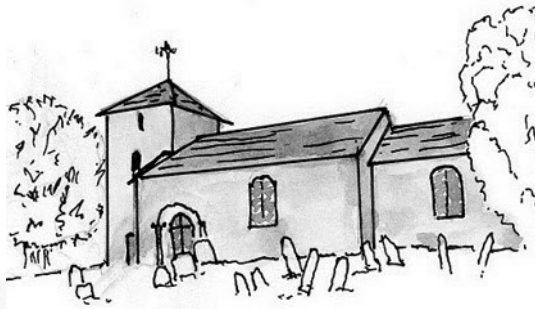
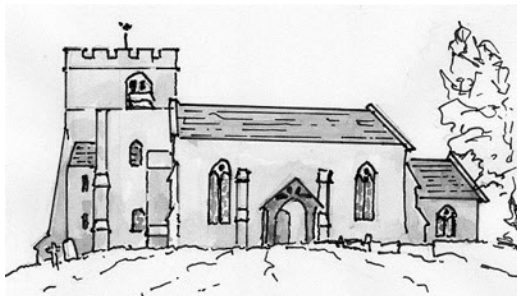
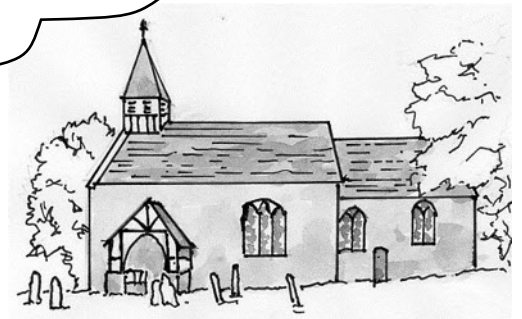


Frome Valley News

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome, Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



September 2023



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Editorial:

If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour. It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail:

fromevalley@icloud.com

www.fromevalleychurches.org.uk

Sarah email

fromenews@gmail.com)

**OR contact the Parish Office
for more information.**

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**Please note the website is
undergoing some changes and will
be fully functioning again soon**

**Many thanks to all our advertisers
who have renewed for the next year,
you make this yet again a self
funding magazine.**

**Some of this month's articles are
only on the website and out to email
contributors as my computer has just
spent a week at the fixers - new
drivers now installed and fingers
crossed it stays that way. Sarah**

Vicar's Letter

I am writing this months magazine article in advance of taking some time off over the summer. At the time of writing this must be one of the worst summers we have had for a long time. The weather has been terrible. Just when we learn to anticipate withering heatwaves and drought, the good old British summer gives us lightning strikes, storms and flash flooding on a Biblical scale. Hopefully by the time this goes to print things will have improved! And I do hope that you all managed to have a holiday or some sort of break over the summer too.



Part of what is good about taking a holiday is the chance to wind down, to stop whatever it is that you normally do and to decompress. When you are on holiday you can simply stop and watch the world go by, perhaps sit in a cafe somewhere warm and do a bit of people watching if you like. Or, perhaps you may go instead to a more remote place that you can gaze on the wide, open spaces of the world. As you gaze, you turn your life over in your mind, reflecting on where you are and where you might be going.

Holidays are, or used to be, holy days, days set apart for the worship of God, for remembering that when God rested from his work of creation, "He saw that it was very good." We think of holy days as days when we remember our duty to turn to God; but not so much on our holidays. Do you go to church when you are on holiday? Maybe you need a break from church, or maybe you enjoy the opportunity to worship in a new place. Or perhaps you take the chance to simply visit a church somewhere else in the country or in the world.

Whether we go to church when we are on holiday or not, it's often when we are away from our usual routine that God finds us, often asking us searching questions about our lives or simply holding our weary battered selves in his hands. For me, it's often when I visit a church somewhere in the world and sit in the silence that God kind of grabs my attention and the healing begins. It's often in those quiet moments that our faith becomes real again and just when we thought we had left God back in the Frome Valley he becomes real to us once again.

Blessings

Steven

p.s. I will be walking another (short!) camino starting on 12th September.

