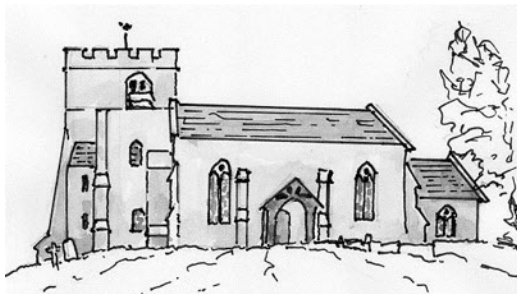


Frome Valley News

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome,
Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



*July / August 2022
Summer Special*



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Editorial:

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail:

f r o m e v a l l e y @ i c l o u d . c o m

www.fromevalleychurches.org.uk

Sarah (oldholbans@hotmail.com)

**OR contact the Parish Office
for more information.**

**THANK YOU - TO ALL YOU WONDERFUL
ADVERTISERS - THE NEXT YEAR IS NOW
ALL UP TO DATE - Sarah**

Advert Rates per issue:

**£3.00 eighth page, £6.00 quarter page,
£10.00 half page, £20.00 whole page**



**FROME VALLEY NEWS
COLLECTION DAY**

**Could volunteers from all churches kindly
collect their new batch o f issues
from the Parish Office TBC by email.**

Vicar's Letter,

It's good to be back in our beautiful part of the world. Having walked through Spain from South to North and seen the state of rural Spain I can really appreciate just how vibrant rural life is in this country compared to other places.

During what seemed like endless days of walking on my pilgrimage, I passed through hundreds of miles of countryside that was clearly facing depopulation as all the younger people moved to more urban areas. Villages were becoming abandoned with few remaining facilities and only a handful of elderly people still living and farming there.

Despite the impressive investment in infrastructure of a modern road system, 4G mobile phone connectivity and new railway lines, few people seemed to want to live in central Spain. I'm sure Covid had also had a huge effect on things, certainly all the information I had was pre-Covid and hostels as well as cafes and shops were often closed down. I was later told by someone in Barcelona that the area is now known as empty Spain.

Consequently, for my friend and I there was often nowhere to get a hot drink or food and with temperatures in single figures, cold water and a breakfast bar were often all I had to sustain myself with for 6 or 7 hours of walking.

On one particularly cold morning on which the sun failed to even penetrate the mist and with an icy wind blowing from the north, I told my friend that if we didn't find a cafe in the next village, that that was it for me, I was finished. We were both walking in our shorts, it was freezing cold and we had expected to be in a hot country – we just weren't prepared for what we were experiencing.

We had already passed through 2 villages that morning where everything was closed. One of those villages had a cafe that had a bush growing out of it's front door and had obviously been closed for a while. But as we entered this final village a small group of school children were waiting for their bus all wearing thick winter coats, ear muffs or woolly hats, this at least gave us some hope that there were signs of life in this particular place.

Thankfully the cafe was open. We managed to get some hot drinks and toast and afterwards walked about 10 or 15 metres along the street where we found another cafe and had a second breakfast. For me it was a sign that God would provide, maybe not everything that I wanted, but certainly everything I needed.

The walk was a reminder for me that for many of us life can be hard and painful, but as Christians no matter how hard things become, we always have hope. In this season of Sundays after Trinity our hope is in the promises of God the Father who loves us and provides for all our needs, God the Son who came to redeem us, and God the Holy Spirit who dwells within us and walks alongside us on our pilgrimage of life.

Blessings
Steven

July 24th The Frome Valley Group of Parishes will be hosting the second St James Camino Walk to celebrate the Feast of St James, starting from St James, Cradley, following the shell signs to St James, Stanford Bishop Church, onto Bishops Frome Church followed by Much Cowarne Church and St James, Ocle Pychard. You can join the walk wherever you like and walk as much as you wish. Further information from the Camino website and Reverend Steven Baggs. Happy Walking!





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Careline - Help at the push of a button

Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away! Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. **In times of need, help is just the push of a button away!**

For information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

HELP IS STILL AT HAND

There is a Bromyard Support Group number -
07824 660480

is there to help anyone who is isolating or just feel like some support during these exceptional times.

