## FROME VALLEY NEWS

The Parish Magazine for Acton Beauchamp, Bishops Frome, Castle Frome, Evesbatch, Fromes Hill, Much Cowarne, Ocle Pychard & Stanford Bishop.



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#### **Editorial:**

Lots of events and news - thank you to everyone who contributed. If you lose your paper copy of the newsletter It's always available on the website where it can be seen in full colour.

It can also be emailed to you.

I always acknowledge receipt of emails - if I don't please send to Parish office as I have had some email issues.

e-mail: fromevalley@icloud.com

www.fromevalleychurches.org.uk Sarah (oldholbans@hotmail.com)

#### **NOTICE TO ADVERTISERS:**

I would like to thank you for your support in 2019/20 so far. As you know the advertisements are important to us as they offer an Information service to over 500 homes in the area. Thank you for advertising with us. The fee for your advert is based on the table to the right

The Newsletter year runs from May to April and has 10 editions.

I will send invoice emails to you all - now not before June. Sarah

#### FROME VALLEY NEWS COLLECTION DAY FOR THE May 2020 ISSUE

Could volunteers from all churches kindly collect their new batch of issues from the Parish Office during the morning

of Friday 24th April 2020

If this time is not convenient please contact Eleanor at the office to arrange an alternative time.

## This advertising space could be yours!

Contact Sarah Sevastopulo Tel: 01885 490896 email: oldholbans@hotmail.com

£3.00 eighth page, £6.00 quarter page, £10.00 half page, £20.00 whole page

#### Vicar's Letters

As I write we have begun our Lenten Pilgrimage as we journey in faith towards the cross and eventually Easter Day and the hope it brings us. Many of us will have decided to give things up for Lent as part of that journey, or do something different such as reading a Lent book or attending our Lent course, appropriately named the 'Pilgrim Course'. It's interesting to note that the Christian faith has traditionally been seen as a journey, one in which we only arrive at our destination when this life ends and the next begins.



Pilgrimage seems to be the dominant theme again this year and there are three pilgrimages I want to mention.

Firstly 19<sup>th</sup> -22<sup>nd</sup> May is our benefice pilgrimage to the Shrine of Our Lady of Walsingham. If anyone else would like to join this pilgrimage please let me know as soon as possible. The cost is £202.50 inclusive of all meals. We will arrange to car share when we know how many people are coming.

The second Pilgrimage I want to mention is on Pentecost Sunday, 31st May. This year we are going to hold a joint Deanery Service in St Peter's Church Bromyard at 11.30am. The reason for this late start time is so that those who are fit and able can walk from various points around the Deanery to Bromyard. One such group will be leaving from the car park in Bishops Frome at 9am. Please feel free to organise more local walks into Bromyard from around the benefice or travel by car if you are unable to walk. Refreshments will be available in St Peter's for weary pilgrims on arrival at the Church.

The service on the day will be a Eucharist led by myself and assisted by the other Deanery clergy. The theme will be based around the Cathedral's celebration of St. Thomas Cantilupe and the miraculous healings that happened to pilgrims who visited his shrine following his death. The service will involve local church choirs (including Bishops Frome) and an opportunity to receive the ministry of healing. Please feel free to bring a picnic and stay after the service.

And finally the last pilgrimage I want to tell you about is a short 15km Camino walk that I have set up from St James Stanford Bishop to St James Ocle Pychard via Bishops Frome and Much Cowarne called the Way of St James. This walk will be launched on the feast day of St James, Saturday 25th July. I have put together a web site for this walk to try and encourage veteran Camino enthusiasts to take part and have advertised it on a Camino walker's online forum. I had over 150 visits to the site in the first 24 hours and many people have messaged me to say they are coming on the day. Check out the web page for further details <a href="http://caminofromevalley.simplesite.com">http://caminofromevalley.simplesite.com</a>

Blessings

Steven

\*\* See extra help available re Covid19 added to back page\*\*

ALL CHURCH SERVICES CANCELLED UNTIL FURTHER NOTICE

PLEASE CHECK ON THE WEBSITE FOR FURTHER DETAILS AS THEY BECOME AVAILABLE.

OTHER UPDATES RE HELPING THOSE IN VULNERABLE GROUPS WILL ALSO BE ON THE WEBSITE

www.fromevalleychurches.org.uk

#### Pastoral Group

The Group consists of Judy Orgee, Angela Lewis, Richard Allaway and myself. If you would like a pastoral visit please contact one of the group.

All visits are confidential.

 Rev Steven Baggs:
 01885 490582
 Rev Richard Allaway
 07969 699270

 Judy Orgee:
 01531 640525
 Angela Lewis:
 01885 490203

#### **Conquest Theatre**

#### **Coronavirus Covid -19**

In view of advice from Government regarding public gatherings during the Coronavirus pandemic, we have reluctantly decided to CANCEL ALL SHOWS and THE SATURDAY COFFEE MORNINGS until the situation changes

We will post any updates through our website and on social media in due course

For full programme details visit <a href="https://www.conquest-theatre.co.uk">www.conquest-theatre.co.uk</a>

## BISHOPS FROME VILLAGE CENTRE

Are you planning a party or a meeting?