If you would like to follow my 6 day pilgrimage I will put a daily update on my blog <https://wanderingpriest.blogspot.com>

Frome Valley Group Pilgrimage to Walsingham 2024

**We are planning a benefice trip to The Shrine of Our Lady of Walsingham next June.
Places are limited so please contact Lucy Cranmore on 01432 882275 or at
lucyanne@mygarden.org.uk as soon as possible so we can arrange accommodation.**

M J Padden Tree Services

www.mjpadentreeservices.co.uk



Pruning, felling, planting
Specialising in high quality pruning

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National Certificate Arboriculture. NPTC Qualified.
£5 million Public Liability

Careline - Help at the push of a button

Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away! Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. **In times of need, help is just the push of a button away!**

For information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

Childline: 0800 1111
Samaritans 116 123
Domestic Violence Hotline: 0808 2000 247
Mind 0300 123 3393
Age UK 0800 169 6565

HELP IS STILL AT HAND

There is a Bromyard Support Group number -
07824 660480

**is there to help anyone who is isolating
or just feel like some support during
these exceptional times.**

Frome Valley Pastoral Group

The Pastoral Group are all very actively engaged in emailing and telephoning people through out this difficult time. If you have any concerns or would just like to speak to someone please call one of the group;

Rev'd Steven Baggs 01880490582 stevenbaggs@me.com

Rev'd Richard Allaway 07969 699270 rja5204572fco@gmail.com

Mrs Judy Orgee 01531 640525

Tony & Liz Davis 01885 490394

Frome Valley Group of Parishes – Safeguarding

Please could anyone who takes part in organising, leading and/or helping with any church activity involving children, young people or vulnerable adults, ensure that they have a valid DBS check i.e. one carried out by the Frome Valley Benefice within the last 3 years. If not, please could you contact your Parish Safeguarding Officer, Eleanor Morris, to arrange an up to date check. She can be contacted on 01885 490229 (Wednesday and Friday mornings) and by email fromevalley.icloud.com.

CONQUEST THEATRE

Films

Sept 1 Lost in Paris (12) 7.30pm

Sept 15 Tina (15) 7.30pm - biography of the life of Tina Turner

Live on Stage

Sept 7th (Thursday) Folk in the Foyer Showcase local artists display their talents free entry
7.30pm

Event Cinema

Sept 20 Royal Opera House: Das Rheingold 7.15pm

Sept 28 Rudolf Nureyev's Don Quixote (50th Anniversary cinema release) 7pm

Full Autumn/Winter programme now available on line or pick up brochure

from the Theatreconquest-theatre.co.uk or call 01885 488575

Join us on a Saturday morning for a chat and a cuppa, everyone welcome

Let's hear it for Bats!

If you were looking for bats in your local churchyard, where would you expect them to be? They are not in the belfry for a start, it's too noisy! Bats often use church buildings, and a bat roost may be nearly as old as the building with around 60% of pre-16th century churches containing bat roosts. There are seventeen species of bat native to the UK; eight of these use churches or chapels.

Bats, like most animals, have different needs throughout the year. They need nursery roosts for the young, winter roosts to hibernate and also temporary roosts to digest their food and to sleep in during the daytime. Bats roost in clean, draught free, quiet crevices where the temperature is constant. Within churches or chapels bats are found in the eaves, porch, under roof tiles, in old timber joints, behind ceilings, hangings and commemorative plaques. They also roost within chest tombs, in holes or cracks within a wall, behind ivy or in lychgates. As well as buildings, bats will use trees seeking out holes, crevices, flaking bark and gaps behind ivy. Old and veteran trees are full of possible bat roosting places, as well as being home to many other creatures.

Burial grounds tend to have a mixture of large trees, grassland, flowers, areas of long or tussocky grass, compost heaps, log piles and stonework. They are relatively free of chemicals and may have been there a long time. All of this leads to a good population of insects. Flying uses up a lot of energy so a site rich in insects is crucial for bats.

September is a great month to search for bats, as the nights are starting to draw in the bats will be flying earlier, so you don't have to stay up too late to see and hear them. They have left their nursery roosts and both adults and young are flying, hunting to put on fat which will help them survive the winter. Watching them hunt can be great fun and with a bat detector you can also hear them echo-locate as they search for prey. Why not contact the Bat Conservation Trust and see if there is a local expert who could run a public event for you? Knowing which bats use your churchyard can help you manage for them and also avoid any damage to either bats or their habitats.

All the best, Harriet Carty (Iocesan Churchyard Environmental Advisor) *God's Green Acre*



Communion Service

Sunday 10th
September



Family Service

Sunday 24th
September

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.



Castle Frome September 2023 News, Views & Muse

Hilary's Nature Diary

Liking lichens

Lichens are a complex mix of organisms – fungi, algae, bacteria, all living in a mutually beneficial relationship, and they have always fascinated me. Taking a walk around the churchyard, you cannot miss the white and yellow splodges that cloak most of the gravestones. On the oak and ash trees that bound the churchyard, the leafier lichens adorn the branches, and the north wall of the church features a rather fetching pastel green lichen.

