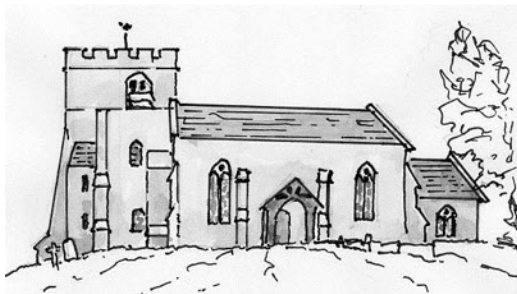
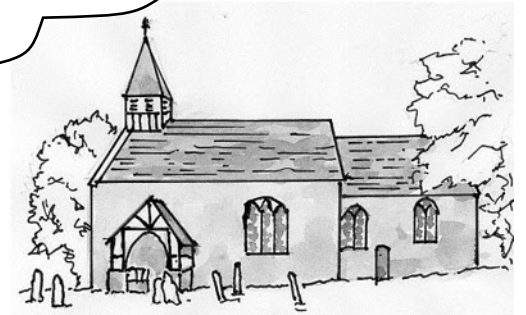


# **FROME VALLEY NEWS**

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome,  
Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



**NOVEMBER 2020**



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### Editorial:

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

### \*\* new Sunday Opening of Bishop's Frome Shop (see Page 17)

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail: [fromevalley@icloud.com](mailto:fromevalley@icloud.com)

[www.fromevalleychurches.org.uk](http://www.fromevalleychurches.org.uk)

Sarah (oldholbans@hotmail.com)

### **FROME VALLEY NEWS COLLECTION DAY FOR THE**

### *December/January 2020 ISSUE*

Could volunteers from all churches kindly collect their new batch of issues from the Parish Office during the morning of **TBC**

If this time is not convenient please contact Eleanor at the office to arrange an alternative time.

### This advertising space could be yours!

**Contact Sarah Sevastopulo**  
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**Rates per issue:**  
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£10.00 half page,  
£20.00 whole page

### HELP IS STILL AT HAND

There is a Bromyard Support Group number -  
07824 660480

is there to help anyone who is isolating or just feel like some support during these exceptional times.

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**Samaritans 116 123**  
**Domestic Violence Hotline: 0808 2000 247**  
**Mind 0300 123 3393**  
**Age UK 0800 169 6565**

## Vicar's Letter

At the time of writing I have just begun to take Harvest services in some of our churches. For many people this has been the first church service they have attended since the lockdown started and I'm sure it will have seemed quite strange. For others, sanitising hands, wearing face coverings and not being able to sing have become the new norm.

Sadly some of our churches had to make the difficult decision to cancel planned services as their particular circumstances prevented them from complying with all the restrictions we have to work with. I'm rejoicing today because I've just been told we can put the heating back on in church and close the doors! What strange and challenging times we all live in.

In our harvest services we heard the words of St Paul to the Church at Corinth, 'The one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work.'

It's good to remember that, 'All good gifts around us are sent from heaven above' as the harvest hymn reminds us and that all that we have comes from God. As we continue to face huge financial challenges as a group of churches it's good to see some real signs of progress in some places. Where churches have been proactive in promoting giving, people are starting to give generously and some are even starting to believe that it is possible to turn this situation around.

November is traditionally a time when we look back and remember. Remembrance Sunday, All Saints Day and All Souls are all times to remember. And often the point of remembering is to take some of the wisdom of the past and make sure we don't make the mistakes of the past again in the future. As a benefice we need to reflect on our pandemic experience and think about how we want church to be in the future, we can't simply expect things to go back to the way they were when all this is over.

My prayer is that we will emerge from this experience with a much more sustainable benefice that doesn't rely on others to subsidise it's existence. That we would all share abundantly in every good work because we know that God in turn has blessed us in abundance. We may have to let go of some of the things that we hold dear, all our future plans may yet have to change but God remains faithful to us, despite our lack of faith in him.

Just remember that even when we stop believing in God, God doesn't stop believing in us.

