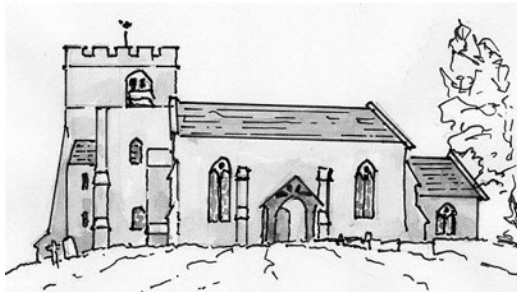


Frome Valley News

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome,
Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



March 2023



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Editorial:

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail:

fromevalley@icloud.com

www.fromevalleychurches.org.uk

Sarah (fromenews@gmail.com)

NEW EMAIL

**OR contact the Parish Office
for more information.**

Welcome to our 2 new advertisers

Advert Rates per issue:

**£3.00 eighth page, £6.00 quarter page,
£10.00 half page, £20.00 whole page**

Lots to see and do in March

Lent programme

Easter on it's way

Longer days

Spring Equinox

**FROME VALLEY NEWS
COLLECTION DAY**

**Could volunteers from all
churches kindly collect their new
batch of issues
from the Parish Office TBC
or by email
& on the website**

Associate Priest's Letter,

By the time you read this magazine we will be in the season of Lent. Traditionally this is a period of reflection (and in the past of fasting) leading up to Easter. I wonder if any of you will be fasting? I am pretty certain I will not be. On the other hand many of you might have chosen to abstain from something for Lent, this might be chocolate, alcohol, smoking, social media the list could be endless.



I recall one year when I was working in a highly pressurised post in London and I gave up coffee for Lent. You may not think that was a very big deal, neither did I, until it dawned on me how much coffee I consumed on a daily basis to get me through each working day. The result was nearly disastrous with a raging headache for days, not to mention irritability and mood swings. I would urge coffee drinkers among you to avoid this.

But what should you do over Lent and why? For me the reason I set something aside during Lent is to act as a trigger for thinking about this season and also to make me think about the sacrifice Jesus made. But let me be clear it does not necessarily mean giving something up.

In recent years during Lent I have set myself a Lenten discipline. These have ranged from going on a long daily walk, giving a small amount to different charities or more recently making an active effort to get in contact with friends and sometimes family who I have lost touch with each day of Lent. I am sure you can think of many more meaningful Lenten disciplines than I can.

However the important thing is that they should act as a touchstone and trigger for reflection. And reflection seems to be something that is very much missing in the world today. If people only took a few extra moments to consider the implications of what they say, do, buy, consume then perhaps a lot of unnecessary hurt and damage would not occur. Instead we seem programmed to act immediately, want things instantly and feel the need to reply on Whatsapp, Facebook or Instagram as quickly as we can. When the reality is we should pause, reflect and consider before we respond or act. This would be a very worthwhile Lenten discipline.

Above all let us not forget that Lent leads us towards the cross and to Easter, A sombre season but also one when life truly begins again. Both in our redemption by Christ but also in the way the season itself responds with that flush of spring growth we have waited all winter (and Lent) for. Let us use this season wisely, start afresh and above all thank God for the every blessing (no matter how small) that we have been given.

If you can do join us at one of our churches over Easter where I know you will be made very welcome.

God bless you all and Happy Easter
Richard



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Careline - Help at the push of a button

Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away! Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. **In times of need, help is just the push of a button away!**

For information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

HELP IS STILL AT HAND

There is a Bromyard Support Group number -
07824 660480

is there to help anyone who is isolating or just feel like some support during these exceptional times.

Childline: 0800 1111

Samaritans 116 123

Domestic Violence Hotline: 0808 2000 247

Mind 0300 123 3393

Age UK 0800 169 6565

Frome Valley Pastoral Group

The Pastoral Group are all very actively engaged in emailing and telephoning people through out this difficult time. If you have any concerns or would just like to speak to someone please call one of the group;

Rev'd Steven Baggs

01880490582 stevenbaggs@me.com

Rev'd Richard Allaway

07969 699270 rja5204572fco@gmail.com

Mrs Judy Orgee 01531 640525

Tony & Liz Davis 01885 490394

During the COVID-19 pandemic Bromyard Community Transport are remaining open.

Transport for Covid Vaccinations

Cathy Marsh (Manager) Bromyard

Community Transport Tel: 01885 488452

This advertising space could be yours!