According to the British Lichen Society, churchyards are of supreme importance for lichen conservation. You can find out more or take part in a churchyard lichen survey at:

<https://britishlichensociety.org.uk/conservation/churchyard/churchyard-lichens>



Meteor Showers Left to see in 2023

12 – 13 August – Perseids Meteor Shower
(North Hemisphere)

8 – 9 October Draconids
(North Hemisphere)

21 – 22 October Orionids
(Both Hemispheres)

17 – 18n November Leonids
(Both Hemisphere)

14 – 15 December Geminids
(Both Hemispheres)

22 – 23 December Ursids
(North Hemisphere)



Like our Facebook Page

St Michaels Church, Castle Frome

St James Church, Stanford Bishop

Harvest Celebration Service

Friday 6th October 2023 at 7pm

Following the Service,
a **Harvest Supper** will be served.

Home cooked Cottage Pie
with Fresh Crusty Bread

and a Selection of delicious
Seasonal Puddings



Entertainment provided by **The Fishmongers Friends**

singing a repertoire of Sea Shanty Songs

If you are unable to attend the Service, you are very
welcome to join us at 7.30pm for supper & entertainment.

£10 per head payable at the door.



ACTON BEAUCHAMP FUN DOG SHOW 2023

Judge – Mrs Sarah Sevastopulo

Prettiest bitch

- 1 Mabel – Nick Jones
- 2 Winnie – Jeff Jones
- 3 Lola – Jade Taylor

Thank you to Acton Beauchamp for inviting me to judge their annual dog show.

Handsome dog

- 1 Rupert – Louise Perrin
- 2 Bilbo – Julia Berg
- 3 Ernie – Scarlet Moore

130 people and their dogs made for a busy evening.

Great fun, good weather and lovely dogs.

Sarah (incognito editor)

Dog with the waggiest tail

- 1 Sassy – Anne
- 2 Puzzle – Brooke Parker
- 3 Nuggett – Emily Blackwell

Dog most like it's owner

- 1 Hooch – Andrew Gardiner
- 2 Teddy – Donald Reynolds
- 3 Gracie – Lindsay Shaw

Best child and dog combination

- 1 Zena led by Aveena Parker
- 2 Sassy led by Eliza
- 3 Percy led by Emily

Best set of six legs in Acton Beauchamp

- 1 Otty – David Mackie
- 2 Tiggy – Andrew Morgan
- 3 Fred – David Bright
- 4 Ernie – Scarlett Moore

Best in Show Mabel with Mick Jones



Reserve Best in Show Bilbo with Julia Berg



SAVE THE DATE - Late Summer Lunch

In aid of St Andrew's Church, Evesbatch

Sunday 24th September 2023 12.30pm

In the Barn at Frome Manor, Bishops Frome, WR6 5BB

By kind permission of

Andrew and Hilary Younger

To book a ticket call

Diana Harrison 01531 805058

or Charlie Russell 07833 101813

Tickets £15 and £5 for age

10 and under

Raffle and Bar



Bishops Frome Village Centre

You are invited to our

Macmillan Coffee Morning

Thurs 21 September 10am - 12

Come and enjoy a chatty get-together, eating cake and raising funds for a very good cause.

Donations of cake would be very welcome, on the day.



Macmillan Cancer Support provides specialist health care, information and financial support to people affected by cancer.

For more info contact bishfromecentre@aol.com or Facebook.

ST. MARY'S CHURCH MUCH COWARNE

Hymns & Pimms

What a difference, compared to last year! Then it was Jubilee week and we gathered in the sunny churchyard to enjoy a glass of Pimms before going into church for our hymns and readings but this year the rain and wind sent us straight into the church where we chatted over our Pimms and nibbles to the background music (rather appropriately) of Vivaldi's "The Four Seasons" before taking our seats. In his introduction to the evening Rev. Richard Allaway reminded us that it was indeed summer and in our hymns and readings we would be remembering the beauty, not only of the season but also of the country in which we live. Readings included extracts from "Cider with Rosie"; Shakespeare's Sonnet 18; "A Subaltern's Love Song" by John Betjeman and "Fern Hill" by Dylan Thomas. Hymns and music included "For the Beauty of the Earth"; "Summertime" sung by Ella Fitzgerald; "Dear Lord and Father of Mankind" and "La Mer" by Charles Trenet. Before leaving there was time, with Debussy's L'après midi d'un faune as background music, there was time to talk more about our appreciation of the evening and the choice of music and readings, whilst catching up with friends and ensuring there was little left of the delicious refreshments!

We are grateful to Richard for arranging this popular social evening and to those who provided the excellent refreshments and delivered the readings so expertly; we hope to repeat the occasion next year and to encourage more of our Much Cowarne community to join us. If you are new to the area we would love to see you at our beautiful church if not for the services, for the coffee mornings and other social occasions which we try to arrange during the year. Don't forget there is also a large collection of books in the church which you are welcome to browse and purchase for a small donation.