Blessings

Steven



## Frome Valley Pastoral Group

**The Pastoral Group are all very actively engaged in emailing and telephoning people through out this difficult time. If you have any concerns or would just like to speak to someone please call one of the group;**

Rev'd Steven Baggs	01885 490582	<a href="mailto:stevenbaggs@me.com">stevenbaggs@me.com</a>	
Rev'd Richard Allaway	07969 699270	<a href="mailto:rja5204572fco@gmail.com">rja5204572fco@gmail.com</a>	
Mrs Judy Orgee	01531 640525	Mrs Angela Lewis	01885 490203



### Dulce et Decorum est

Bent double, like old beggars under sacks,  
 Knock-kneed, coughing like hags, we cursed through  
 sludge,  
 Till on the haunting flares we turned our backs,  
 And towards our distant rest began to trudge.  
 Men marched asleep. Many had lost their boots,  
 But limped on, blood-shod. All went lame, all blind;  
 Drunk with fatigue; deaf even to the hoots  
 Of gas-shells dropping softly behind.

Gas! GAS! Quick, boys!—An ecstasy of fumbling  
 Fitting the clumsy helmets just in time,  
 But someone still was yelling out and stumbling  
 And flound'ring like a man in fire or lime.—  
 Dim through the misty panes and thick green light,  
 As under a green sea, I saw him drowning.

In all my dreams before my helpless sight  
 He plunges at me, guttering, choking, drowning.

If in some smothering dreams, you too could pace  
 Behind the wagon that we flung him in,  
 And watch the white eyes writhing in his face,  
 His hanging face, like a devil's sick of sin,  
 If you could hear, at every jolt, the blood  
 Come gargling from the froth-corrupted lungs,  
 Bitter as the cud

Of vile, incurable sores on innocent tongues,—  
 My friend, you would not tell with such high zest  
 To children ardent for some desperate glory,  
 The old Lie: *Dulce et decorum est Pro patria mori.*<sup>[2]</sup>

By Wilfred Owens



### HARVEST SUNDAY IN BISHOPS FROME

A lovely crisp sunny morning in October, the  
 church standing proud in an immaculate church  
 yard. Thank you for all who maintain it.

As always at this time of year a garland of hops  
 is gracing the archway inside St. Mary's.

Beautiful displays of glorious autumn flowers and fruit, giving us all a lift in the ongoing covid  
 pandemic. Many thanks to those who spent their time arranging them.

Due to the necessary restrictions, it was not a traditional Harvest Festival – no lusty singing of  
 harvest favourites - nevertheless Steven made the service with his readings and address and  
 gave us all food for thought and feeling grateful for 'all good gifts around us'.

The Frome Valley is lush and beautiful so let us take time to drink it in and give thanks.

Never give up hope that things will get better.

Heather Partridge



## Ocle Pychard Ramblings

Goodness me, what strange times we are all living through! What will the historians say about 2020 in the years to come? For many people it will have been a 'none event', a large glitch in the human cycle of life. For others it will have been a truly 'annus horribilis', losing family and friends to an unseen enemy.

On the positive side nature has flourished. There have been more butterflies, bees and other insects this year and the birds in the garden have benefited from the good weather in the early part of the year, many having two broods of babies. The wildlife of Britain has been in evidence, venturing into our silent villages, towns and cities. This just goes to prove that without humans the creatures would soon re-populate our spaces. The sounds of our native songbirds were heard as the noise from vehicles and industry ground to a halt. It has been wonderful to listen to the birdsong every day.

Although we are, now, trying to return to some sort of 'normality', albeit, with many restrictions and local lockdowns, it is worth remembering those lovely warm, sunny days of spring and early summer when we had time to think, listen and observe the amazing countryside around us. We applaud the sterling efforts of our NHS, keyworkers and carers who put themselves forward in harms way to care for so many people. We are grateful for the selfless acts of generosity shown by so many in our local communities, who went out of their way to help others during these difficult times.

With the restrictions, due to the coronavirus, making social events and group gatherings almost impossible St. James Church, here in Ocle Pychard, is able to open on Tuesdays and Saturdays for private contemplation. However, the church grounds are accessible to us all the time and there are wooden benches to sit on and enjoy the view.

By the time you read this, the church annual meeting and the harvest festival service will have taken place. Then we will be looking forward to other notable events in the church calendar. These are:

- Remembrance Sunday- service at Much Cowarne 10.30am
- 11<sup>th</sup> December- Carols and Readings at Ocle Pychard Church 7.30pm
- 24<sup>th</sup> December- 1<sup>st</sup> Communion of Christmas at Ocle Pychard 8.00pm
- 3<sup>rd</sup> January 2021- 1<sup>st</sup> Communion of the New Year 8.30am

Please be aware that these dates are subject to change or cancellation due to the Covid 19 virus. Stay safe; look after yourselves and your families. Remember that this virus will be defeated, hopefully soon.