Childline: 0800 1111

Samaritans 116 123

Domestic Violence Hotline: 0808 2000 247

Mind 0300 123 3393

Age UK 0800 169 6565

Frome Valley Pastoral Group

The Pastoral Group are all very actively engaged in emailing and telephoning people through out this difficult time. If you have any concerns or would just like to speak to someone please call one of the group;

Rev'd Steven Baggs

01880490582 stevenbaggs@me.com

Rev'd Richard Allaway

07969 699270 rja5204572fco@gmail.com

Mrs Judy Orgee 01531 640525

Tony & Liz Davis 01885 490394

During the COVID-19 pandemic Bromyard Community Transport are remaining open.

Transport for Covid Vaccinations

Cathy Marsh (Manager) Bromyard

Community Transport Tel: 01885 488452

This advertising space could be yours!

Contact Sarah Sevastopulo
email: oldholbans@hotmail.com

Rates per issue:
£3.00 eighth page,
£6.00 quarter page,
£10.00 half page,
£20.00 whole page

Conquest Theatre

Live on Stage

Here to There Productions

ART

A comedy written by Yasimina Reza July 20-23 7.30pm

Killer Rhapsody: A Night of Queen

Back by popular demand this brilliant Queen tribute band July 28th 7pm

Cinema Events

Aug 4 NT Live Prima Facie featuring Jodie Comer 7pm
Aug 6 LIVE from Wembly West Life - The Wild Dream Tour 8.30 pm
Aug 27 Andre Rieu 2022 Maastricht Concert: Happy Days are Here Again 7pm

Films

July 1st The Bookshop (PG) 7.30pm
July 15 A Beautiful Day in the Neighbourhood (PG) 7.30pm
Aug 12 Phantom of the Open (PG) 7.30pm

For full programme details visit <http://www.conquest-theatre.co.uk> or why not call in on a Saturday morning for a chat and a coffee. 10.30-12.30 or call 01885 488575

Coffee shop open Saturdays 10.30 - 12.30, costume hire by appointment

For full details go to www.conquest-theatre.co.uk or call 01885 488575



**A Late Summer Lunch in the Old Barn
at Frome Manor by kind invitation
from Andrew and Hilary Younger.**



11th September in aid of St Andrew s Church, Evesbatch.

**We are going ticket free this year, could you please
contact Diana Harrison to reserve your place
on 01531 805058/ dihharrison@icloud.com.**



**We will be having a raffle
and there will be a bar.**



It's often said that a week in politics is a long time. It turns out that, whilst that may be the case, a year in the church is not. As I enter into my final weeks of parish life with you, I find myself looking back over my time here and thinking 'where did it all go?!' So many things have happened in the past year, but at the same time it seems like only yesterday that I arrived - I can still distinctly remember my induction service on a drizzly evening in Bishops Frome, my sense of excitement of the year to come. Also, notably, a huge concern that I would never be able to remember all of these people's names (I have tried my best!)



When I ventured west from Northamptonshire, I wasn't quite sure what to expect. Certainly, I pictured small churches and much tea and cake. I hadn't quite imagined *such* small buildings and *so much* tea and cake, but I can assure you that it was a pleasant surprise to be proved wrong! In many ways the churches here are of another world - they are wonderfully rustic, an integral part of the community in a way that other buildings aren't. They harken back to that quintessential English village stereotype in the age of Kilvert's diary. Certainly, I feel that, as some of the rural parishes in the most rural diocese in the country, your churches and their communities are simply incomprehensible to many on the outside. I recently took some friends of mine who work in London on a tour of all the parishes. They were somewhat bemused when, presenting on church, I proudly said to them 'this one has a kitchen *and* a loo.' Such issues of practicality, of resources and facilities, are one of the many things that separate parishes such as yours from the church at large. But far from being a weakness, I think it speaks to a real sense of tradition and understanding of place - there is a sense in these buildings, much more so in any other diocese that I have lived or worked in, that these buildings are the very same as they would have been when they were built 700+ years ago.

I have also been bowled over by the hard work, the dedication, and the willpower of so many of you who take up the mantle in order to keep your churches going is admirable, and woefully under-recognised by the powers that be in the central church. I wish I could tell you that your hard work will result in an easier job in times to come. But I'm afraid that's simply not the case. As fewer and fewer vicars come through the ranks, their resources will be stretched ever-more thinly - it will be up to you, the faithful congregation, the help fill in the gaps so that things don't fall through. But I am confident that you will be able to. Because although I may have come here having heard this societal view that Herefordshire is living in the past, that it cannot adapt to the modern demands of ministry, I have seen from my year with you all that this is far from the case.