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£10.00 half page,
£20.00 whole page

Conquest Theatre

- March 4** Live on Stage **Woodland Tales with Grandad** (suitable 3 years and over) 3pm (Supported by Arts Alive)
- March 8** Exhibition on Screen **Mary Cassett** - Painting the Modern Woman 7.30pm
- March 10** Folk in the Foyer (back at the Conquest) **Cohen Braithwaite Kilcoyne + Wychbury Band** 8pm
- March 22** ROH **Turandot** 7.15pm
- March 31** Live on Stage **Phoney Towers** based on the TV classic 7.30pm

Borderlines Film Festival

- | | | |
|----------|-----------------------|------|
| March 3 | The Lost King (12A) | 7.30 |
| March 5 | Emily (15) | 7.30 |
| March 9 | Aftersun (12A) | 7.30 |
| March 12 | Return to Dust (PG) | 2.30 |
| March 14 | Moonage Daydream (15) | 7.30 |
| March 17 | The Menu (15) | 7.30 |

For full details visit www.conquest-theatre.co.uk or call the box office 01885 488575
Box office open Wednesday and Saturday 10.30-12.30. Costume hire by appointment

Why not join us for coffee and a chat on Saturday morning, everyone welcome



Pilgrim Lent Course

Taking place at the Bishops Frome Village Centre on
Tuesdays 28th February, 7th, 14th, 21st, 28th March
3 - 4.30pm.

We will be looking at the Pilgrim's course on The Creeds and discussing what we mean when we say the words. If you are interested please contact Joan Rose.

ST. MARY'S CHURCH MUCH COWARNE

Prayer Tree

The branch of twisted willow which has been our Prayer Tree for the last few years began to show its age and will eventually be replaced by a new permanent tree to be made by a member of the parish. Until that time a new tree is in place on the small table in the nave (see photo) with a supply of pens and labels, on which those who wish prayers to be said for someone, can write brief details of their request; these will then be included in our prayers at the next service.

Please do make use of the tree, it can be a means of articulating and reinforcing your wish to help someone you know and there is no need to give your name or the full name of the person for whom you are asking prayers to be said.



Social and fundraising events

Our first **Coffee Morning and Bring & Buy Sale** of 2023 to be held on Saturday February 25 will have taken place by the time this edition of the Frome Valley News is printed but we hope that it will have been an occasion for parishioners and friends to meet, chat, enjoy a drink and homemade cakes and the chance to bring and/or buy from a selection of goods. In this case all proceeds will go to the Bromyard Food Bank and we hope to hold these coffee mornings every few months to give parishioners and friends the opportunity to meet socially and to support other local charities in a similar way.

On Friday March 3rd we are holding another **Race Night (see advertisement elsewhere in this Frome Valley News - See Page 5 opposite)** at The Plough Inn, Stoke Lacy. These are always enjoyable, light hearted events where participants have the opportunity to own or back a horse and to share in the proceeds if it wins. There will be light refreshments and all proceeds will go towards the maintenance of St Mary's Church.

Coronation Weekend – Once again Much Cowarne Church will be combining with other local Churches, Burley Gate School and Burley Gate Village Hall on Monday May 8th to put on a **“Fete at the Gate”** to celebrate this national occasion. The usual stalls and games from the Church Fete will be there together with many other attractions and full details will be available soon.

Other Events –
including another **“Pimm’s and Hymns” evening,**

A Harvest Meal and Fun Ride are also planned.

When available details will be in the Frome Valley News and Community News.

RACE NIGHT

Friday 3 March 2023

**at The Plough Inn,
Stoke Lacy**



**Racing starts at 7.30pm
Admission £5 including light
refreshments**

**You may wish to come just to enjoy the fun and perhaps
have a bet or two (min. stake £1) but – you could also
own a horse or sponsor a race**

**For £10 you can own and name a horse, it will be on the
race card and if it wins – you win £30 or
you can sponsor a race (£30) and choose its name.**

**To book places, to own and name a horse, to sponsor a race,
or for further details please contact:**

Barry Bufton 01432 820024, email bb@barrybufton.co.uk

Ted Parkes 01432 820402, 07854 024662, email tedparkes@btopenworld.com





Communion Service

Sunday 12th March

11.30am



Family Service

26th March
10.00am

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.