# Stanford Bishop

Dear All,  
November! The days are short and nights long. Frosty crisp colourful leaves, silky spider webs glisten in the early morning sun. Colour from garden shrubs include viburnum and enkianthus. From the kitchen garden carrots, sprouts, cabbage & celeriac can be enjoyed.



Livestock is housed for the winter as the temperature drops and grass growth is less. Organic fertilizer is applied to the tillage land before cultivating gets under way for next year's crops.

Remembrance Sunday 8<sup>th</sup> November, when we remember all of those who have given their lives for their country in war.



December 24<sup>th</sup> Christmas Carols at Stanford Bishop 6pm TBC

## **St. Giles' Church, Acton Beauchamp.**

The decision has been made to CANCEL The Carol Service.

We will not be able to sing and a Carol Service without singing will be very bleak.

We look forward to next year when, hopefully, we can hold our Carol Service.

We WILL be holding The Family Communion Service on Christmas Day at 11.30am.

All measures will be taken to keep everyone safe.

We will look forward to seeing you on Christmas Day.

Take care.

With best wishes, Acton Beauchamp PCC.

## ST MARY'S CHURCH MUCH COWARNE

On Sunday October 11 the inside of our Church almost looked normal as we held our Harvest Service! Despite the black & yellow tape and the rather strange distribution of the congregation the eye and attention focussed on the beautifully arranged flowers and produce which decorated the windows, altars and floor and the special service taken so thoughtfully by Joan Rose. We were treated to harvest hymns played



by Judy and a selection of poems and readings by various members of the congregation so there was a real feeling that people had come together to celebrate not only the harvest but the opportunity to meet in church and chat (socially distanced of course!) to friends

Although our Church has been closed for the majority of time since March the Churchwardens and PCC have been continuing with their task of maintaining its building and fabric and addressing any issues which have arisen. The Annual Parochial Church Meeting at which the Churchwardens report on such things is normally held in April but this year it was postponed until late September. The two

Churchwardens, Martin and Jean, were re-elected and Bridget Lloyd was welcomed as a new member to the PCC. The Churchwardens reported that the annual report from the building consultant had shown that the rain water gutters have a number of leaks which need repair and the gutters themselves also need repainting; in addition a considerable amount of repointing is needed at the base of the tower. Damp and flaking plaster within the building are two things which also need continuing attention and it may be that the fact that the Church has been closed most of the last seven months has exaggerated these processes. We have only been able to hold two fundraising events this year, the Race Night and the Plant Sale which between them raised about £1500 and we are grateful to those who arranged these events and those who supported them. However this has meant that we have a shortfall of £5000 by comparison with previous years and therefore particularly careful consideration has to be given by the PCC to determine the priorities for spending.

The income from services has also been almost entirely absent and we are really grateful to those parishioners who have joined the Parish Giving Scheme (leaflets at the Church have details or contact the PCC Treasurer, Margaret Bradbury 01432 820317) which enables people to give a monthly amount to St Mary's Church by Direct Debit. Another way of donating money to St Mary's if you shop on line is to use the Easy Fundraising Scheme ([www.easyfundraising.org.uk/causes/stmarysmuchcowarne](http://www.easyfundraising.org.uk/causes/stmarysmuchcowarne)) which allows participants to raise money for specific causes when they shop on line at one of the more than 4000 retailers who are members of the scheme. These include Amazon, John Lewis, Marks & Spencer and ebay. Please do consider helping our church in this way if you possibly can, the smallest amount will help.

The next service at St Mary's will be the Remembrance Service on Sunday November 8 at 10.30am, when we shall remember not only those from our parish who perished during the two world wars and subsequent conflicts but all family and friends who are no longer with us. We shall try to make this service, like the Harvest service, a special and different occasion in which we can all participate as much as possible. There will also be a communion service on Sunday November 22, the first since lockdown!

# Castle Frome November 2020

## News, Views & Muse



### Remembrance Service

Sunday 8<sup>th</sup> November  
10.30am



### Family Service

Sunday 22<sup>nd</sup>

November

10.00am

All being well .....

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.