Harvest Celebrations

Our Harvest Service this year will be on Sunday October 8th at 10.00am in St. Mary's church and we are pleased to welcome back Lay Leader Sue Williams to lead the service. Everyone is welcome to the service as they are to the Harvest Lunch, which will take place at 12.30pm at the Plough Inn, Stoke Lacy.

The cost for this is £20 for two courses and If you would like to come please let Jean Parkes (01432 820402 / 07792 314696) or Martin Hewitt (01432 820282 / 07580 575784) know by Wednesday October 4th.

Great Family Day Out!

Ploughing Match & Homecraft Competitions Saturday September 16th 2023
Wolferlow Court, Wolferlow,
Bromyard, HR7 4QA

Ploughing with Vintage and Modern Tractors Homecraft Competitions including, cookery, homemade drink, jams and pickles, floral art, photography, art, handicraft, horticulture e.g. tomatoes and cut flowers

and Children's 0 - 11 years.

for further information & to request a copy of the schedule please email

homecraftstokeblissploughing@gmail.com

St Mary's Church Much Cowarne

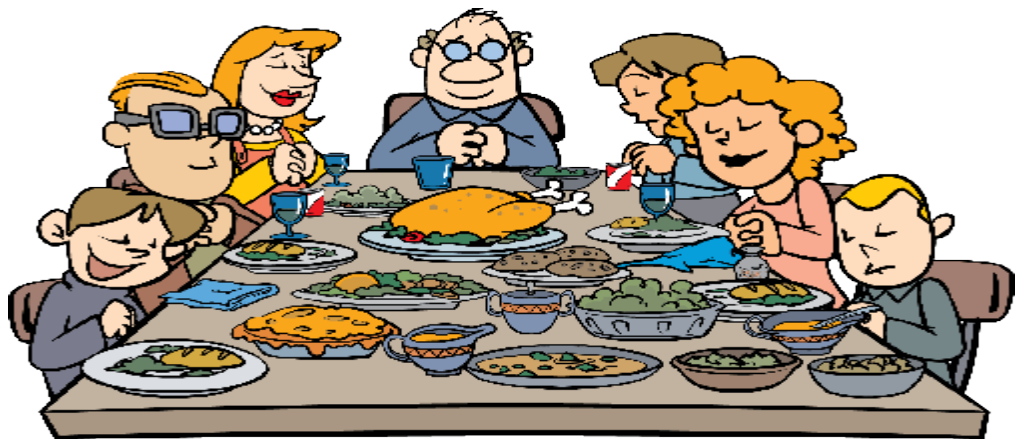
HARVEST



SERVICE

Sunday October 8th 10am

All welcome!



**Harvest Lunch at
The Plough Inn, Stoke Lacy
12.30 pm. Carvery & Dessert £20**

**To book for lunch please contact:
Martin – 01432 820282 / 07580 575784 or
Jean – 01432 820402 / 07792 314696
By Wednesday October 4th**

Stretch and Extend

Do you want to improve your body, mind and balance?
Come and join a light hearted group of stretchers and extenders in Bishops Frome Village Hall on Tuesday afternoons at 3.00 pm.



Suitable for all ages and abilities; sitting, standing, stretching jumping, running
Everything at your own pace - fabulous music, great company - under the expert guidance of Angie Box.

Sessions are just £6.00 for the hour (every Tuesday at 3.00pm)
Please ring Angie Box - 07530420554 or email bannutgirl4@gmail.com
If you want to give it a go.



The Trumpet & District Agricultural Society 78th Annual Ploughing Match

Thursday 5th October 2023

Location

Woodmanton Farm
Yarkhill
Hereford
HR1 3ST

By kind permission of Ms J J Clews

***Ploughing, Ladies Section, Corn, Roots
Fruit Produce and Hop Show***

Open to all for classes entry forms and details please visit our
webpage www.trumpetanddistrictagriculturalsociety.co.uk

EVERYONE WELCOME



Time flies, doesn't it?! I'm conscious that by the time you read this column the summer holidays will be over and we'll be heading towards the season of mists and mellow fruitfulness. However as I write today, in mid August, the sun has only just come out after what feels like weeks of rather cold and damp days... It's been shocking to hear the news of extreme weather around the world, including so many tragic wildfires, and the fact that so many temperature records have been broken. The news of these extremes makes me feel more determined than ever not to lose hope, and to keep on doing everything possible to ensure that we tackle the climate crisis.



At the last full Council meeting on Friday 28 July, I proposed a motion to renew the council's determination to tackle the intertwined climate and ecological emergencies. I am pleased to report that it was passed unanimously, and I intend to ensure that the new administration puts this into practice.