You are amongst some of the most real, grounded, and capable people I have met - because you *do* live in the real world. Many of you have had family links to your villages for generations, quite literally hundreds of years. Whenever Steven and I go on visits, we can be sure that it's only a matter of time before a connection to someone else we've seen that day or week is made. Everyone seems to be related, in business with, or at least friendly with everyone else - and that creates the type of community that you cannot buy or force into creation, the type of community which is sorely lacking in other parts of our country.

That tangible sense of community comes at a cost, though. Even in my short time here I have seen the effects of the deaths of central figures in communities, of people who have lived and worshiped in the same place for many years longer than I have been alive. I have seen how, despite the huge loss and sense of emptiness that accompanies their passings, that same communal spirit is able to draw people together once again, to heal the wounds left by their passing.

Just as it is hard to actually sum up ministry and what it is that gets done day by day, so it is hard to summarise my year with you all. The ebbs and flows of life and far more noticeable than I

thought they would be. Some weeks are quiet, almost too quiet - but you can be assured that the next will be non-stop with no chance of a day off. I thought vicars only worked on Sundays?!

Those ebbs and flows have been integral, though. Seeing nights draw in and darkness descend earlier and earlier in the run up to Advent and Christmas, only to see days lengthen as we turn our gaze towards the Easter to come. Walking through fields of crops having seen their harvesting and the accompanying festivities when I first arrived. I have come away with a real sense of the way of life in these rural environments, the sorts of patterns and characters not only of the land, but also of the people who live on it and work it. That very real interdependence breeds, I think, the sort of relationship to place, parish, and community that is very hard to find elsewhere. You care for your parish because your parish cares for you.

I came here thinking *The Vicar of Dibley* was a comedy, and I have left in the happy knowledge that it is far more of a documentary. You have been loving, kind, accommodating, and affable towards me from the moment I set foot here. I have learnt so much in my time with you all, and have hopefully left you with something - hopefully something from a sermon or the like, rather than just the need to re-stock on teabags following a visit! I am happy in the knowledge that, whatever God and the Church have planned for me in the months and years ahead, by life has been hugely enriched by the pleasure of having lived and worked alongside you for these past 12 months.

Thank you all. Ewan

Ocle Pychard Ramblings

Dear Friends,

As the Jubilee festivities have come to an end and the last glass has been raised in a toast to Our Queen, I feel that I must write to you all on an issue closer to home. So, no ramblings this month, just a plea for help with the lovely church of St. James the Great at Ocle Pychard.

As the years have gone by, many of the volunteers who have kept the churchyard looking smart and well-tended, have either moved away, become too unwell, unable to help, or have passed away. Consequently there is no one to help with the maintenance of the grounds. At present a large area of the churchyard is unattended and waist high in grass. Of course we are most thankful to those local residents who regularly tend the graves and memorials to their passed loved ones and to those residents who give of their time, most generously, to mow the grass occasionally. However what is needed is a band of volunteers to sort out the churchyard and set up a rota to mow the grass each week during the spring and summer months. If there were enough people willing to volunteer they would probably only need to mow once or twice in the season.

Everyone wants the church to be there for weddings, baptisms, funerals and other special occasions. Everyone wants the church to look its best, but this is not going to happen like magic as it requires community involvement, without which it will fall into complete disrepair.

SO COME ON RESIDENTS OF OCLE PYCHARD PARISH. LEND A HAND AND LETS GET OUR LOVELY MEDIEVAL CHURCH AND GROUNDS LOOKING LOVED AND WELL CARED FOR.

Please contact John Ridler on 01432 820328
NO-ONE WANTS TO SEE OUR CHURCH LOOKING UNLOVED
Thank you for taking the time to read this article.

St JAMES CHURCH STANFORD BISHOP

What a wonderful day we had on June 2nd for the Afternoon Teas, blessed with some glorious weather, how lovely it was to see so many from the community enjoying the delights of some delicious home-made cakes and admiring a beautifully decorated church.

A big thank you to all involved in making this a success and especially to all that came to support the event it was so much appreciated. A special mention to Mrs Irene Adams who has been an active member of our church for many years and so kindly did the honours of cutting the Jubilee cake.