Don't forget your Village Hall. The Main Hall can seat up to 120 people at tables or 140 for conferences and meetings.

For smaller events the Conference Room can seat about 40 people, a few less at tables.

More details and hiring charges online

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Wendy in the Shop or on 01885 490496 or 490327

email: bishopsfromecentre@aol.com

& find us on facebook

#### Friends of Frome churches Lottery

March 2020

#### Prize Ticket Winner Seller £25. 385 E Pryce PB £20. 90 John Oliver HP £15. 507 Greg Davies MH £10. 502 Chris Bandfield BH £10. 128 P & S Johnson MB John Poyner £10. 160 MB £10. 82 Robert Partridge HP £10. 278 Mrs J Davies Julie

R Ward

Childline: 0800 1111 Samaritans 116 123

£10. 398

£10. 240

Domestic Violence Hotline: 0808 2000 247

Lee/Amanda Gaugman JO

JO

Mind 0300 123 3393 Age UK 0800 169 6565

#### **LENT COURSE 2020**

A six week course on the Eucharist following the Pilgrim course series. Six consecutive Wednesdays starting on

Wednesday 4<sup>th</sup> March 7.30pm at Bishops Frome Village Centre.

Session 5 1st April 'Do this to remember me'.

Session 6 8th April 'I am the bread of life'.

#### FROME VALLEY LENT LUNCHES

We are holding several frugal lunches in aid of charitable causes this Lent. They will take place on the following Fridays between 12 and 2pm.

April 3<sup>rd</sup> Hosted By: Susanna Morel

Venue: Firlands, Bishops Frome

Charity: RNLI

All these charities are worthy causes. Please support them during the Lenten season.

Many thanks to all who provide the lunches and venues.

In aid of St Marys Church, Bishop Frome

Monday 6th April 2020 Bishops frome village centre



**EASTER** 



Door open 7.30pm, Eyes down 8pm

Any donations of prizes gratefully received, Yvonne Berry & Angela Lewis



## **EASTER SUNDAY Holy Communion**

Sunday 12th April 8.30am



#### **Family Service**

Sunday 26<sup>th</sup> April 10.00am

This is a reverent and informal service for the family of the Church. All are welcome. Coffee, tea and squash served at the close of the service, offering a time to socialise.





## Castle Frome April 2020 News, Views & Muse

#### Hilary's Nature Diary

Create a garden for dragons



While gardening the other day, I inadvertently disturbed a common toad under a pile of logs. This natural pest controller is always a welcome visitor. The animal barely moved and I quickly reassembled its hideaway. The Amphibian and Reptile Conservation Trust is asking gardeners to take simple steps to help Britain's frogs, toads, newts, snakes and lizards - many of which are declining in the wider countryside.

Find out how to create a 'garden for dragons' here:

www.arc-trust.org/dragons-in-your-garden.



## Maundy Thursday Agape Supper

Castle Frome Church
Thursday 9<sup>th</sup> April 6pm

This is a Bring & Share Supper, and a Small Service



## There will be NO Quiet Evening In April



Famous
People
born in
April

Leonard Da Vinci was born on 15th April 1452 William Shakespeare was born on April 23<sup>rd</sup> 1564 William Wordsworth was born April 7<sup>th</sup> 1770 Charlotte Bronte was born on April 21<sup>st</sup> 1816 Adolf Hitler was born on April 20<sup>th</sup> 1889 Charlie Chaplin was born on April 16<sup>th</sup> 1889 Billie Holiday was born on April 7<sup>th</sup> 1915

Like our Facebook Page St Michaels Church, Castle Frome





#### BISHOP'S FROME LUNCH CLUB SPECIAL EVENT on

TUESDAY 7th APRIL 2020

Charly Perkins will be talking at lunch club on behalf of HEREFORDSHIRE FIRE SERVICES

About safety in the home and the opportunity to have smoke alarms / carbon monoxide monitors fitted or checked for free for those who are eligible.

If you would like to hear Charly speak or have questions you would like to ask her (and you are at least 60 years old) please come and join us for lunch for free on this occasion.

Charly's talk 12.30pm Lunch served 1.00pm Question time 1.30pm - 1.45pm

If you would like to come to this event PLEASE let Joan Rose know by Friday 3rd April Telephone 01531 640587

Essential! - as it would be sad if you came but could not share in the meal because we did not know you were coming and we had not cooked enough food!!!!

# TRUMPET & DISTRICT AGRICULTURAL SOCIETY

## TRACTOR RUN

Sunday 19th April 2020

10:00am Start

Leaving from Baddy Marsh Farm, Lower Eggleton Ledbury HR8 2UH (Proof of insurance required)



Contact
June 01531 670608
Janet 01531 640309

#### **Ocle Pychard Church News**

Dear Friends,

At the present moment we are going through a period of, particularly, extreme weather conditions and our thoughts are with all those people who are (or have been) affected by them. The sadness of those whose homes have been left so badly water damaged is hard to bear. However after sadness comes stoicism and the need to get on with life and put everything right, perhaps even making things better than before. Let's hope that the weather will now improve with the coming of the lighter evenings.