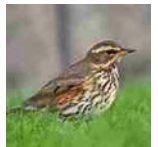


### Hilary's Nature Diary



Now is the time to look out for autumn migrants arriving here to escape the colder conditions of their breeding grounds further north. Close to the churchyard, I spotted one of my particular favourites this week— a redwing. It was gorging itself on some clearly rather tasty holly berries. Our smallest member of the thrush family, and a 'near threatened' species, the redwing is a night-time migrant, navigating its way in the dark from Scandinavia and Iceland. What an extraordinary feat. If you venture outside on a clear evening, you may be lucky enough to hear the 'seep seep' call of a redwing above you.

Hilary



### Family Service

It was lovely to be able to have our Family Service in September to meet up with all our friends, despite the lack of singing it was very enjoyable service. Mike played the organ beautifully as always.

We must remember that we are unable to share tea and biscuits after the service, but there is nothing stopping us bringing our own flasks and biscuits and have a socially distanced chat afterwards.



Sunday 22<sup>th</sup> November. 10.00 am



Sunday 20<sup>th</sup> December 4.00 pm – Carol service -if allowed to sing ... otherwise plan B.....

### FUN FACTS ABOUT NOVEMBER

The flower for the month of November is the chrysanthemum. The word chrysanthemum comes from the Greek words *chrys* and *anthemum*, meaning golden flower. In the language of flowers, chrysanthemum is considered to symbolize honesty, joy, and optimism.



Topaz, a semi-precious stone that symbolizes friendship, is found in many colors, but it is the orange-yellow version that is the traditional birthstone for November. Citrine, which is actually a quartz crystal that ranges from yellow to orange in color, is considered another November birthstone. It is often mistaken for the orange-yellow topaz, which is the more expensive of the two stones.



## Local Online Therapy - with Dr David Best

I provide local professional help for mental distress and difficulties, even more prevalent in these unusual times. To have an experienced therapist to talk to, who has helped others in similar circumstances, can help to resolve the mental distress of a range of relationship and mental health issues.

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Please look at web site; [www.localonlinetherapy.co.uk](http://www.localonlinetherapy.co.uk), for information and details of the services he offers, the approach he uses, and *how to contact me*.

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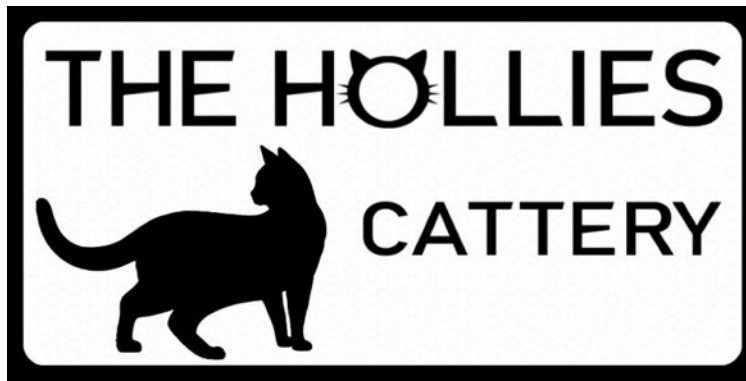
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## The Green Dragon at Bishop's Frome

### Passion in the Inglenook

Candida Snugge, London-based advertising executive, pays another visit to her favourite country pub.

“Golly!” gasped Candida. “Is that the time already?”

Time always flew by in the Dragon, with the crackling log fires of autumn, and the murmur and laughter of cosy companionship. The real ales, with John’s wicked Negroni chasers, and the warmth of one of the Dragon’s regular Friday pizzas, had made the time go even faster.

And there was always the chance that rogueish tousle-haired farmer Tom would drop by before closing time.

Tomorrow – she’d have to check on the Dragon’s Facebook page for details – she hoped to sample the promised fresh and honest country pub food. Tom might be even there...

But tonight... somehow Candida had completely forgotten to book somewhere to spend the night. Perhaps her new friends at the Dragon could help.

“Well, you could always spend the night in Tom’s hayloft.” There was laughter. “You wouldn’t be the first!”

Tom’s hayloft! Candida’s heart leapt. What a prospect! Soft, yielding hay, the comforting smell of whatever barns smell of (oats?) and perhaps one of those sweet owls perched on the rafters.