PET SERVICE

This will take place on

Sunday 26th June at 11.30

Followed by coffee and biscuits after the service

All pets are welcome large or small we look forward to seeing you

HARVEST CELEBRATION

The Harvest Festival Service

Will take place on

Friday Oct 7th at 6pm

Followed by Supper

Everyone very welcome

More details to follow in September

ACTON BEAUCHAMP PCC

SATURDAY 2nd JULY

ACTON BEAUCHAMP FUN DOG SHOW AND SUMMER FETE.

6.30pm at Sevington Manor by kind permission of Dr and Mrs Victoria Best.

A chance to show off with 'man's best friend.'

Hot Dogs, plants, cakes, ice cream, licensed bar, grand draw, tombola and much more.

Everyone very welcome.

A fund raising event for St. Giles' Church.

SATURDAY 20th AUGUST

TEA at TONY'S

3pm at 2 Foxhills, Bishops Frome, WR6 5AW, by kind permission of Mr. Tony Wallis.

Afternoon cream teas, in a lovely garden, with family, friends and neighbours.

There will also be a raffle.

ST MARY'S CHURCH, MUCH COWARNE

Jubilee Celebrations in Much Cowarne

There was a general feeling in the country that the celebration of the Queen's Platinum Jubilee was bringing people together after the isolation necessitated by the Covid epidemic and this feeling was certainly echoed in Much Cowarne. Our celebrations began with the "Hymns and Pimm's" service on June 2nd in St Mary's church; it was a beautiful evening and around 50 people arrived to



celebrate this 70th anniversary of the Queen's coronation. We met in the churchyard for an introductory glass of Pimm's and a few nibbles then took our glasses into church for a service which was taken by Rev. Richard Allaway and consisted of seven favourite hymns chosen by parishioners. These included "Praise My Soul the King of Heaven; Dear Lord and Father of Mankind; The King of Love My Shepherd is and Guide Me O Thou Great Redeemer. The hymns were interspersed with

readings taken from different periods of the Queen's reign including extracts from "The Diamond Queen" by Andrew Marr and from "A Monarch of True Majesty" by former prime minister John Major; "Jubilee Hymn" written by John Betjeman; and a delightful extract featuring the corgis, from Alan Bennett's "The Common Reader". Finally we sang the National Anthem and raised our glasses in the Loyal Toast before returning to the churchyard to reminisce and chat whilst enjoying the remaining refreshments.



On Saturday, replacing the annual Church Fete held in July at Tan House

Farm, most of the stalls and sideshows which usually feature at the Church Fete, together with the ever popular Cream Teas, formed a part of the Much Cowarne Jubilee "Feast and Fete" held at the Burley Gate School field. Additional stalls and attractions were organised by the school staff and PTA and the Village Hall Committee with everything brought together by the ad hoc Jubilee Committee, resulting in an excellent occasion which



was much enjoyed by all and also raised funds for the various bodies involved. The attractions arranged by St Mary's raised over £1,100 which was very welcome after the considerable reduction in funds raised during the period affected by the Covid epidemic. The

PCC would like to thank all those who turned up on Friday afternoon and Saturday morning to erect tents etc., manned the stalls and attractions and dismantled everything on Saturday evening. The weather made the work on Saturday morning particularly challenging for those working outside and we are really grateful for your time and effort. We should also like to thank Cliff Morris who brought his Fairground Organ to provide authentic and rousing background music for the afternoon. Everyone involved in the day should be proud of our Jubilee Feast and Fete and the fact that it showed what can be achieved when members of the community come together in a common cause.



Future Events

A Lead Rein Fun Ride for junior riders will be held on September 4th, See Page 9.

We are also hoping to host a Race Night in the Autumn.

Further details of all the above will be on posters and in the newsletters in the next few months.



Castle Frome July / Aug 2022 News, Views & Muse



Communion Service

Sunday 10th July
Sunday 14th August
11.30am



Family Service

Sunday 24th July
Sunday 28th August
10.00am

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.



Hilary's Nature Diary

Here be dragonflies....

I was thrilled to see a female broad-bodied chaser not far from the churchyard – hopefully heading to my pond to lay her eggs.

Dragonflies have an extraordinary life cycle, spending up to three years underwater as menacing monsters of the deep, devouring their neighbours and then transforming into magnificent but merciless aerial hunters - predators with the elegance and grace of a ballet dancer. I frequently see dragonflies hawking over the churchyard, the woodlands close by providing a refuge for maturing adults and shelter from intense sun and wind.