Despite the weather the birds are certainly looking forwards to the spring months as many of them have begun their courtships and we are beginning to see lambs gambolling in the fields. New life is emerging everywhere as the spring flowers begin to blossom and our thoughts turn to warmer, sunnier days ahead.

Here at Ocle Pychard Church the emergence of the primroses and the daffodils in the churchyard signalled Shrove Tuesday and the beginning of Lent. This is, of course, the run-up to Easter and this year the service at 10.00am. We look forward to seeing many of you there.

The Ocle Pychard Parochial Church Council Annual Meeting will be at Ocle Pychard Church on Wednesday May 6<sup>th</sup> at 7.30pm. This is a chance for all the people in the parish to come and find out how the PCC has been caring for your church over the past 12 months and what their future plans are for its care and upkeep plus any events that the events committee have lined up for the coming months. Please come along and find out how everything functions.

<u>Advance Notice</u>: There will be a special event taking place on St. James' Day, Saturday 25<sup>th</sup> July that is not to be missed! More details in the next Frome Valley News.

Ocle Pychard PCC

## Stanford Bishop News

Dear All,

Spring is here, warmer temperatures along with light showers, this is April! Several shrubs and perennials are flowering this month including winter hazel, auriculas and cowslips these all bring colour to the garden. Ransoms (wild garlic) adds aroma and colour to the woodland, along with the vibrant blue nodding flowers of the bluebells. Butterflies start to emerge, and maybe you'll see a stoat or weasel darting across your path! The hedge



rows and trees are bursting into leaf showing off a tapestry of colour. Spring lambs hop, skip and have running races in the open space of the lush green grass fields. Organic fertilizer is applied in readiness for spring planting to commence.

Saturday  $25^{th}$  April — Blossom & Bluebell walk starting from St James' Stanford Bishop at 2pm for a walk-through stunning countryside. Tea/coffee, cakes, raffle & produce available in the church for all. (See main poster)

Our regular services are fourth Sunday of each month at 8.30am.

## **BRING & BUY PLANT SALE**



SATURDAY AFTERNOON 16 MAY 2019 from 2.00pm in St Mary's Church, Much Cowarne

All welcome - entrance is free, tea & homemade cakes available

Ring Marlene on 01432 820282 for further information

**Proceeds to Much Cowarne Church** 

#### COFFEE MORNING





## **BOOK SALE**

Saturday 4 April, 10.00am – Noon



St Mary's Church, Much Cowarne
Proceeds to the Eric Bayliss Nurses Fund
for St Michael's Hospice

Everyone welcome - please come to browse the selection of second-hand books

&

have a chat over coffee/tea and homemade cakes

#### ST. GILES' CHURCH - ACTON BEAUCHAMP

#### DATES FOR THE 2020 FUND RAISING YEAR.

#### EASTER SERVICE AT ST. GILES' CHURCH

The Easter Family Communion Service starts at 11.30am.

There will be an Easter Egg Hunt for our younger member's of the community.

Bring your Easter Basket to collect the egg's.

EVERYONE VERY WELCOME.

#### SPRING PLANT AND PRODUCE MARKET.

Saturday 2nd May 10am until Noon.

BISHOPS FROME VILLAGE CENTRE.

#### Please note different venue.

Wonderful Plant's at wonderful prices.

Homemade produce and cake's.

Coffee and tea also available, a chance to sit a while and chat with friend's and neighbour's.

#### DOG SHOW AND SUMMER FETE.

Saturday 4th July 6.30pm.

SEVINGTON MANOR.

By very kind permission of Dr. and Mrs. David Best.

More detail's nearer the time.

#### AUTUMN PLANT AND PRODUCE MARKET.

Saturday 5th September 10am until Noon.

Venue to be arranged.

#### HARVEST THANKSGIVING SERVICE.

Sunday 4th October 11.30am.

St. Giles' Church.

Harvest Charity Auction to follow service.

#### HARVEST LUNCH.

Sunday 25th October 12.30pm for 1pm.

Further detail's nearer the time.

#### CAROL'S BY CANDLELIGHT.

Friday 11th December 7pm.

Sherry and Mince Pies to follow the service.

More details nearer the time.

Other fund raising event's, to be added to our calendar, as the year progresses.

# Fun Ride

At Hungry Hill, Stoke Lacy, HR7 4HD on Sunday 31st of May 2020



Adult with horse £20, Walker £5, children under 15 free, well behaved dogs welcome – <u>must remain on lead</u> Refreshments also available Range of distances for walkers.