Castle Frome March 23 News, Views & Muse



Hilary's Wildlife Diary



Nature bathing

I have been out of the country for several weeks. On my return, I was thrilled to see the sweep of snowdrops lighting up my drab garden. It was such an uplifting sight. Every year they appear, seemingly from nowhere, cheerfully telling us that spring is on its way. There is a growing body of research telling us that immersing ourselves in nature boosts our wellbeing: it is good for our mental and physical health. To those of us lucky enough to live side by side with nature, this probably comes as no surprise. Perhaps there are people you know who may be feeling low and would benefit from a winter walk around our parish or just a stroll in the churchyard – why not ask them?



Hilary

Fun Facts about March

The favourite family game Monopoly was patented on March 7th 1933. In calling it a family favourite, we, of course, exclude the many, many families unable to play the game civilly. The game has been re-released in several different versions over the years, with [Star Wars](#) and Harry Potter-branded boards, to name only a couple. Recently a HEREFORD edition was produced which depicts several well known places in Hereford.

The world's first telephone was patented on the 7th of March, 1876, by Alexander Graham Bell. He made the first phone call only three days later to his assistant, uttering the first phrase ever transmitted via telephone: "Mr. Watson, come here. I want to see you." Bell's invention went on to change the world and the way we communicate forever. What a legend. Little did he realise that the telephone would become mobile and be carried around in most people's pockets on a daily basis.

Moving away from the telephone, the first radio facsimile (fax transmission) was sent on March 4th 1955 and was sent across the continent. This form of communication is rarely seen now having been superseded by the internet and the email



Like our Facebook Page
St Michaels Church, Castle Frome

FAITH

In faith we must follow those Words of God,
The ones, that as children, we were taught.

To love one another as the good book says,
And help those folks who have gone astray.

To recognise distress when we look around,
And to share God's love, which can always be found.

To share our bread with those in need,
Brothers and sisters - we must take heed.

To those widows and orphans, who around us stay,
Stir us to action, dear Lord we pray.

Help us give freely to make all secure,
To tend to the hungry, the lonely, and poor.

Our faith compels each to carry this on,
To love and give daily - from early morn.

So step boldly forward and follow those Words,
Words of direction, to fulfil His good works.

Moyra Taylor.

St James Church Stanford Bishop

The soup and snowdrops event held on 4th February was so well supported and a huge thank you to all those that attended to admire the beautiful snowdrops in our churchyard.

There is still an opportunity to come and visit over the next few days whilst the snowdrops are at their best.

Also, many thanks to those who contributed the lovely soup and draw prizes all much appreciated by the PCC

**Bishops Frome and Fromes Hill Parish Council, Fromes Hill Village Hall Trust
and The Parochial Church Council**

**Give notice that the Field situated in Fromes Hill behind and around the church is
available for grazing between April 1st 2023 and October 31st 2023**

**Guidelines for awarding of grazing licence for field owned by Bishops Frome and
Fromes Hill Parish Council, Fromes Hill Village Hall Trust and The Parochial Church
Council as agreed by the representatives of the three parties**

**All interested parties must bid by filling in the grazing licence and handing it in
or having it delivered to Cllr R Partridge at the Garage, Bishops Frome by Mon-
day March 6th.**

- 1. If there are more than one bidder, a meeting of the representatives of the
three parties, should be held to decide on the award. This may be held by tele-
phone if a real time meeting is not practical**
- 2. If there are more than one bid, the highest bidder will be awarded the li-
cence unless they have previously held the field and not complied with the rules
therein.**
- 3. The Parish Council will inform the winning bidder immediately and arrange
for the signing of the licence. Immediately the licence is awarded, the winning
bidder must pay the licence fee to the Trustees of the Fromes Hill Village Hall
Trust, who are managing the processing of the payment.**
- 4. The underbidders will be informed why they have not been awarded the
licence within seven days of the decision being made.**

Grazing Licence forms and details are available from Robert Partridge (The Garage)

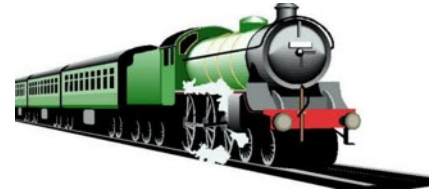
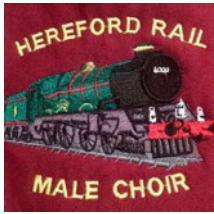
BURLEY GATE CAROL SINGERS

We had a wonderful gathering in the Panniers barn so many thanks to Mark and Ali for all their hard work, helping to bring lots of people together for a very jolly carol sing and an excellent collection for a very good cause.