For lots of fascinating dragonfly information try www.british-dragonflies.org.uk/

Hilary



Platinum Jubilee Celebrations



A Huge thank you to Rob & Louise Manning for hosting the Platinum Jubilee Celebrations at the Hill Farm on Thursday 2nd June.

A Wonderful evening was had by all and it was very well attended. There was a Rounders Match, the competitors were The Young Farmers and the more energetic members of the crowd. This was followed by a barbeque and desserts. The Raffle was also a great success. The evening concluded with the lighting of the Jubilee Beacon. To add to the evening, other lit Beacons around the area were visible from the Hill Farm. What a wonderful evening.

Congratulations to Her Majesty, The Queen, for 70 Years of her unwavering Service.



Like our Facebook Page

St Michaels Church, Castle Frome

MUCH COWARNE

Lead Rein & Short Novice

FUN RIDE



Saturday September 3rd 2022

PANKS BRIDGE FARM, MUCH COWARNE, NR BROMYARD HR7 4JB

(OS 6280 4822) Halfway along C1133 back road Burley Gate to Bishops Frome

First Pony 10am last 1pm

Single Entry £10 Other Siblings or Walkers £5

A route of 3.5 miles of cider orchards, farmland and green lanes with scenic views, minimal roadwork – optional small jumps

Hats & Suitable footwear please.

Sorry No Dogs allowed

Hot & Cold Refreshments Available

Enquiries: Martin Hewitt 07580 575784 panksbridge@hotmail.co.uk,

or Nicky Hoskins 07966 405643 nicky.lam@hotmail.co.uk,

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It was wonderful to celebrate the Jubilee weekend with so many fantastic community events around the ward. Beacons, fetes, fun and games, concerts, picnics, village teas... what a wonderful tribute too to the extraordinary 70 years of service of the Queen – and to the impressive strength of community spirit locally!



I've been getting out and about on various visits recently, which has been great. Last week I visited Phil and Heather Gorringe at Lower Blakemere Farm, over on the other side of Hereford, to hear about how they have changed their approach to farming in the last 18 months or so, towards a much greater emphasis on regenerative farming, aiming to restore the soils on which all farming depends. Phil has been inspired by the example of Ben Taylor-Davies (aka Regen Ben) at Townsend Farm near Ross, whose farm I visited a few months ago. Ben is a fantastic advocate for regenerative farming – check out his RegenBen website for more info about regenerative agriculture. Richard Thomas of Risbury Court Farm is another great advocate for regenerative farming, who kindly took myself and other councillors on a tour of his farm a little while ago. It's great to see how these ideas about improved farming are spreading. Soil is such a crucial resource; we need to look after it and not let it wash away into our rivers.

I also visited Yarpole Community Shop last week, together with representatives from the Plunkett Foundation which supports community-owned businesses across the UK. Apparently Herefordshire – indeed the whole of the West Midlands – is a bit of a 'cold spot' for community-owned businesses (although of course we do have the wonderful resource of the Bishops Frome Community Shop in our ward!) Yarpole shop and café are a particularly inspiring example of what is possible, and there are two community-owned pubs in the area too! I'm working with the head of economic development at the council to consider what we can do to encourage more community-owned businesses in Herefordshire.

On Friday 17 June there's a wonderful event planned – the relaunch of the Herefordshire Trail! This is a fantastic scenic 154-mile walking trail that loops around the whole county, taking in all of our wonderful market towns on the way. For the 17 June event, it's been divided into 15 sections which will each be walked (or in one case run!) on the same day. The trail passes through our ward, and I am very much looking forward to joining in with walking the Fromes Hill to Ledbury section!

There's so much to celebrate in our ward and our county!

Of course I am always available if you'd like to contact me about any issues relating to the council. I'm running my usual monthly ward surgeries in June and July, then taking a break in August, and restarting in September. You can just drop in, no appointment needed:

- Bishops Frome Village Centre, 3rd Tuesday of each month, 1.00-2.30pm
- Cradley Village Hall, 3rd Thursday of each month, 1.00-2.30pm.

Alternatively you can phone me on 01531 670729 (landline) or 07950 714947 (mobile) or email me at ellie.chowns@herefordshire.gov.uk.