Trumpet Agricultural Society

Further Enquiries: Sue McGuffie 01885 490616 or Janet Pudge 01531 640309



#### ST MARY'S CHURCH, MUCH COWARNE

The first of our social and fundraising events for this year was the Race Night held on Friday 6 March at The Plough Inn, Stoke Lacy. This was again a really enjoyable evening with the usual lively audience participation. Pre-event planning by Barry Bufton and Ted Parkes ensured that there were ten races sponsored by local businesses and each race had eight horses chosen by people who had agreed to "own" a horse for the night; betting on the races was brisk and horses cheered on with enthusiasm. The racehorse winning "owners" who each received winnings of £30 were: Jean Parkes with Go Girl Guiding, Stamford Cartwright with Flash Harry, Paul Barber with Hedge Layer's Lad, David Brown with Gas Tank, Kevin Hewison with Canary Bird, Andrew McFarlane with A Lama, Bumble Bayliss with The Sting and Hillend Barns with Hillend Barn Stormer. Many thanks to Tim and Pete for managing the tote so efficiently, to all those race sponsors and horse owners who contributed and to Simon and Nadia and their staff for welcoming us to The Plough and serving the delicious hot pork rolls at half time. £1,118 was raised for St Mary's Church Funds – a very successful event which we hope was enjoyed by those who came to support us.

Our next event is a **COFFEE MORNING & BOOK SALE** on Saturday April 4, from 10am to noon, in St Mary's Church. Donations are asked for any books which are purchased and also for tea, coffee and homemade cakes which will be available. All proceeds from this, our second such event, will go to the Eric Bayliss Nurses Fund for St Michael's Hospice, a fund started in 1985 by Much Cowarne resident Eric Bayliss, who died last year and five of his friends, to provide continuing funding for one nurse at the Hospice.

**SPRING LUNCH** - Regretfully we have decided to postpone the Spring Lunch because of the increasing concern about the spread of coronavirus and the possibility that future advice will be that such events should not take place. It is our intention to hold a similar lunch in the autumn when we hope the situation will have improved. Watch this space!

PLANT SALE – Saturday May 16, from 2pm in St Mary's Church.

"CHURCH CRAWL" – Saturday June 6. Organised by Herefordshire Historic Churches Trust and beginning at St Mary's Church.

CONCERT – Midsummer Music from Octavo. Saturday 13 June 7pm in St Mary's Church. Organised by Herefordshire Historic Churches Trust.

CHURCH FETE – Saturday July 11, from 2pm at Tan House Farm, Much Cowarne (by kind permission of Mr. & Mrs. Davies).

The **Annual Parish Meeting** will be held in St Mary's Church on Wednesday April 1<sup>st</sup> at 7.00pm. All parishioners are welcome to attend – this is your opportunity to find out more about how the church is maintained throughout the year, to ask questions and offer suggestions about services, the maintenance of the church and churchyard or any other aspect of the Church's role in our community.

## Parish Update, 8 March 2020 There's lots to update you on this month!

First, ward matters: road defects and repairs. On Weds 4<sup>th</sup> March I did a 'ward tour' with our locality steward, Paul Hunter, looking specifically at issues local people had flagged up. Lack of space means I can't go into detail here but there is a full update on my Facebook page <a href="https://www.facebook.com/CllrEllieChowns/">https://www.facebook.com/CllrEllieChowns/</a>.

#### A few general points:

- There's been a lot of extra damage caused by the floods. The Bellwin scheme provides extra financial assistance to deal with the aftermath of floods, and the Council is applying for this funding to fix as much as possible of the damage.
- Urgent flood response work has inevitably had a knock-on effect, leading to some less urgent repairs unfortunately being delayed.
- Drainage is a big issue and it's often landowners that are responsible, not the Council. Keeping your ditches clear is good neighbourliness ©.
- If you can help by clearing mud off the tops of drains with a shovel, that is very much appreciated often that is all that is needed to keep the drains working.
- Please keep reporting road defects as soon as you see them! Either via the website
   <a href="https://www.herefordshire.gov.uk/info/200196/roads/190/report\_problems\_on\_the\_road">https://www.herefordshire.gov.uk/info/200196/roads/190/report\_problems\_on\_the\_road</a> or phone: 01432
  261800

Second: the council's budget. On 14 February we held a marathon all-day Full Council meeting to set the Council's budget for the coming year. This included agreeing to raise Council Tax by 3.9% this year – of which more than half (2%) is specifically earmarked for social care. Some Conservatives complained about this, which strikes me as a little odd since a) central government have slashed Herefordshire Council's funding by ~£60 million per year compared with 2010, and have now removed ALL of our revenue support grant, leaving us reliant on Council Tax; and b) the previous Conservative administration in Herefordshire raised Council Tax by even more, 4.9%! While we are conscious that people rarely enjoy tax increases, we also know that we face increasing demands on our services (for example, more older people needing care, more young people needing care, and more incidence of flooding) and so we need to balance the books. Also, our consultation showed a majority of respondents supported a rise of 3.9%.

I wonder, would any residents be interested in me doing an in-depth briefing on the Council's budget – where the money comes from, what it is spent on, etc? I would be very happy to do such a session, either at a Parish Council meeting, or some other time. Please let me know if you'd be interested in this.