The first act of the new Conservative administration has been to propose cancelling the new library project in Maylords, with the aim of moving it to the Shirehall instead. There are many questions to be answered about this proposal, not least with regard to costs.

The budget for the new Maylords library was £3.5 million, with most of that (£3 million) coming from the Towns Fund. However the decision to 'pause' the Maylords project (which was ready to start construction, with contracts having already been signed) has cost the council at least £760,000 and possibly up to £1.3m. The costs of renovating the Shire Hall were estimated last November at £7.5m. The new administration now estimates that it will only cost ~£3.6m – but has not provided details to explain why renovation costs have apparently halved during a year when construction inflation has significantly increased. The 'financial viability assessment' only addressed 2 out of the 8 elements of its own terms of reference. Furthermore it appears that all the energy efficiency and renewable energy elements may have been removed from the estimate in a short-sighted effort to minimise upfront costs.

Altogether there are many unanswered questions that need thorough consideration, and so in my new role as chair of the Connected Communities Scrutiny Committee I will be ensuring that these issues are scrutinised and addressed fully over the coming months. It's vital that we have a county library that is accessible and inviting – and in a building that is fit for the future.

Alongside my scrutiny role I continue to work on local issues as ever. My next ward surgeries are on Monday 18th September in Cradley Village Hall from 11.30am to 1.00pm, and in Bishops Frome Village Centre from 2.00pm to 3.30pm. You can also contact me by phone: 01531 670729 (landline) or 07950 714947 (mobile), or email: ellie.chowns@herefordshire.gov.uk.

With very best wishes,

Ellie

PS I would like to let you all know that I will be standing in the next General Election in our constituency, North Herefordshire. In the coming months you will be receiving leaflets from me in that capacity, as well as my regular ward newsletters. As part of my campaign I will be holding 'village hall' meetings in 30 villages across the constituency through the autumn and winter. The very first event of this 'village hall tour' will be held in Bishops Frome Village Centre on Thursday 14th September from 7-8pm and it would be wonderful to see you there!



HARVEST FESTIVAL

**St James the Great, Ocle Pychard
Friday 29th September 6.30**

Come and join us and bring a donation for the Bromyard Food Bank if you can.

**If you would like to help decorate the church
please come at 2.00 on Friday 28th with flowers etc.**

**St James the Great, Ocle Pychard
Harvest Supper
and
Barn Dance
with
Sheila's Reels
Burley Gate Village hall- 7.00 onwards
Saturday 30th September**





ST MARYS BISHOPS FROME

Harvest Supper

Saturday 21st
October

Bishops Frome Village Centre

7pm - Tickets £15 adults, £7.50 children

Tickets available from the Community Shop
or Lyn Bolton on 07973 882578

Beer and cider available to buy at the hall,
bring your own wine



Dates for 2023

St James the Great Ocle Pychard

November 12th 10.30am Remembrance Sunday Service.

December 15th Carols by Candlelight with the Pax Singers.

December 24th 7.30pm First Communion of Christmas.

All are Welcome Further details about services and events
from Elly Ecroyd on 07729 774491

St Mary the Virgin, Bishops Frome

We are celebrating Harvest this year with a supper
Saturday 21st October at 7pm
in the Village Centre, more details further in the newsletter.

Please do then join us for our Harvest Service at **10am on Sunday 22nd October.**

We are still looking for bell ringers to join us, having recently started ringing I can say it's a great new skill to learn with friendly people helping you to master the bells!

We are hoping to be able to start ringing before services on the 1st and 3rd Sundays very soon.

Bellringers needed at Bishops Frome



We don't have enough bellringers and are desperate for some new recruits. The church has 6 bells, so we need a minimum of 6 ringers, and ideally a pool of 8 or 9, but we only have 2.

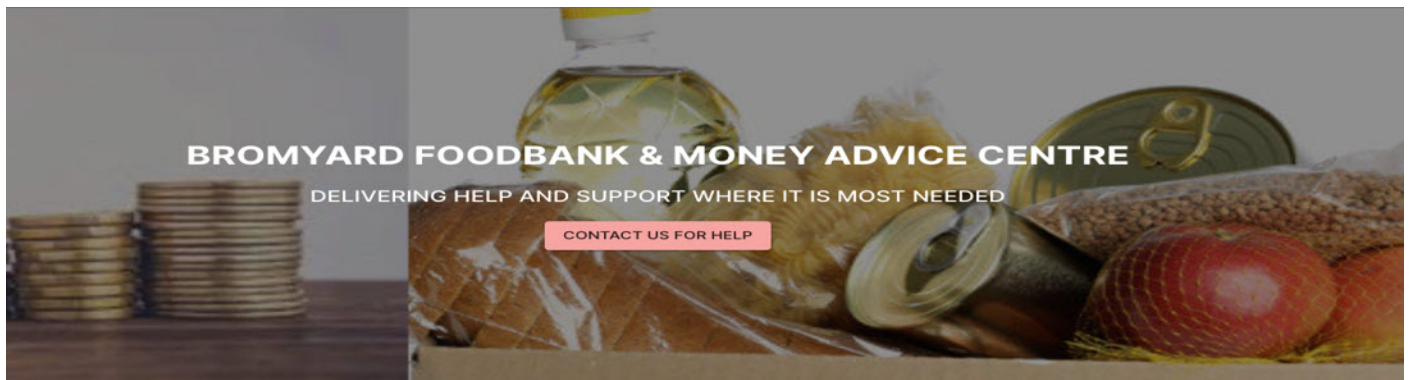
Anyone can learn to ring, male or female, from about age 13 upwards, and you do not need to be at all musical. Bellringing is a hugely enjoyable and rewarding pastime which can give years of pleasure once you have learnt the basics. It is also very sociable and a good way to get some upper body exercise.