Wishing you a wonderful month!

All the best, Ellie

ACTON BEAUCHAMP ST GILES PCC

TEA AT TONY'S

SATURDAY 20TH AUGUST

3 pm

at

2 FOXHILLS

BISHOPS FROME

WR6 5AW

Courtesy of Tony Wallis

A CHANCE TO RELAX & CHAT

IN A BEAUTIFUL GARDEN

TRADITIONAL ENGLISH TEA

RAFFLE

£5 ENTRY

SEE YOU THERE!



PROCEEDS TO ST GILES
CHURCH



LUDLOW DOG DAY – 24 JULY 2022

After a gap of two years, Ludlow Rotary Club's seventh annual Dog Day is back - but this year, with support from Church Stretton Rotary Club, it's planned to be bigger and better than ever!

Held in the beautiful grounds of Stokesay Court, situated approximately 6 miles north of Ludlow and just off the A49, the seventh Ludlow Dog Day is to take place on 24 July.

The day is all about fun for the whole family, particularly our furry friends. Dogs can take part in over *20 competitions*, from the scruffiest mutt and the fastest sausage eater to the best in show. There are also *have-a-go* events such as dog agility, gun dog scurry and fun dog racing. And there are demonstrations galore throughout the day, including many past favourites along with new additions such as *Bob Hogg's Dog and Ducks* – a must see!

As well as the doggy events there are plenty of stalls to enjoy - whether selling dog and country related goods or pampering to human needs such as the food stalls, the popular tea tent and the Hobsons Bar.

As a result of the money this event has raised in the previous six years, we have been able to distribute over £120,000 to a range of charities and community organizations. This year's chosen charities are *Hope House Children's Hospices* (providing care and support to life-limited children, young people and their families from Shropshire, Cheshire, and North and Mid Wales), *St Michael's Hospice, Hereford* (providing care for patients affected by a terminal illness and their families) and *Ludlow Rotary Cares* (which provides small grants to help local charities and organisations make a real difference in the community).

So do join us on 24 July to celebrate our furry friends and enjoy a wonderful day in a glorious setting, while supporting such important charities.

For more information, see www.ludlowdogday.org.uk or visit our Facebook page.

Note for Editors

For further information contact: Barry Forrester

at email: forrester.ludlow@gmail.com

or phone: 01584 878872

ACTON BEAUCHAMP ST GILES

DOG SHOW AND FETE

SATURDAY 2ND JULY

6:30pm to 8:30pm

AT

SEVINGTON

ACTON BEAUCHAMP

Courtesy of Dr and Mrs David Best

ENTRY



£1 FOR A HUMAN

£2 FOR A DOG



FUN FOR ALL

RAFFLE & TOMBOLAS

COMPETITIONS & GAMES

HOT DOGS & ICE CREAM

LICENSED BAR

PLANTS & CAKES

SEE YOU THERE!

**PROCEEDS TO ST GILES
CHURCH**

LIAM FARMER PORTRAITS

Only Pencil Portraits

A4 / A3 Single Subject Head and
Shoulders (A4 £150) (A3 £200)

A4 / A3 Single Pet Portraits (A4 £170)
(A3 £220)

50 % of cost on order placement and 50%
on completion approval and delivery

**Please provide one or several photos of
the subject**

If a people and pets portrait needed as one
piece or a different subject please contact
for an estimate and timescale

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Mob 07806 763434

Web

Site www.facebook.com/liamlefrportraits

Postal: 191, Liverpool Road,
Worcester WR5 1QJ



The Straw Man before he was afloat

Coming soon to a patch near you ... PYO Posies ... and peas!

It's time to dust off your secateurs and come to PYO flowers at the
Country Pumpkins patch in Little Marcle, HR8 2LD (just follow the signs).

A lovely activity to pick your very own beautiful posies ...

why not send them to a loved one?

Open 11am-3pm Fri-Sun, Friday 5th August–Sun 4th September &

Bank Holiday Monday 29th August (no need to book). Groups & picknickers welcome!

Light refreshments available – Cream teas on Fridays + tasty light bites for the
weekend!


Tel: 01531 670730 (07802 791193) www.lowerhousefarm.com

Cards & Cash accepted



@countrypumkins20



 Country-Pumpkins



The Green Dragon of Bishops Frome



The Green Dragon has a new Chef and new Menu with new Opening Hours

We are open for lunch and evening meals all day

Thursday, Friday, Saturday and Sunday.