Third, some personal news: I have a new role on the Council. I am now the Cabinet Member for Environment, Economy and Skills. I am really honoured to be given this responsibility, and very excited about the potential to help Herefordshire move forward economically and environmentally. As you can probably imagine, it's incredibly busy time as I take up this new portfolio – just today, for example, I launched the 2020 Climate Challenge Team (see <a href="https://www.herefordshire.gov.uk/info/200249/Climate\_and\_ecological\_emergency">https://www.herefordshire.gov.uk/info/200249/Climate\_and\_ecological\_emergency</a>), and then visited the Ross Enterprise Park site, and the Hereford Enterprise Zone. But as you also know, I enjoy being busy! I hope to have space to tell you more about this role in a future update.

Finally: Coronavirus. The Council's website is being regularly updated with the latest guidance so please check <a href="https://www.herefordshire.gov.uk/">https://www.herefordshire.gov.uk/</a> for the latest info. As I write, we've just heard that the first case in Herefordshire has been confirmed. By the time you read this, things will no doubt have changed considerably, so all I can really say here is: take good care of yourselves and each other, and keep well. I know the NHS will do a great job of looking after any of us who fall ill.

#### Take care and all the best, Ellie

Feel free to contact me about any local issues: <u>ellie.chowns@herefordshire.gov.uk</u>; tel: 01531 670729 / 07792 882053.

Quick update on specific sites: can be found on the facebook page: https://www.facebook.com/CllrEllieChowns/



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## THE FROME VALLEY EASTER WEEK SERVICES

#### **Palm Sunday**

8.30am Holy Communion Ocle Pychard

10.00am High Mass Bishops Frome

10.00am Holy Communion Much Cowarne

#### **Maundy Thursday**

7.00pm High Mass Bishops Frome

6.00pm Agape Castle Frome

#### **Good Friday**

6.30pm The Story of Easter Evesbatch

7.00pm Good Friday Service Frome's Hill

#### **Easter Sunday**

8.30am Holy Communion Castle Frome

10.00am Holy Communion Bishops Frome

10.00am Holy Communion Ocle Pychard

10.00am Communion by Extension Frome's Hill

11.30am Holy Communion Acton Beauchamp

11.30am Holy Communion Much Cowarne

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**Tuesdays** 

9.45am Beginners Tap Dance

10.30am Tap Dance

11.30am 'Fitsteps Fab'

2pm Silver Swans Ballet for over 55's

6.45pm Advanced Ballet

7.45pm NEW Burlesque/Heels/Jazz

#### Start date TBC

#### Wednesdays

10am Modern Jazz Dance

11.10am Ballet

2pm Ballet

#### **Thursdays**

10am 'Fitsteps Fab'

11.15am Silver Swans Ballet for over 55's

2pm NEW Line Dancing / Date TBC

#### Fridays

10.15am Silver Swans Ballet for over 55's

11.30am 'Fitsteps'

7.15pm Tap Dance

8.15pm Ballroom/Latin

#### **Sundays**

9.30am 'Fitsteps'

Text or email for more info.

# Ne Drive

#### **BROMYARD COMMUNITY TRANSPORT**

#### **Transport Problems?**

If you do not have access to a car or public transport, call us, we can help get you going

#### **Our Services**

Go Dial a Ride and Community Cars Day Outings and Shopping Trips Group Minibus Transport

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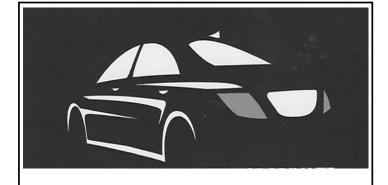
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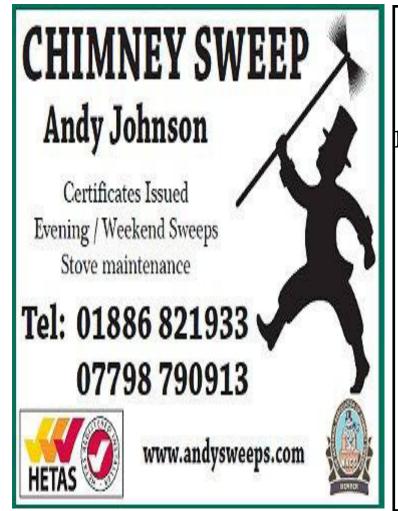
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#### The Green Dragon at Bishop's Frome

#### This Month's Competition Corner





#### **Spot the Difference**

Something in these pictures has been improved by a much-needed trim

Someone hasn't. Hint: →





#### **Caption Competition**

One of the regulars leaves the new Gents. What's his reaction?

- a) "It's true...you don't buy beer, you just rent it".
- b) "What leave my pint at the bar? Not with those thieving so-and-so's about".
- c) "Why's there a smile on my face? You'll have to come and see for yourself!"

(and prepare yourself for a surprise....)

Yes, the Dragon's had a springtime facelift giving a chance for the wisteria to grow.

And the loos have had a complete makeover. Now that's a relief.

#### St George at the Dragon

Join us on April 21st. for a St George's Day celebrating the best of English..