Bellringing is a skill but it doesn't take long to learn how to handle a bell and join a team to ring before church services or at special occasions.

If you would like to see what it's all about, taster sessions can be organised

If anyone is interested in a taster session or would like to visit the bell tower and see the bells in action, just give me a call or message me.

Tony Davis. Bell Tower Captain
01885 490394
tdmayhill@gmail.com



BROMYARD FOODBANK & MONEY ADVICE CENTRE

Fundraising Focus

We would like to say a huge thank you to everyone that has supported the foodbank with kind donations.

This month we'd like to focus on a great local initiative which not only is a fun filled night out but also supports the Foodbank, and other local charities.

On the last Wednesday of every month the Kings Head at Docklow hold a quiz night, as part of their programme of regular events. The local teams battle it out amid much raucous laughter to become the evening's champions. Part of the general merriment is a raffle, with proceeds going to several local charities including Midlands Air Ambulance, St. Michaels Hospice, Bromyard Lions, and the Bromyard Foodbank.

Paul English, the landlord says," The Kings Head would like to thank all our customers and quiz attendees for their generosity raising money in support of Bromyard Food Bank and other local charities."

Recently the winning teams have also donated their cash prizes to the nominated charities, so another big thank you to them.

The next quiz will be held on Wednesday, 27th September starting at 7pm. If you would like to enter a team either call at the pub or telephone 01568 760960.

The Foodbank is a lifeline for those in need.

Thanks to everyone who has helped and supported BF&MAC your donations really count.

<https://www.facebook.com/BromyardFoodBank>

<https://www.bromyardfoodbank.co.uk/>



Parish magazine article September 2023

Achievement – One of the things I have done as part of my study leave is to walk the Pembrokeshire Coastal Path. I have wanted to do this since I was in my late teens. I actually did around a third of it back in 1986 and have done different parts ever since but never got around to walking the whole path. I can now say that after walking for 16 days I have completed all 186 miles and enjoyed every moment of it! Whilst written out it does not seem quite so challenging, as it was coastal walking it certainly contained a lot of climbing up and down. According to the Coast Path, guide book the ascents and descent are said to be the equivalent of climbing Mount Everest – 35,000 feet! In addition I lost weight and raised with my sister in law £3000 for the Alzheimer's Society. It actually feels like I have achieved something and it got me thinking about the idea of success.



In our society today, we are often measured by how successful we are and whilst we should all aim to do our best and work hard that will not always lead to success. It is so easy for us to try to emulate others or to search out the golden bullet that will change our fortunes but the reality is chasing after superficial success will not help us spiritually.

The same is true in our churches it is far too easy to compare ourselves with others or think that there is a clever solution to our problems. The reality is there is no one way to grow our churches or to be successful because it is God who grows the church not us. When we chase after clever tools and copy other peoples strategies we miss the point completely.

“Come now, you who say, “Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit”—yet you do not know what tomorrow will bring. What is your life? For you are a mist that appears for a little time and then vanishes. Instead you ought to say, “If the Lord wills, we will live and do this or that.” As it is, you boast in your arrogance. All such boasting is evil. So whoever knows the right thing to do and fails to do it, for him it is sin.”

James 4:13-17

James writing to the early church recognised that it is only God who can create our spiritual growth and grand plans that don't include God are fruitless. When we chase success for successes sake we will simply end up missing what God is about and fool ourselves. James isn't suggesting we have a fatalistic faith but what he is saying is that we need to see what God is doing amongst us and join in with him. So often, we create plans and then invite God to bless them rather than asking God in prayer what he would have us do. James wants the church to be a place that is faithful to the gospel and to listen to God and not chase after success and achievement so we can boast about ourselves. When we put God first in our lives then we will see achievement in a different light.

