah	Moyra

I just want to say a huge thank you to all the 'Flower Ladies' who made the church look so splendid for the Easter Sunday Service. It's always lovely to see the church come alive again after Lent.

Romey Cassidy



BISHOPS FROME VILLAGE CENTRE



bishopsfromecentre.co.uk

for much more information & hiring charges

To arrange to have a look, or to book,
contact Wendy Roberts on 01885 490327
or email bishfromecentre@aol.com

WHAT'S ON WEEKLY in May

Please contact group leaders
before attending exercise classes

Monday

- Pilates with Sally, 9.30, 07909 754 039
- Internet Café, 10am to 12, 01531 640 981
- Board Games, 2-4pm, 15 April this time
Susanna 01885 490 440
- Tae Kwon Do, White Phoenix
6.30pm, 07814 778 112

Tuesday

- Pilates with Sally, 9.30, 07909 754 039
- Fit for Life, 3-4pm, Angie Box,
07530 420 554 Stretching and mobility
- Zumba with Bev, 7pm, 07900 640 467
Exercise at your own pace

Wednesday

- Needlecraft, 2-4pm, Judy 01531 640 358
- Kazuko Kick Boxing, 7pm, 07495 427 993

Thursday

Coffee morning, 10 to 12
First & third
Thursdays
Contact Tony
07764 578 410



- Ward Surgery, 10.30 to 12
Third Thursdays,
Cllr Ellie Chowns, 07950 714 947

Friday

- Pilates with Sally, 9.30, 07909 754 039
- Shanty Singing, first Fridays 5 May
Richard, 01531 640 768
- Tae Kwon Do, White Phoenix
6.30pm, 07814 778 112



May Day Big Breakfast

Traditional full English breakfast with a
vegetarian and gluten free option.

Tea, coffee and orange juice.

Stroll from **Fromes Hill Church** to the
Village Centre starting at 07.30 or just come
along and enjoy the breakfast.

ALL WELCOME Monday 1 May

Transport can be arranged.

Breakfast will be served 08.30 to 10.00 am.

Tickets £5 from the

Bishops Frome Community Shop, or

Tony Davis 01885 490394, or

email: bishfromecentre@aol.com.

Bishops Frome Village Centre
invites you to join a
**Coronation
Lunch**
Sunday 7 May
12 noon to 2pm

BRING A PLATE OF FOOD TO SHARE
BAR for wine, beer & soft drinks
RAFFLE (prizes welcome)
BOUNCY CASTLE

RSVP to Susanna 07742 715769,
bishfromecentre@aol.com, or note to Community Shop
stating family name, number of people and
contact number



Mon 13.45 to 16.45
Tues 13.00 to 14.30
Wed 9.00 to 12.00
Thurs 9.00 to 12.00

VICAR

Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

ASSOCIATE PRIEST

Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

PARISH OFFICE

The Rosary, Bishops Frome, Worcester, WR6 5AP

tel and fax tel - 01885 490229

e-mail: fromevalley@icloud.com

PARISH SECRETARY

Eleanor Morris tel - 01885 490229

(Wednesdays & Fridays 9.30 to 11.45)

CHURCH WARDENS

ACTON BEAUCHAMP

Sally Wall 01886 884727

Jane Allan 01531 640227

BISHOPS FROME

John Ewens 07801 122778□.

Tony Davis 01885 490394

CASTLE FROME

Charles Pudge 01531640309

EVESBATCH

Richard Kuehn 01886 880259

Diana Harrison 01531 805058

FROMES HILL

TBC

MUCH COWARNE

Jean Parkes 01432 820402

Martin Hewitt 01432 820282

OCLE PYCHARD

John Ridler 01432 820328

STANFORD BISHOP

Rachael Hawkins 01886 884250

Jetta Hawkins 07973 239778

FROME VALLEY GROUP OF CHURCHES

Safeguarding Officer: Eleanor Morris - 01885 490229

Diocesan Safeguarding Adviser:

Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org

Editor & Advertising:

Sarah Sevastopulo e-mail: fromenews@gmail.com

PARISH OFFICE OPEN - Wednesdays & Fridays 9.30 to 11.45

LAST COPY DAY for the June 23 issue of

THE FROME VALLEY NEWS is: Monday 1st May 2023

And the collection date will be : TBC