Traditionally English competitions include -

- Coming last in Eurovision
- Being kind to the Welsh and all our less fortunate neighbours
- Forming orderly queues for John's Dragon-themed fiery, scaly bites



#### "It's what all village pubs should be like"

The Green Dragon, Bishop's Frome, WR6 5BP 01885 490607

#### BISHOPS FROME COMMUNITY SHOP



Happy Birthday

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As well as stocking a large range of everyday products we can take orders for Papers, Milk, Bread, Cakes, Meat,

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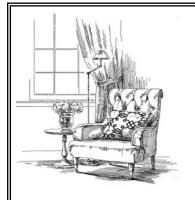






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Is CURRY Night

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#### Careline - Help at the push of a button

Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away!

Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. In times of need, help is just the push of a button away! re information please speak to our Careline team on 01432 384100. Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.

## Yvonne's SheD



## Country Buds'

countrybuds@hotmail.co.uk 01885490775

07795575547

All aspects of floral art

funeral tributes,

wedding venues,bridal etc

.........

#### BROMYARD & DISTRICT LOCAL HISTORY SOCIETY

LOCAL & FAMILY HISTORY CENTRE

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Free entry to Exhibition Research Room and Exhibition

opening hours: Thurs & Fri: 10am-1pm & 2pm-4.30pm Sat: 10am-12.30

Tel: 01885 488755 (during opening hours)

**email:** bromyardhistory@btconnect.com

Website: www.bromyardhistorysociety.org.uk

#### **Mobile Information Point:**

The miles covered by the St Michael's Hospice Mobile Information Point continues to grow.

The vehicle is visiting communities across Herefordshire and beyond, helping raise awareness of the wide range of services provided by the Hospice.

The vehicle has a number of monthly locations it visits which are listed below. Other dates can be found by visiting www.st-michaels-hospice.org.uk/informationpoint

If you would like the Information Point to visit your community, call Michelle Havard on 01432 852 621 or email <a href="mailto:mhavard@smhospicehereford.org">mhavard@smhospicehereford.org</a>

#### **Monthly venues:**

Kington Co-op: First Thursday of the month

Leintwardine Surgery: Second Tuesday of the month

Hay-on-Wye Surgery: Second Thursday of the Month

Ledbury Co-op: First Friday of the month Bromyard Co-op: Last Friday of the month

Hop Pocket Shopping Village: Second Friday of the Month

Ewyas Harold: Last Wednesday of the month

Asda Hereford: Tuesday 17th Dec (2019), Friday 17th April, Friday 17th July (2020)

For more information contact Paul Broome, Communications Officer at St Michael's Hospice, on 01432 852 643 or email <a href="mailto:pbroome@smhospicehereford.org">pbroome@smhospicehereford.org</a>

#### Striders & Strollers and Care for a Walk

Two walking groups led by St Michael's Hospice continue to break new ground. Striders & Strollers is a monthly walk for people who have been bereaved.

Care for a Walk, meanwhile, is a chance to meet with others who are caring for loved ones with a terminal illness, again while enjoying a woodland stroll.



St Michael's Hospice Always a place of light and love

Both groups meet monthly at Queenswood Country Park between Hereford and Leominster.

Please note, there is pay & display parking at Queenswood.

For full details, including dates, visit st-michaels-hospice.org.uk and search 'Striders and Strollers' or 'Care for a Walk'.

For more information, contact Shirley Young on 01432 852650.

#### The St Michael's Hospice Plant Fair takes place on

Friday and Saturday 1st - 2nd May 2020.



#### **Growing support for your Hospice.**

With roots now firmly established, the St Michael's Plant Fair will return to the Hospice grounds on 1st and 2nd May 2020.

To help with this horticultural fundraiser, we need supporters to grow and donate plants so that we can continue providing the best possible care for people living with a terminal illness.

If you can help, please call Gaynor on 01432 852630 or email her at:

<u>gwarren@smhospicehereford.org</u> and let her know you would like to grow half a dozen plants and make arrangements to deliver them ready for sale at the Fair.

We would also like to hear from supporters who would like to spare a few hours to sell plants at the Fair on 1st and 2nd May 2020.



#### **Open Gardens**

The St Michael's Hospice Open Gardens season will feature 12 events.

Beginning on Sunday 17<sup>th</sup> May at the Whitfield Estate, the programme will take visitors around Herefordshire, culminating in a visit to Lemore Manor on Sunday 6<sup>th</sup> September. The full list is as follows:

Sunday 17th May - Whitfield Estate

Sunday 24th May - Ledbury

Saturday 30th & Sunday 31st May - Hampton Bishop

Saturday 6th & Sunday 7th June - Little Marcle & Putley

Saturday 20th & Sunday 21st June - Stoke Prior

Sunday 21st June - Goodrich

Wednesday 24th June - The Old Rectory (Thruxton)