Our thanks to everyone's generosity,

Audrey, Julie and Janet





HEREFORD RAIL MALE VOICE CHOIR

We are a well established choir and are looking for more people to join us in our 25th year

We rehearse in the GWR Club opposite Sainsbury's petrol station in Hereford City on Wednesday evenings between 7.15pm and 9.00pm

If you enjoy singing and have thought about joining a choir or been involved with one in the past, please come along and see if the Hereford Rail Male Voice Choir might appeal to you.

You can contact us at admin@herefordrailchoir.org for more information or you may already know some of our members.

Website: www.herefordrailchoir.org

SING IN OUR CHOIR



ST. GILES' CHURCH

ACTON BEAUCHAMP PCC

DATES FOR THE DIARY 2023

2nd APRIL 11.30

ST. GILES' CHURCH, ACTON BEAUCHAMP.

PSALM SUNDAY FAMILY COMMUNION

19th APRIL 7pm

COPPICE HOUSE, ACTON BEAUCHAMP.

ACTON BEAUCHAMP PCC, ANNUAL PAROCHIAL CHURCH MEETING.

**EVERYONE WELCOME TO JOIN US AS WE LOOK FORWARD, AND CARE FOR
ST. GILES' CHURCH.**

20th MAY 11am – 1pm

MANOR BARN, SEVINGTON, ACTON BEAUCHAMP.

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1st JULY 6pm

SEVINGTON MANOR, ACTON BEAUCHAMP.

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19th AUGUST 3pm

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TEA AT TONY'S

EVERYONE WELCOME TO ALL OUR EVENTS.

Friday 10th February was Herefordshire Council's annual budget meeting. This year, all local authorities have been badly hit by inflation, which has driven up prices for councils in the same way it has for households. Whether it's the cost of providing care to someone in need, or construction costs for a new school, inflation has hit hard and means that we have to do more with less.



This means we have had to make savings. This really isn't easy after 13 years of austerity; there's certainly no 'fat on the bone' left to cut. So we are having to be very creative in transforming services to do things differently and better; and we are having to make difficult decisions in order to protect things that are really critical – such as early intervention support for families that are struggling.

This year, the government encouraged local authorities to raise council tax by up to 2.99%, plus an extra 2% precept for social care, in order to meet some of the gap caused by inflation. Herefordshire council (like very many other authorities, including our neighbours) has had to do this, so council tax will increase by 4.99% in the coming year.

We know this will be difficult for some and we're committed to providing as much support as we possibly can for those that are most hard up. Two years ago we increased Council Tax Reduction to 100%, and we've kept this, so this year ~11,500 households (~14% of all households in Herefordshire) will be exempt from council tax altogether. We also recognise that some households that are not eligible for Council Tax Reduction may also struggle, so we have allocated £1.7 million to discretionary hardship funds to support these households.

You can find out if you are eligible for Council Tax Reduction here: <https://www.herefordshire.gov.uk/council-tax-1/council-tax-reduction>

And you can apply for a Discretionary Hardship Payment here: <https://www.herefordshire.gov.uk/council-tax-1/council-tax-reduction/5>

Alternatively, you can just call the friendly council switchboard on 01432 260000.

Council tax funds all sorts of essential services. Not just the bin collections and the pothole repairs (vital though both of those services are) but also the services that most of us don't see most of the time. In fact about two-thirds of the council's annual base budget is spent in the 'Community and Wellbeing' and 'Children and Families' areas. These are the directorates that focus on looking after the most vulnerable in our communities, i.e. children and families, older people and those with additional support needs. Council tax is, in a very real sense, a way that we all club together to provide these vital services.

I'm always happy to answer questions about the council's budget – do get in touch if you'd like to discuss anything!

All the very best, Ellie

To contact me about any council-related issues, please call 01531 670729 (landline) or 07950 714947 (mobile), or email ellie.chowns@herefordshire.gov.uk. My monthly ward surgeries are:

- Bishops Frome Village Centre, 3rd Thursday of each month, 10.30- 12.00am.
- Cradley Village Hall, 3rd Thursday of each month, 1.00-2.30pm.

Time for a Spring Cut?

Do you have an area of meadow or long grass within your churchyard and perhaps your garden too? If so, March may be an excellent month to give it a cut and vigorous rake. Wildflowers and fine grasses can become swamped by coarse tougher grasses, the bruisers of the meadow world, and a spring cut can make all the difference. Cutting in spring really knocks back these coarser grasses such as Yorkshire Fog and False Oat Grass, giving other meadow grasses and flowers a chance to take up the space and receive life-giving sunlight onto their leaves. The vigorous raking will expose soil and break up mats of dead plant matter, all of which allows seeds to germinate in soil and seedlings to reach the sunshine.