On top of this we will also be doing :

Wood Fired Pizza Wednesdays
from 6pm



For more details on all of this:

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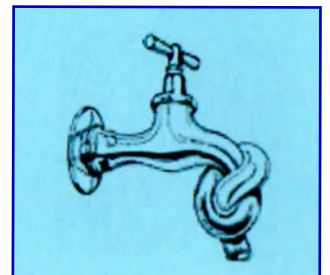
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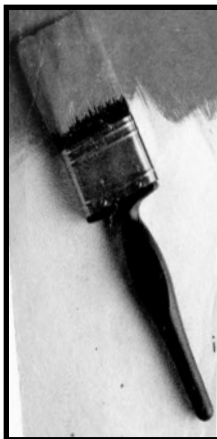
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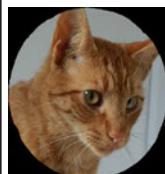
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- 2.30pm Adult Ballet

TUESDAYS

- 9.20am Pilates
- 10.30am Tap Dance
- 11.30am FitSteps
- 1.50pm Silver Swans Ballet for over 55's
- 3pm Belly Dance

WEDNESDAYS

- 9.30am Modern Jazz/Lyrical Dance
- 10.35am Adult Ballet
- 11.45am FitSteps
- 12.50pm Flamenco
- 2pm Adult Ballet
- 3pm Pilates

THURSDAYS

- 10am FitSteps
- 11.15am Silver Swans Ballet for over 55's
- 2pm New Silver Swans Ballet for over 55's
- 8pm New Zumba class TBC

FRIDAYS

- 9.30am Dance Mix Gold
- 10.30am Silver Swans Ballet for over 55's
- 11.45am FitSteps
- 2.45pm New Zumba class TBC

SATURDAYS

- 8.45am New Zumba class TBC

SUNDAYS

- 8.45am Pilates
- 10am FitSteps

Classes held in Great Malvern.

Pre- book as social distancing still in operation.

Children's classes also available.

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THE FROME VALLEY GROUP

JULY 2022

	3rd	10th	17th	24th	31st
Acton Beauchamp	11.30am Holy Communion SB				
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00am High Mass SB	10.00am Holy Communion SB	
Castle Frome		11.30am Holy Communion SB		10.00am Family Service Lay Led	
Evesbatch					10.00am Group Service SB
Fromes Hill	10.00am Matins Lay Led		11.30am Holy Communion SB		
Much Cowarne		10.00am Matins RA		10.00am Holy Communion RA	
Ocle Pychard	8.30am Holy Communion SB				
Stanford Bishop				8.30am Holy Communion SB	
	Trinity 3 Green Psalm 66.1-8 Galatians 6.7- 16 Luke 10.1- 11,16-20	Trinity 4 Green Psalm 25.1-10 Colossians 1.1- 14 Luke 10.25-37	Trinity 5 Green Psalm 15 Colossians 1.15-28 Luke 10.38-42	Trinity 6 Green Psalm 138 Colossians 2.6- 15 Luke 11.1-13	Trinity 7 Green Psalm 49.1-12 Colossians 3.1- 11 Luke 12.13-21

11.05.22

THE FROME VALLEY GROUP

AUGUST 2022

	7th	14th	21st	28th	4th Sept
Acton Beauchamp	11.30am Holy Communion SB				11.30am Holy Communion SB
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00am High Mass SB	10.00am Holy Communion TBC	10.00am High Mass SB
Castle Frome		11.30am Holy Communion SB		10.00am Family Service Lay Led	
Evesbatch					
Fromes Hill	10.00am Matins Lay Led				10.00am Matins Lay Led
Much Cowane		10.00am Matins Lay Led		10.00am Holy Communion SB	
Ocle Pychard	8.30am Holy Communion SB				8.30am Holy Communion SB
Stanford Bishop				8.30am Holy Communion SB	
	Trinity 8 Green Psalm 33.12- 22 Hebrews 11.1-3,8-16 Luke 12.32-40	Trinity 9 Green Psalm 82 Hebrews 11.29 - 12.2 Luke 12.49-56	Trinity 10 Green Psalm 103.1-8 Hebrews 12.18-29 Luke 13.10-17	Trinity 11 Green Psalm 103.1-8 Hebrews 12.18-29 Luke 13.10-17	Trinity 12 Green Psalm 1 Philemon 1-21 Luke 14.25-33

10.06.22

FROM THE REGISTERS

Baptisms

The Baptism of Lucia Roberts and Oscar Chambers took place on 29th May 2022 at St Mary the Virgin, Much Cowarne.