Saturday 27th June & Sunday 28th June – Lions Den

Sunday 28th June – Loder Drive

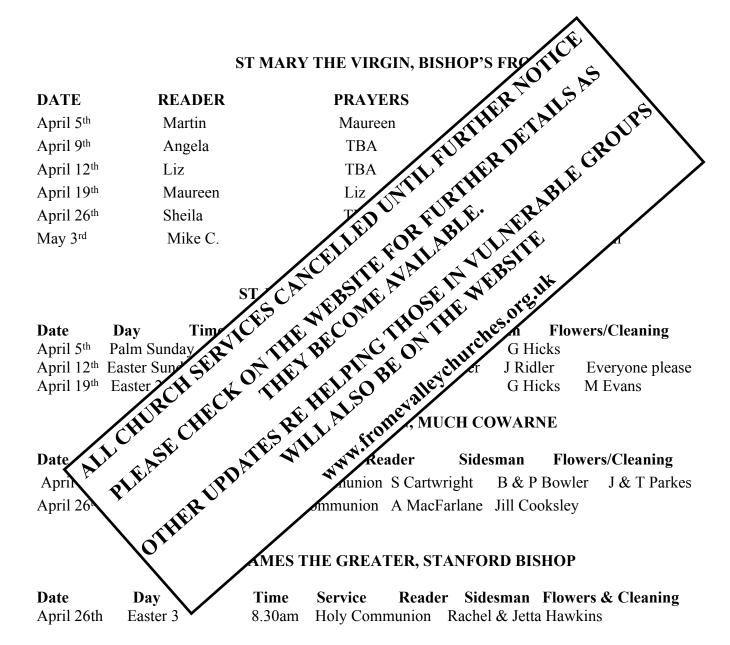
Tuesday 14th July – Brinsop Court

Sunday 9th August – Lower Hope

Sunday 6<sup>th</sup> September – Lemore Manor



For more details on each garden, visit st-michaels-hospice.org.uk/event-type/open-gardens



#### **Coronavirus**

Many people will be understandable concerned about the spread of the Coronavirus. Please be assured that the Church of England are carefully following the public health guidelines and we are responding to the advise given locally. With this in mind I have drawn up a few guidelines to help us through this challenging time.

#### At Church services In the Frome Valley benefice we will be;

- refraining from shaking hands at the peace.
- Suspending the administration of the chalice and only receiving communion in one kind
   (i.e. the consecrated wafer) with the priest alone taking the wine.
- Suspending direct contact as part of a blessing

Priests and lay people involved in administering communion should use anti-bacterial gel before doing so. Anti-bacterial gel should be available on the credence table.

Rev'd Steven Baggs Vicar

					$\overline{}$
Acton Beauchamp    10.00am Holy Communion   10.00am Matin   10.00am Holy Communion   10.00am Matin   10.00am Matin   10.00am Holy Communion   10.0					
	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>		
Acton Beauchamp		11.30am Holy Communion SB			\$5°
Bishops Frome	10.00am High Mass SB	10.00am Holy Communion SB	10.00 am High SB/RA	S SE	High
Castle Frome		8.30am Holy Communion RA		nily	
Evesbatch		Good 6.30 Th	RA STATE STATE OF STA		
Fromes Hill	10.00am Matin Lay Led JS/JR		State Mer.		10.00am Matins Lay Led JS/JR
Much Cowarne	Sala Sala	ARTICA AR		10.00am Holy Communion RA	
Ocle Pychard			6.00pm Evensong RA		8.30am Holy Communion SB
Stant	SA SA LAS			8.30am Holy Communion SB	
5	Red -16* ns 2.5-11 w 27.11-	Easter Day Gold or White Acts 10.34-43 John 20.1-18	Easter 2 White Psalm 16 Acts 2.14a,22-32 John 20.19-31	Easter 3 White Acts 2.14a,36-41 Luke 24.13-35	White Acts 2.42-47 Psalm 23 John 10.1-10

07.02.20 32

#### WHAT'S ON AT BISHOPS FROME VILLAGE CENTRE

Visit bishopsfromecentre.co.uk for much more information and find us on Facebook

Mon	10.00 – 12.00	Internet Café	Drop in or call 01531 640981 All welcome, help available	
	14.00 – 16.30	Board Games	Susanna 01885 490440 First Mondays, next 6 April	
	19.30 for 20.00	BINGO	6 April only for St Mary's Church, Bishops Frome	
Tues	09.30	<b>Pilates</b> Body Design	Sally 01886 880956 Prior booking essential	
	12.30 for 13.00	Over 60s Lunch Club NOT EVERY WEEK	Joan 01531 640587 Advance booking is essential	
	19.30 to 20.30	<b>Zumba</b> Have fun and get fit.	Bev Hughes 07900 640467	
Weds	10.00 to 10.45	Circuit Training Fitness-building sessions, all abilities	Dominic 07906 203388	
	14.00	Needlecraft Group	Beryl 01531 640359	
Post Office Outreach Service in the small office by the main entrance			Monday 13.45 to 16.45 Tuesday 13.00 to 14.30 Wednesday 9.00 to 12.00 Thursday 9.00 to 12.00	
Is your class or fitness activities, and don't forget the Conference Room for smaller groups.				

a venue?