The true countryside experience! The Dragon had taken the girl out of Chelsea, now a night in the hay could finally take Chelsea out of the girl.

“You’d be very welcome, Candida” came a soft, warm voice. Tom! “You can check it out on my mobile.” And there it



“Tom’s Hayloft”: Enchanting bijou barn conversion with ensuite bathroom, wi-fi, fully modernised to designer specifications.

was...

“Oh.... It’s not...um...”

“Don’t worry. I’ll be just next door if you need anything. There’s Netflix, too..”

I hope we won’t be needing that, thought Candida, with a soft and secret smile.



Mon - Wed 5 - 8pm

Thurs 5-10pm

Friday/Sat noon- 10pm

Sun Noon - 6pm

Pizzas every Friday – like Candida, check Facebook for food details.

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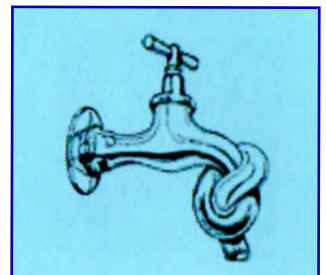
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# THE CHASE INN

## BISHOPS FROME

### THE CHASE INN

*Our pub has been silenced for the last three or so months but we have not rested on our laurels.*

Our social areas have been decorated and the whole pub has had a good spring clean to fall in line with government guidelines.

**Our letting rooms have been refurbished and reopened on the 25th July.**

Hygiene is at the top of our agenda to keep all our customers as safe as possible in this strange new climate in which we find ourselves.

**“Our restaurant will be open during September between 6 pm and 8pm Friday and Saturday. Sunday 12 noon until 2.30 pm. Probably best to book due to social distancing guidelines.**

**Bar will be open Monday to Thursday from 4 pm and Friday, Saturday and Sunday from 12 noon.**

Come and join us for good beer and good food  
**We look forward to seeing you.**



**TO BOOK A ROOM OR A TABLE,  
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### Cecilia Hall Dance Centre

Tel: 07443 872 188      ceciliahalldance@live.co.uk

#### ADULT DANCE AND FITNESS CLASSES

We hope to restart in July. Some online classes available until then.  
Numbers in classes will be carefully controlled. Pre-book only.

MONDAYS	9.45am	Zumba Gold
	10.45am	Ballet
	11.45am	'FitSteps'
	1.30pm	Tap Dance
	2.30pm	Silver Swans Ballet/over 55's
TUESDAYS	9.45am	Beginners Tap Dance
	10.30am	Tap Dance
	11.30am	'FitSteps Fab'
	1.45pm	Silver Swans Ballet/over 55's
	3pm	Belly Dance
	6.45pm	Advanced non syllabus Ballet
WEDNESDAYS	9.30am	Modern Jazz Dance
	10.30am	Ballet
	11.45am	'FitSteps'
	2pm	Ballet
THURSDAYS	10am	'FitSteps Fab'
	11.15am	Silver Swans Ballet/over 55's
	12.15pm	Ballet
FRIDAYS	9.30am	Dance Mix
	10.30am	Silver Swans Ballet/over 55's
	11.45am	'FitSteps'
SUNDAYS	10am	'FitSteps'

  
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**Unit 4 Studios , Fromes Hill Services, HR8 1HT** (top of Fromes Hill on A4103, behind convenience store)

A collection of individual workrooms with own sales areas: myself, Little Upholstery Co,  
Charlie's hairdressing, acrylic artist, taxidermist.

**The Studios open Mon-Frid 10-4/weekends by appointment. Charlie Sat am's too.**

**Free Parking.**

## **BISHOPS FROME COMMUNITY SHOP**



**Village Centre**

**OPEN**

**7.30am to 6pm Weekdays**

**7.30 am to Noon on Saturdays**

**7.30 am to Noon on Sundays from 1st Nov.**

As well as stocking a large range of everyday products we can take orders for Papers, Milk, Bread, Cakes, Meat,



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# **EXTRACT FROM DYLAN THOMAS'S "UNDER MILK WOOD"**

*At the doorway of Bethesda House, the Reverend Jenkins recites to Llareggub Hill his sunset poem.*

REV. ELI JENKINS

Every morning, when I wake,  
Dear Lord, a little prayer I make,  
O please to keep thy lovely eye  
On all poor creatures born to die.

And every evening at sun-down  
I ask a blessing on the town,  
For whether we last the night or no  
I'm sure is always touch-and-go.