But, I hear you say, what about the invertebrates which need coarse grass tussocks and hollow stems to over-winter? This is where management planning is so important; can you designate an area of coarse grass, perhaps adjacent to a wall or hedge, where you can leave it uncut for a year or two? In this way you can maintain areas for over-wintering and also manage the wildflower meadow well.

That's all very well but I have spring bulbs. Ahh, in that case you don't want to do a spring cut, but don't leave areas with bulbs uncut for too long. It's a good idea to cut a meadow after 3 or 4 months growth, never more or it starts to get overrun with coarse grasses and other plants such as hogweed. If you can't do a spring cut because of bulbs then plan for one in early summer - early July or even late June. This area can fill with lovely flowers in May and June and is a spring meadow.

A meadow which is cut in March or April can then be left until late July or August and fills with summer flowers such as knapweed or scabious. This is a summer meadow.

If you have a bit of both then you'll have flowers all spring and summer long, but it can get a little complicated and it may be best to keep things simple! Have a look at our Action Pack sheet A2 Caring for Grassland (<https://tinyurl.com/22af3rpv>) to remind yourself of the timings.

All the best, Harriet Carty

Diocesan Churchyard Environmental Advisor, harriet@cfga.org.uk,






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for information

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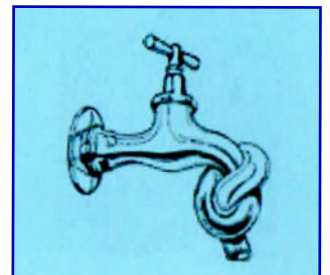
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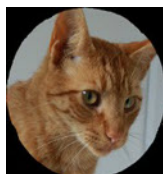
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ADULT DANCE and FITNESS CLASSES

MONDAYS

- 10am Zumba Gold
- 10.40am Adult Ballet
- 11.45am FitSteps
- 1.30pm Tap Dance
- 2.30pm Adult Ballet

TUESDAYS

- 9.20am Pilates
- 10.30am Tap Dance
- 11.30am FitSteps
- 1.50pm Silver Swans Ballet for over 55's
- 3pm Belly Dance

WEDNESDAYS

- 9.30am Modern Jazz/Lyrical Dance
- 10.35am Adult Ballet
- 11.45am FitSteps
- 12.50pm Flamenco
- 2pm Adult Ballet
- 3pm Pilates

THURSDAYS

- 10am FitSteps
- 11.15am Silver Swans Ballet for over 55's
- 2pm New Silver Swans Ballet for over 55's
- 8pm New Zumba class TBC

FRIDAYS

- 9.30am Dance Mix Gold
- 10.30am Silver Swans Ballet for over 55's
- 11.45am FitSteps
- 2.45pm New Zumba class TBC

SATURDAYS

- 8.45am New Zumba class TBC

SUNDAYS

- 8.45am Pilates
- 10am FitSteps

Classes held in Great Malvern.

Pre- book as social distancing still in operation.

Children's classes also available.

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The Studios open Mon-Frid 10-4/weekends by appointment. Charlie Sat am's too.

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THE FROME VALLEY GROUP

March 2023

	5th	12th	19th	26th	2nd April
Acton Beauchamp	11.30am Holy Communion SB				11.30am Holy Communion SB
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00am High Mass SB	10.00am Holy Communion Fr David West	10.00am High Mass SB
Castle Frome		11.30am Holy Communion SB		10.00am Family Service Lay Led	
Evesbatch					
Fromes Hill	10am Matins Lay Led		11.30am Holy Communion SB		10am Matins Lay Led
Much Cowarne		10.00am Matins Lay Led		10.00am Holy Communion SB	
Ocle Pychard			10.00am Mothering Sunday Service Lay Led		
Stanford Bishop					
	Lent 2 Purple Psalm 121 Romans 4.1-5,13-17 John 3.1-17	Lent 3 Purple Psalm 95 Romans 5.1-11 John 4.5-42	Mothering Sunday Purple Psalm 127.1-4 Colossians 3.12-17 Luke 2.33-35	Lent 5 Purple Psalm 130 Romans 8.6-11 John 11.1-45	Palm Sunday Red Psalm 31.9-16* Philippians 2.5-11 Matthew 27.11-54

10.02.23

FROM THE REGISTERS

FROM THE REGISTERS

Funerals

The Funeral of Christine Mary Phillips who died on 5th January 2023, aged 71 years, took place on 8th February 2023 at St James the Greater, Stanford Bishop.