We try to keep Friday and Saturday evenings free for one- off events and private parties. See our charges on www.bishopsfromecentre.co.uk

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VICAR Rev. Steven Baggs tel: - 01885 490582

e-mail: stevenbaggs@me.com

PLEASE NOTE: Monday is Steven's day off.

**ASSOCIATE PRIEST** Rev. Richard Allaway tel:07969 699270

email: rja5204572fco@gmail.com

**PARISH OFFICE** The Rosary, Bishops Frome, Worcester, WR6 5AP

tel and fax tel - 01885 490229

e-mail: fromevalley@icloud.com

PARISH SECRETARY Eleanor Morris tel - 01885 490229

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**CHURCH WARDENS** 

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Tony Davies 01885 490394 Heather Partridge (Deputy) 01531 640157

CASTLE FROME Charles Pudge (Deputy) 01331 640137

EVESBATCH Richard Kuehn 01886 880259 Diana Harrison 01531 631813

FROMES HILL Jill Southall 01531 640288

Joan Rose 01531640587

MUCH COWARNE Jean Parkes 01432 820402

Martin Hewitt 01432 820282

OCLE PYCHARD John Ridler 01432 820328

Rosie Winn 01432 820763

STANFORD BISHOP Rachael Hawkins 01886 884250

Jetta Hawkins 07973 239778

#### FROME VALLEY GROUP OF CHURCHES

Safeguarding Officer: Eleanor Morris - 01885 490229

**Diocesan Safeguarding Adviser:** 

Mandy McPhee 07875757396 or m.mcphee@hereford.anglican.org

#### **Editor & Advertising:**

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or Post: Crumble Cottage, Bishops Frome. Worcester. WR6 5AU

LAST COPY DAY for the May 2020 issue of

THE FROME VALLEY NEWS is: Monday 6 th April '20

And the collection date will be: Friday 24th April '20

#### Bishops Frome Local Support Group



Just formed, to help those unable to get out because of illness or self-isolation during the Coronavirus emergency.

#### We can help with things like

- Shopping
- Collecting prescription medication



AND the Group will provide a telephone contact for those concerned about their safety or just needing someone to talk to. All conversations will be private. The contact won't be able to give advice but will try to guide you to the appropriate resources or agency. No personal information will be kept other than that which is needed to provide the help requested.

Shopping will be sourced as locally as possible and shortly we will be able to offer a menu of chilled ready meals provided by the Hop Pocket. Payment for deliveries can be made by cheque, cash or BACS.

If you think this Local Support Group can help you, please call

#### 01905 691 373

Keep in touch by email too – <u>bishfromecentre@aol.com</u> – this account is checked frequently. And log onto the Bishops Frome Village Centre Facebook page

to see what's going on.

And of course, if you are still out and about, please think about volunteering to help with the Group, and keep up the good work checking an your neighbours.

## **During the COVID-19 pandemic Bromyard Community Transport are remaining open.**

We are providing a very much reduced transport service and only carrying out very essential journeys, plus we are also providing a shopping service, pickup of prescriptions and medication and also offer a listening ear if our customers need to chat.

Cathy Marsh (Manager) Bromyard Community Transport Tel: 01885 488452

#### **LEGGES OF BROMYARD**

We are now offering free local delivery (within 10 miles) of our shops and free nationwide delivery on all orders over £20 (UK mainland only)

We have made up some weekly hampers, to make life a little easier, during these strange times.

We are delivering. If you would rather stay at home just give us a call. Homemade pies, sausages, bacon, eggs, butter, cheese, potatoes, ham, spatchcock chicken

Just call the shop 01885 482417 to place you order

Order online www.leggesofbromyard.com or call 01885 482417



#### **Information from Matthew Pudge at the HOP POCKET.**

Total Produce, our wholesale grocery supplier, have been putting together a Community box that has a good supply of essential foods. The box costs £20. We can order these before 11am for delivery to The Hop Pocket the following day (not Sundays), usually by about 9am although that might change.

Waller butchers in Ledbury are happy to continue delivering to us twice a week, or more if needed, which means we can add in some meat if required, ideally we'd get about 3 days' notice on this.

Frozen ready meals made at the Hop Pocket are available - at the moment beef lasagne, veg lasagne, Chicken casserole, Cauli cheese, and soups

The Foodhall will remain open Tuesday to Saturday 10am to 5pm and at the moment 11am until 4pm Sunday. We of course also offer cakes, biscuits, chocolate, beer, cider, wine, gin, maybe not essential, but we all need a treat!

Orders can go straight to The Hop Pocket 01531 640 323, or through the Bishops Frome Local Support Group 01905 691 373, perhaps better if the Bishops Frome Local Support Group could take the orders for the deliveries to those who cannot leave the house, and the Hop Pocket handles those who are happy to collect. We can do payment over the phone, contactless in store and we will take cheques (we do need a name, phone number and any card guarantee details on the back) or cash.

#### MIDWAY STORES AT FROMES HILL OPEN

7am to 2pm Mon - Sat & 9am to 2pm Sundays