Achievement also does not come without cost and it amazes me how so often we stockpile our resources and then wonder why we don't see more fruit from our church life. Generosity and hospitality are core parts of our faith and yet we often fail to share what God has given us with others. If we truly want to see our churches grow and flourish we have to live out the values of our faith and not allow ourselves to become inward looking. Our faith is not a business transaction where we get what we pay for instead we are called to give ourselves away for the sake of the kingdom. This is what Jesus taught his disciples and it is just as true for us today.

“Don't pile up treasures on earth, where moth and rust can spoil them and thieves can break in and steal. But keep your treasure in Heaven where there is neither moth nor rust to spoil it and nobody can break in and steal. For wherever your treasure is, you may be certain that your heart will be there too!”

Matthew 6:19-21

The good news is that we can all achieve things for God if we put our minds to it and he has given us all the resources we need if we put our trust in him. It doesn't matter if we are part of a church with six members or sixty we all have a part in God's plan if we ask him and listen for the whispers of the Holy Spirit to guide us. Instead of trying to be successful, we need to learn to be faithful and obedient to the call of God to serve our communities. I love the words of the Missionary teacher William Carey that remind us to trust God and have a go!

“Expect great things from God. Attempt great things for God.”

Looking for a place to board your cat?



Cat'll Do Nicely

CALL






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 - Parenting challenges
 - Stress and Trauma
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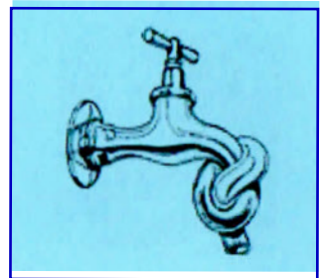
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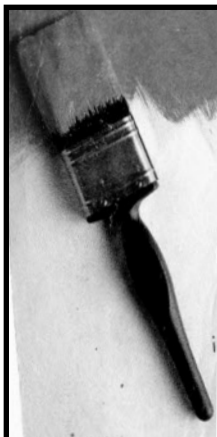


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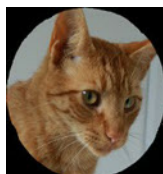
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Clinical Recruitment Open Day: Discover the Path to a Rewarding and Meaningful Career in Healthcare



St Michael's Hospice
Always a place of light and love

Are you a compassionate and dedicated clinician in pursuit of a career that truly impacts lives? Look no further, as an exciting opportunity awaits you at the Clinical Recruitment Open Day hosted by St Michael's Hospice.

Event Details:

Date: Friday, 1st September & Saturday, 2nd September 2023

Time: Various time slots available: 10-11am | 11am-12pm | 12-1pm | 1-2pm | 5-6pm

Location: St Michael's Hospice, Bartestree, Hereford HR1 4HA

Entry: Free

At St Michael's Hospice, we stand by the belief that exceptional care and unwavering support can make all the difference, particularly during challenging times. Our team of passionate clinicians serves as the backbone of this philosophy, delivering unparalleled comfort, dignity, and an enhanced quality of life to those in need.

With a commitment to providing care that truly matters, we are excited to extend an invitation to individuals who share our values and are eager to embark on a meaningful and rewarding journey in the world of healthcare. Our Clinical Recruitment Open Day is designed to guide you through the possibilities of a fulfilling career within our compassionate community.

During the event, you will have the opportunity to:

- Explore the remarkable facilities and serene environment of St Michael's Hospice.
- Engage with our experienced clinicians, gaining insights into their personal journeys and the impact they make daily.
- Learn about the diverse range of roles available and the pathways to becoming an integral part of our team.
- Understand the comprehensive training and growth opportunities we offer to help you excel in your role.
- Connect with like-minded individuals who share your passion for providing exceptional care.

"Choosing a career in healthcare is a decision that extends beyond oneself; it touches the lives of countless individuals and their families," says Nichola Proctor, Head of Patient Services at St Michael's. Our Clinical Recruitment Open Day aims to not only showcase the incredible work we do at St Michael's Hospice but also to inspire and connect with clinicians who are dedicated to making a genuine impact."

Join us on Friday 1st September or Saturday 2nd September at our beautiful Bartestree location and take the first step toward a career that is as fulfilling as it is rewarding. To ensure a personalised experience, we encourage attendees to reserve their preferred time slot in advance.