May She Rest in Peace.

ST MARY THE VIRGIN, BISHOPS FROME

DATE	READER	PRAYERS
March 5 th	Sarah	Moyra
March 12 th	Tony W.	TBA
March 19 th	Moyra	Liz
March 26 th	Angela	Maureen
April 2 nd	Sarah	Moyra

Pilgrim Lent Course

Taking place at the Bishops Frome Village Centre on
Tuesdays 28th February, 7th , 14th , 21st , 28th March
3 - 4.30pm.

We will be looking at the Pilgrim's course on The Creeds and discussing what we mean when we say the words. If you are interested please contact Joan Rose.



BISHOPS FROME VILLAGE CENTRE



bishopsfromecentre.co.uk

for much more information & hiring charges

To arrange to have a look, or to book,
contact Wendy Roberts on 01885 490327
or email bishfromecentre@aol.com

WHAT'S ON WEEKLY

Please contact group leaders
before attending exercise classes

Monday

- Pilates with Sally, 9.30, 07909 754 039
- Internet Café, 10am to 12, 01531 640 981
- Board Games, 2-4pm 6 March (First Monday) Susanna 01885 490 440
- Tae Kwon Do , White Phoenix 6.30pm, 07814 778 112

Tuesday

- Pilates with Sally, 9.30, 07909 754 039
- Fit for Life, 3-4pm, Angie Box, 07530 420 554 Stretching and mobility 14 March only, 11am
- Zumba with Bev, 7pm, 07900 640 467 Exercise at your own pace

Wednesday

- Needlecraft, 2-4pm, Judy 01531 640 358
- Kazuko Kick Boxing, 7pm, 07495 427 993

Thursday

- Coffee morning, 10 to 12 First and third Thursdays Tony 07764 578 410
- Ward Surgery, 10.30 to 12 Third Thursdays, Cllr Ellie Chowns, 07950 714 947

Friday

- Pilates with Sally, 9.30, 07909 754 039
- Shanty Singing, first Fridays but this month only, 10 March Richard, 01531 640 768
- Tae Kwon Do , White Phoenix 6.30pm, 07814 778 112

TALK COMMUNITY



Come and join us at the Talk Community Hub Coffee Morning

on the first and third Thursday of each month, 10am to 12 in the Conference Room.

Don't be shy, come along for a chat, meet some new people, get help to use the internet, and get information from the Talk Community Directory of local services, groups, events and activities across the Herefordshire

Book the Village Centre for your party, meeting, interest or exercise group



This is the main hall.
We also have a smaller meeting room seating up to 30.



Mon	13.45 to 16.45
Tues	13.00 to 14.30
Wed	9.00 to 12.00
Thurs	9.00 to 12.00

VICAR

Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

ASSOCIATE PRIEST

Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

PARISH OFFICE

The Rosary, Bishops Frome, Worcester, WR6 5AP

tel and fax tel - 01885 490229

e-mail: fromevally@icloud.com

PARISH SECRETARY

Eleanor Morris tel - 01885 490229

(Wednesdays & Fridays 9.30 to 11.45)

CHURCH WARDENS

ACTON BEAUCHAMP

Sally Wall 01886 884727

Jane Allan 01531 640227

BISHOPS FROME

John Ewens 07801 122778□.

Tony Davis 01885 490394

CASTLE FROME

Charles Pudge 01531640309

EVESBATCH

Richard Kuehn 01886 880259

Diana Harrison 01531 805058

FROMES HILL

TBC

MUCH COWARNE

Jean Parkes 01432 820402

Martin Hewitt 01432 820282

OCLE PYCHARD

John Ridler 01432 820328

STANFORD BISHOP

Rachael Hawkins 01886 884250

Jetta Hawkins 07973 239778

FROME VALLEY GROUP OF CHURCHES

Safeguarding Officer: Eleanor Morris - 01885 490229

Diocesan Safeguarding Adviser:

Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org

Editor & Advertising:

Sarah Sevastopulo e-mail: fromenews@gmail.com

PARISH OFFICE OPEN - Wednesdays & Fridays 9.30 to 11.45

LAST COPY DAY for the April 23 issue of

THE FROME VALLEY NEWS is: Monday 13th March 2023

And the collection date will be : TBC