We are not wholly bad or good  
Who live our lives under Milk Wood,  
And Thou, I know, wilt be the first  
To see our best side, not our worst.

O let us see another day!  
Bless us this holy night, I pray,  
And to the sun we all will bow  
And say goodbye – but just for now!

~ ~ ~ ~ ~

NB My brother-in-law Jack Tuckett was a very gifted gardener and designed from scratch a lovely Japanese Garden where he was Superintendent of Dylan Thomas's favourite Cwmdonkin Park near Sketty, Swansea. The Council dedicated his work to Dylan Thomas where his house, now a Museum, overlooks the Park.

GLENYS WHITE



St Michael's Hospice  
Always a place of light and love

### **Postcards from Life**

For three weeks from Monday 26<sup>th</sup> October, around 200 mini-masterpieces go under the hammer during Postcards from Life.

This year's online-only event gives you the chance to hang on your wall a small work that portrays a big heart.

The lots have been created by some of the most talented artists around and can all be viewed on the St Michael's Hospice website ([www.st-michaels-hospice.org.uk](http://www.st-michaels-hospice.org.uk)) where you'll also find a link to the Brightwells page to bid.

Event co-ordinator Gaynor Warren said: 'The quality of entries this year is outstanding. I think it's our best collection yet. So, get ready to browse and bid for work which will brighten any room, safe in the knowledge that your support will help families in our community living with a terminal illness.'

### **Light up a Life**

Light up a Life is an invitation to everyone in our community to shine a light in memory of loved ones.

This year we will be unable to continue the tradition of organising our much-loved Light up a Life events throughout the community.

Instead, we're already busy filming a special service set in Hereford Cathedral which will be live-screened from St Michael's Hospice on Sunday 20<sup>th</sup> December and we hope as many people as possible will be able to join us online for the event.

We are also inviting people to play a part by filming themselves lighting a candle in memory of a loved one and sending the video to our Communications Team who will then create a montage of clips to form part of the online service.

There will also be an opportunity for people to remember their loved ones on a special website and on an installation which we hope to install in a public place in the centre of Hereford.

To find out more call the Hospice Communications Team on 01432 852 631

or visit [www.st-michaels-hospice.org.uk](http://www.st-michaels-hospice.org.uk)



# The Frome Valley Group

## NOVEMBER 2020

	1 <sup>st</sup>	8th	15th	22 <sup>nd</sup>	29 <sup>th</sup>
<b>Acton Beauchamp</b>	<i>No Services</i>				
<b>Bishops Frome</b>	10.00am Holy Communion SB	10.30am Remembrance SB	10.00 Holy Communion SB	10.00 Holy Communion SB	6.00pm Group Advent Service RA
<b>Castle Frome</b>		10.30am Remembrance Reverend David West		10.00am Family Service Lay Led	
<b>Evesbatch</b>	<i>No Services</i>				
<b>Fromes Hill</b>	10.00am Matins Lay Led JS/JR		11.30am Holy Communion SB		
<b>Much Cowarne</b>		10.30am Remembrance Reverend Alan Seabrook		10.00am Holy Communion RA	
<b>Ocle Pychard</b>	<i>No Services</i>				
<b>Stanford Bishop</b>	<i>No Services</i>				
	All Saints Gold or White Psalm 34.1-10 1 John 3.1-3 Matthew 5.1-12	Remembrance Red 1 Thessalonians 4.13-18 Matthew 25.1-13	2 before Advent Red Psalm 90.1-8-12* 1 Thessalonians 5.1-11 Matthew 25.14-30	Christ the King Red Ephesians 1.15-23 Matthew 25.31-46	Advent 1 Purple Isaiah 64.1-9 Psalm 80.1-8,18-20 Mark 13.24-37



**ST MARY THE VIRGIN, BISHOP'S FROME**

<b>DATE</b>	<b>READER</b>	<b>PRAYERS</b>
November 1 <sup>st</sup>	Sarah Parkinson	TBA
November 8 <sup>th</sup>	Jill Southall	TBA
November 15 <sup>th</sup>	Sheila Pinches	TBA
November 22 <sup>nd</sup>	Angela Lewis	TBA
November 29 <sup>th</sup>	Group Service	TBC

**ST MARYS, BISHOPS FROME**  
**SUNDAY 29<sup>TH</sup> NOVEMBER 6.00pm**

**ADVENT SERVICE**

**WITH THE BISHOPS FROME CHOIR**



**FROME VALLEY GROUP OF PARISHES**

The office is now open on Wednesday mornings 9.30 – 11.30am  
for telephone calls only.