For registration and further information, visit:

<https://www.st-michaels-hospice.org.uk/event/clinical-recruitment-open-day/>

or contact hr@smhospicehereford.org

THE FROME VALLEY GROUP					
September 2023					
	3rd	10th	17th	24th	1st Oct
Acton Beauchamp	11.30am Holy Communion SB				11.30am Harvest Festival SB
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00am High Mass Rev Neil Patterson	10.00am Holy Communion Rev Ros Trafford Roberts	10.00am High Mass SB
Castle Frome		11.30am Holy Communion SB		10.00am Family Service Lay Led	
Evesbatch					
Fromes Hill					
Much Cowarne		10.00am Matins Lay Led		10.00am Holy Communion SB	
Ocle Pychard					29 th September 6.30pm Harvest Festival
Stanford Bishop					
	Trinity 13 Green Psalm 105.1- 6,23- 26,45b* Romans 12.9- 21 Matthew 16.21-28	Trinity 14 Green Psalm 149 Romans 13.8- 14 Matthew 18.15-20	Trinity 15 Green Psalm 114 Romans 14.1- 12 Matthew 18.21-35	Trinity 16 Green Psalm 105.1- 6,37-45* Philippians 1.21-30 Matthew 20.1- 16	Trinity 17 Green Psalm 78.1- 4,12-16* Philippians 2.1- 13 Matthew 21.23- 32

11.08.23

ST MARY THE VIRGIN, BISHOPS FROME		
DATE	READER	PRAYERS
Sep 3 rd	Sarah	Moyra
Sep 10 th	Martin	TBA
Sept 17 th	Flo	Liz
Sept 24 th	Lucy	Maureen
Oct 1 st	Sarah	Moyra

FROM THE REGISTERS

Weddings

The Wedding of Navin David Jacob and Philippa Clare Badman took place on 24th June 2023 at St Mary the Virgin, Bishops Frome.

Funerals

The Funeral of Ray Hince who died on 8th May 2023, aged 91, took place on 6th June 2023 at St Mary the Virgin, Much Cowarne.

The Burial of Ashes of Stewart John Essex Potter took place on 17th June 2023 at St James the Greater, Stanford Bishop.

The Funeral of Bertha Alice Bryant who died on 16th June 2023, aged 86, took place on 19th July 2023 at St Mary the Virgin, Much Cowarne.

The Funeral of Michael Henry Cockbill who died on 12th June, aged 93, took place on 21st July 2023 at St Mary the Virgin, Bishop's Frome.

The Funeral of William Henry Wall who died on 7th July 2023, aged 87, took place on 25th July 2023 at St Giles, Acton Beauchamp.

May They Rest in Peace.



Harvest Festival Services in the Frome Valley 2023

Acton Beauchamp 11.30am Sunday 1st October

Bishops Frome 10.00am Sunday 22nd October

Castle Frome 6.00pm Friday 13th October

Much Cowarne 10.00am Sunday 8th October

Ocle Pychard 6.30pm Friday 29th September

Stanford Bishop 7.00pm Friday 6th October





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WHAT'S ON WEEKLY in Sept

Please contact group leaders
 before attending exercise classes

Monday

- Pilates with Sally, 9.30, 07909 754 039
- Internet Café, 10am to 12, 01531 640 981
- Board Games, 2-4pm, first Mon 4 Sept
 Susanna 01885 490 440
- Tae Kwon Do, White Phoenix
 6.30pm, 07814 778 112

Tuesday

- Pilates with Sally, 9.30, 07909 754 039
- Stretch & Extend, 3-4pm, Angie Box,
 07530 420 554 Stretching and mobility
- Zumba with Bev, 7pm, 07900 640 467
 Exercise at your own pace

Wednesday

- Needlecraft, 2-4pm, Judy 01531 640 358
- Kazuko Kick Boxing, 7pm, 07495 427 993

Thursday

Coffee morning, 10 to 12
First & third
Thursdays
Contact Tony
07764 578 410



- Ward Surgery, 10.30 to 12
 Third Mondays, 2-3.30pm
 Cllr Ellie Chowns, 07950 714 947

Friday

- Pilates with Sally, 9.30, 07909 754 039
- Shanties – back on 6 October, 2pm
- Tae Kwon Do, White Phoenix
 6.30pm, 07814 778 112



Mon 13.45 to 16.45
 Tues 13.00 to 14.30
 Wed 9.00 to 12.00
 Thurs 9.00 to 12.00

Macmillan Coffee Morning Thurs 21 Sept 10am - 12



NEEDLECRAFT GROUP



The Needlecraft Group meet on Wednesday afternoons, 2-4pm. It's not just knitting. Bring any craft, sit in a warm room, have a chat and a cuppa. All are very welcome. £3 a session which includes tea or coffee and biscuits. If you would like more information give Judy a call on 01531 640358

VICAR

Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

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email: rja5204572fco@gmail.com**PARISH OFFICE**

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**LAST COPY DAY for the October 23 issue of
THE FROME VALLEY NEWS is: Monday 14th September
And the collection date will be : TBC**