Weddings

The Wedding of William Unwin and Fiona Tait took place on 21st May 2022 at St Mary the Virgin, Bishop's Frome.

The Wedding of Steven Beames and Aimee Marshall took place on 11th June 2022 at St Mary the Virgin, Bishop's Frome.

Funerals

The Funeral of Margaret White who died on 2nd May 2022, aged 87, took place on 20th May 2022 at St James the Greater, Stanford Bishop.

The Funeral of Raymond Thorpe who died on 9th May 2022, aged 90, took place on 1st June 2022 at St Mary the Virgin, Much Cowarne.

The Funeral of Ruth Thorpe who died on 26th May 2022, aged 87, took place on 1st June 2022 at St Mary the Virgin, Much Cowarne.

May They Rest in Peace.

ST MARY THE VIRGIN, BISHOPS FROME

DATE	READER	PRAYERS
July 3 rd	Sarah	Moyra
July 10 th	Tony W	TBA
July 17 th	Lucy	Liz
July 24 th	Angela	Maureen
July 31st	Group Service at Evesbatch 10.00am	
Aug 7 th	Sarah	Moyra
Aug 14 th	Martin	TBA
Aug 21 st	Moyra	Liz
Aug 28 th	Liz	Maureen
Sept 4 th	Sarah	Moyra

St James the Great, Ocle Pychard

		Reader	Sidesman	Flowers/Cleaning
July				
1 st Sunday	8.30am Holy Communion	J Ridler	S Ridler	R Morgan
August				
1 st Sunday	8.30am Holy Communion		J Ridler	E Ecroyd
September				
1 st Sunday	8.30am Holy Communion	S Ridler		K Calvert



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Lots going on at the Village Hall:

WHAT'S ON WEEKLY

Monday

- Pilates with Sally, 9.30am, 07909 754 039
- Internet Café, 10am to 12, not 25 July to 5 Sept, 01531 640 981
- Board Games, 2pm to 4pm, 4th July, 1 Aug, Susanna 01885 490 440
- Tai Kwon Do with White Phoenix, 6.30pm, 07814 778 112

Tuesday

- Pilates with Sally, 9.30am 07909 754 039
- Ward Surgery, 1 to 2.30, third Tuesdays, Cllr Ellie Chowns, 07950 714 947
- Fit for Life, 3pm to 4pm, Angie Box, 07530 420554 – stretching and mobility
- Zumba with Bev, 7pm, 07900 640 467 – exercise at your own pace

Wednesday

- Needlecraft, 2pm to 4pm, not during August, Beryl 01531 640 359
- Kazoku Kick Boxing, 7pm, 07495 427 993

Thursday

- Coffee morning, 10 to 12, 7th July, 4th August, Tony 07764 578 410



Friday

- Pilates with Sally, 9.30am, 07909 754 039
- Shanty Singing, Richard, first Fridays 2pm to 4pm, back in October, 01531 640 768
- Tai Kwon Do with White Phoenix, 6.30pm, 07814 778 112

**Please contact group leaders
before attending exercise classes**



Mon	13.45 to 16.45
Tues	13.00 to 14.30
Wed	9.00 to 12.00
Thurs	9.00 to 12.00

**THURSDAY 29 SEPTEMBER
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e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

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Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

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Eleanor Morris tel - 01885 490229

(Wednesdays & Fridays 9.30 to 11.45)

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ACTON BEAUCHAMP

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Jane Allan 01531 640227

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Tony Davis 01885 490394

CASTLE FROME

Charles Pudge 01531640309

EVESBATCH

Richard Kuehn 01886 880259

Diana Harrison 01531 805058

FROMES HILL

Jill Southall 01531 640288

Joan Rose 01531640587

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Martin Hewitt 01432 820282

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Rosie Winn 01432 820763

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Jetta Hawkins 07973 239778

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Diocesan Safeguarding Adviser:

Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org

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LAST COPY DAY for the September 2022 issue of

THE FROME VALLEY NEWS is: Monday 15th August

And the collection date will be : TBC