Our telephone number is 01885 490229.

**For more urgent matters please contact**

Rev Steven Baggs on 01885 490582

Rev Richard Allaway on 07969 699270

## **BFVC Programmes - Interpersonal Skills Development**



**A half-day fun and engaging course** to help you manage day to day interactions with other people. It will help you to develop confidence and satisfaction in the way you relate to others . The course is appropriate for anyone who wants to improve their interpersonal skills either face to face and virtually or just want to explore how they are perceived by others. It is also appropriate for anyone who might feel a little isolated and want to widen their circle of contacts.

**Course Objectives** -By the end of the course you will be able to:

- ◆ Build more effective relationships
- ◆ Explore your individual Interpersonal skills and social style
- ◆ Understand techniques to communicate more effectively
- ◆ Know when and how to use different assertive skills
- ◆ Implement influencing and persuading skills

**Facilitator:** Tony Davis, who has designed and delivered qualification linked training programmes for the public and private sectors spanning over thirty years.

Cost: £15 Including course materials and refreshments

Venue: Bishops Frome Village Centre WR6 5AR

When : Saturday 28th November. Time 09.30 to 13.30

**Delegate numbers will be restricted and strict Covid-19 precautions will be implemented.** Further courses will be arranged to accommodate anyone that has not been able to attend due to limited numbers. Joining instructions and course outline will be sent on conformation of attendance.

If you would like to take part, or just need more information, please

phone 01885 490394 or email [bishopsfromecentre@AOL.com](mailto:bishopsfromecentre@AOL.com)

Proceeds to support the work of Bishops Frome Village Centre



**BISHOPS FROME VILLAGE CENTRE**  
is open with some of the usual activities  
and some private hires.

We are following Covid-19 Secure guidelines  
especially hand sanitising, control on numbers  
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Guidelines change so if you are thinking of booking, please  
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To arrange to have a look, or to book, contact Wendy Roberts on  
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**Activities currently taking place – prebooking required**

Mondays 10 - 12	Internet Cafe	Isabel 01531 640981
Wednesday 2 - 4	Needlecraft	Beryl 01531 640359

**And why not  
sign up for  
this personal  
development  
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**full details  
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**Bishops Frome Village Centre**  
*Supporting people during the Covid-19 emergency*



*A fun and engaging half day course*

**Interpersonal Skills Development**

**Saturday 28 Nov 9.30 to 1.30**

Limited numbers and  
strict Covid-19 guidelines

This course is for anyone who wants to improve their interpersonal skills whether face to face or virtually, or who just wants to explore how they are perceived by others. It is also appropriate for anyone who might feel a little isolated and want to widen their circle of contacts.

Facilitated by Tony Davis who has designed and delivered training programmes for over 30 years. Cost: £15 including course materials and refreshments. Proceeds will go to Bishops Frome Village Centre.

**Full details at [bishopsfromecentre.co.uk](http://bishopsfromecentre.co.uk)**

If you would like to take part, or just need more information, please phone 01885 490394 or email [bishopsfromecentre@aol.com](mailto:bishopsfromecentre@aol.com)



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entrance

Monday	13.45 to 16.45
Tuesday	13.00 to 14.30
Wednesday	9.00 to 12.00
Thursday	9.00 to 12.00

***See the Covid - 19 Local Support tab on the website  
for information about support and services available***

**VICAR**

Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

**ASSOCIATE PRIEST**

Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

**PARISH OFFICE**

The Rosary, Bishops Frome, Worcester, WR6 5AP

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**PARISH SECRETARY**

Eleanor Morris tel - 01885 490229

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Jane Allan 01531 640227

BISHOPS FROME

Gill Lynch 01885 490845□.

Tony Davies 01885 490394

Heather Partridge (Deputy)01531 640157

CASTLE FROME

Charles Pudge 01531640309

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**Diocesan Safeguarding Adviser:**

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**LAST COPY DAY for the December/January 2020 issue of**

**THE FROME VALLEY NEWS is: Monday 9th November '20**

**And the collection date will be : TBC**